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Better Health, Better Care, for a Better Barnsley

Sepsis

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Aims and objectives

- Case presentation
- What is sepsis?
- Why is it important for Primary care?
- What we have done at BHF
- Useful resources



Case history

- 23 year old female seen in i-heart extended hours clinic complaining of cold symptoms, cough and sore throat
- T = 37.1, P = 68bpm, RR = 18, sats 97%, no lymphadenopathy, normal ENT exam
- Diagnosed viral sore throat, no antibiotics, symptomatic treatment advised and safety net



4 days later

- Sore throat had got worse
- Seen again by i-heart extended hours
- T = 39, P = 136, RR = 18, Sats 99%, Halitosis and exudate on tonsils
- Diagnosis = acute bacterial tonsillitis
- Prescribed oral penicillin 500mg qds for 10 days
- Safety net



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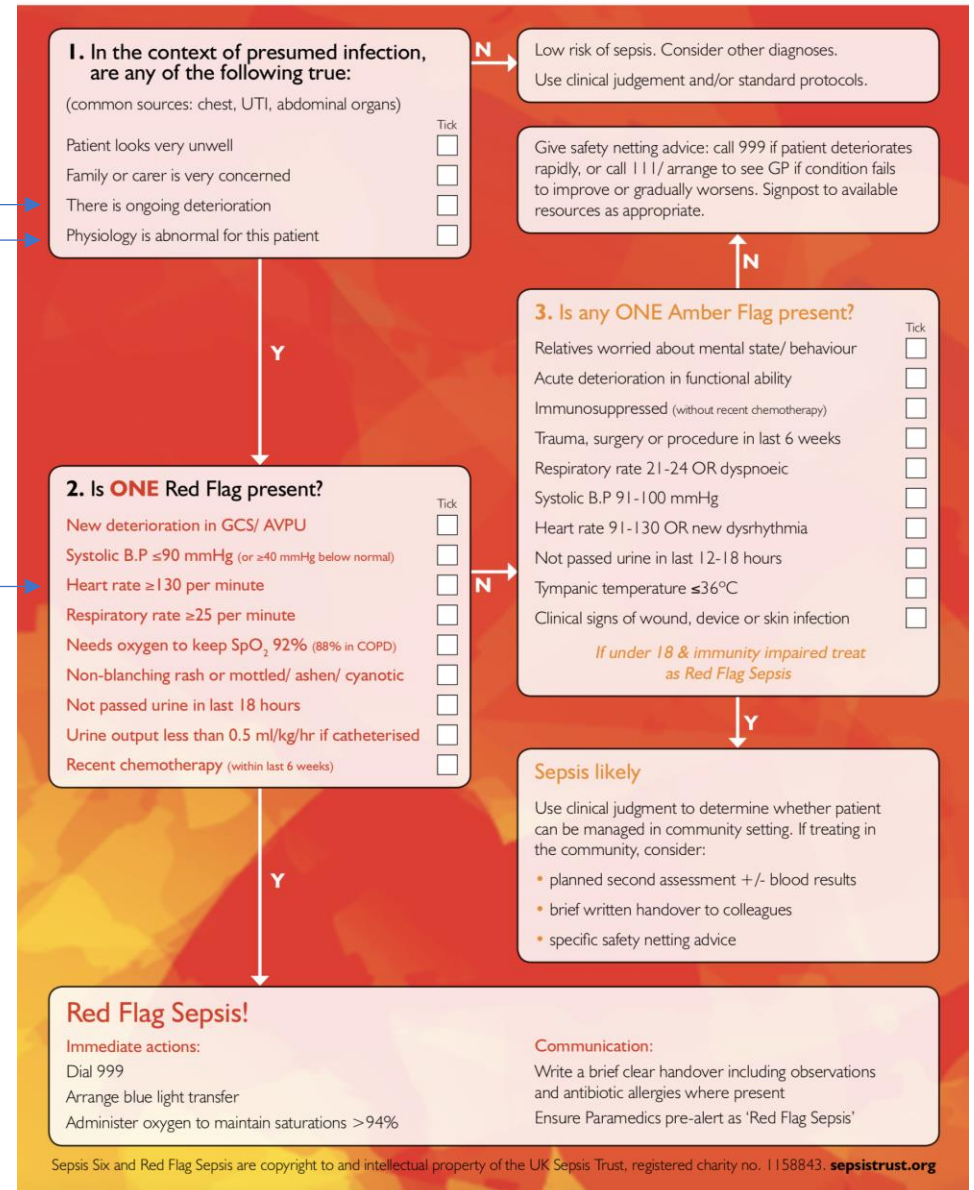
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Less than 24 hours later....

