

The Barnsley Primary Care Network

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<u>ARRS</u>



- 33 Care coordinators
- 17 Health and Wellbeing Coaches
- 10 pharmacy Technician
- 5 clinical Pharmacist
- 10 Social Prescribers
- 13 Physician Associate
- 6 First Contact Physio Therapist
- 8 Trainee Nursing Associate
- 9 Nurse Associate

Care Coordinators



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Care Home work

- First point of contact
- Arrange MDT / ward rounds meetings
- Take any onward referrals
- Develop PCP with community nurses

Cancer work

- Monitor C signs
- Ensure referrals on two wait have all inform included
- Be first point of contact for patient on cancer pathway
- Work with Health and well being coaches on cancer reviews
- Contact non attenders screening



Learning disabilities

- LD bowel screening pilot
- Contacting people on LD register encourage patient come annual Health review
- Work with other ARRS to run LD clinics

Severe Mental Illness

- SMI champions in practice
- Encourage patients on SMI to come for annual health



Other work

- Encouraging people to attend flu vaccines
- Case find Social prescribers
- Work with clinicians to encourage pts to come Long term conditions review

Physician Associate



- Physician Associates are healthcare professionals trained in a medical model to provide permanent mid-level medical care to patients
- A PA works in the assessment, diagnosis, and management of a patient under the supervision of a doctor
- PA can not prescribe medication



As an integral part of the multidisciplinary team, the PA can perform the following:

- Take medical histories from patients
- carry out physical examinations
- see patients with long-term chronic conditions
- formulate differential diagnoses and management plans
- Carry out diagnostic and therapeutic procedures
- develop and deliver appropriate treatment and management plans
- request and interpret diagnostic studies
- provide health promotion and disease prevention advice for patients

First Contact Physio Therapist



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Our FCP are highly skilled regulated MSK practitioners

Patients can book into this service via their GP Receptionist the FCP

- FCP are seeing patients at first appointment
- MSK assessment
- Triage patients
- Treatment plans
- Refer for on going investigations



	FCP Inclusion Criteria		FCP Exclusion Criteria
•	All soft tissue injuries, sprains, strains or	•	Acutely unwell
	sports injuries	•	Children under 16
•	Arthritis – any joint	•	Medical management of rheumatoid
•	Possible problems with muscles, ligaments,		conditions
	tendons or bone (e.g. tennis elbow, carpal	•	Women's health, antenatal and postnatal
	tunnel syndrome, ankle sprains)		problems
•	Spinal pain including lower back pain, mid-	•	House-bound patients
	back pain and neck pain	•	Medication reviews for non-MSK conditions
•	Spinal-related pain in arms or legs, including	•	Neurological / respiratory conditions
	nerve symptoms (e.g. pins and needles or	•	Headaches
	numbness)	•	Acute mental health crises
•	Post-orthopaedic surgery	•	Patients who do not want to see an FCP

Nurse Associates



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The role bridges the gap between healthcare support workers and registered nurses, enabling the Nurse Associate to deliver hands-on, person centred care as part of the multidisciplinary team.

The Nurse Associate (NA) must be under direction of the Registered Nurse from the first day in practice onwards. This will provide an opportunity for the Registered Nurse supervising the NA to assess their competencies and any skills gaps.



- Perform and record <u>clinical</u> observations including blood pressure, temperature, respirations, pulse.
- Undertake clinical tasks including cannulation, venepuncture, ECGs
- Accurately record nutritional and fluid intake.
- Develop understanding of caring for individuals with dementia, mental illness, learning disabilities etc.
- B12 Injections
- Vaccinations
- Hypertension Reviews
- Phlebotomy
- Pulse Checks
- Following completion of the Foundation course, the NA can undertake Chronic Disease Management: COPD, Asthma, Diabetes Care
- On completion of the NEPSEC Cytology Training, the NA can undertake Cervical Screening