YOUNG PEOPLE'S SUBSTANCE MISUSE SERVICE

Supporting positive change with young people by reducing harm and risk in a safe non judgemental environment.

- Free confidential service
- One to one support
- We listen
- Advice and Information on drugs and alcohol

Opening times:

Monday to Friday | 9.00 - 5.00pm Flexible to work out of hours to suit your needs



Who are we?

"They are friendly workers who offer a voluntary confidential service to support young people with drug and alcohol use."

Where can we be found?

"They are based in the town centre... but the workers can meet you anywhere that best suits you."

What can we offer you?

"They provide help and support and listen to you without judging. They encourage you to be honest with yourself and give you a confidential space to go over your issues. They can also put you in touch with other services who can help you."

So if you feel you are struggling with your own use or somebody else's don't hesitate to get in touch!





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