- Patient died
- Cause of death invasive group A streptococcal infection

Missed opportunity?

- Condition had got worse
- T = 39, P = 136, RR = 18, Sats 99%
- NEWS2 = 5



What is sepsis?

- <https://youtu.be/AEGUCpxwAIE>



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What is sepsis?

- Sepsis is a rare but life threatening condition
- It occurs when the bodys' own response to an infection causes damage to its own tissues and organs
- It can occur in response to any infection – bacteria, funghi, viruses
- If not treated promptly can quickly progress to septic shock, multiple organ failure and death

Definitions



Category	Definition
PREVIOUS DEFINITIONS	
SIRS (systemic inflammatory response syndrome)	Two of the following: <ul style="list-style-type: none">• Temperature $>38^{\circ}\text{C}$ or $<36^{\circ}\text{C}$• Heart rate > 90 beats/min• Respiratory rate >20 breaths/min or arterial carbon dioxide pressure <32 mm Hg• White blood cell count $>12 \times 10^9/\text{L}$ or $<4 \times 10^9/\text{L}$
Sepsis	SIRS with infection (presumed or proven)
Severe sepsis	Sepsis with evidence of acute organ dysfunction (hypotension, lactic acidosis, reduced urine output, reduced $\text{PaO}_2/\text{FIO}_2$ ratio, raised creatinine or bilirubin, thrombocytopenia, raised international normalized ratio)
Septic shock	Sepsis with persistent hypotension after fluid resuscitation
REVISED DEFINITIONS	
Sepsis	Life threatening organ dysfunction* caused by a dysregulated host response to infection
Septic shock	Sepsis and vasopressor therapy needed to increase mean arterial pressure to ≥ 65 mm Hg and lactate to >2 mmol/L despite adequate fluid resuscitation

Why is sepsis important to primary care?



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- In the UK 44,000 people die each year from sepsis
- Globally 6 - 9million people die each year from sepsis
- In 70-90% of cases the infection develops in the community.
- In the community, sepsis presents as the clinical deterioration of common and preventable infections such as those of the respiratory, gastrointestinal and urinary tract, or of wounds and skin.
- Sepsis is frequently under-diagnosed at an early stage - when it still is potentially reversible.

Why is sepsis important?

<https://www.e-lfh.org.uk/programmes/sepsis/>



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Risk factors

- Extremes of age
- Pregnancy
- Immune suppression – Cancer chemotherapy – long term steroids
- Recent surgery or trauma
- Indwelling catheters/lines



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What can we do?

- THINK SEPSIS
- Identify patients presenting with or at risk of developing sepsis
- Prevention – vaccination, infection prevention control –hand washing



What resources are available?

- SystemOne and EMIS sepsis screening protocols
- Triggered for key words – fever, deteriorating
- Also abnormal observations

- RCGP sepsis toolkit
- NICE guidance
- Sepsis decision support tools

Sepsis protocol

The screenshot displays a medical software interface with a central window titled "General Practice Sepsis Screening & Action Tool". The patient information at the top right is: **Mr Mickey Mouse-TestPatient 17 Jun 1963 (55 y) M**, 1 Goldthorpe Green, Goldthorpe, Rotherham S63 9EH, Mobile (preferred): 07939 114236 Home: 01709 123456 Test Patient.

The tool is set for "Wed 19 Sep 2018" at "10:17". The assessment section is titled "Sepsis Screening (2014)" and includes the following text: "The patient is showing signs of possible Sepsis. Sepsis is a time critical condition. Screening, early intervention and immediate treatment saves lives. You should consider performing the full set of observations below." It features a logo for "THE UK SEPSIS TRUST".

Initial Observations:

- O/E - temperature: [] degC
- O/E - rate of respiration: [] Resp/min
- Pulse rate: [] bpm

Is the patient presenting with any of the following?

- Reduced conscious level: []
- Disorientation: []
- Acute confusion: []

Consider blood glucose test for non-diabetics:

- Blood glucose level: [] mmol/L

Are any 2 of the following present?

- Temperature > 38.3C or < 36C
- Respiratory rate > 20 per minute
- Heart rate > 90 per minute
- Acute confusion, disorientation, reduced conscious level
- Consider blood glucose: > 7.7 relevant in non-diabetics

These features may indicate severe (Red Flag) Sepsis:

- Systolic BP < 90 mmHg
- Respiratory rate > 25 per minute
- Heart rate > 130 per minute
- Responds only to voice or pain/unresponsive
- Purpuric Rash
- Oxygen Saturations < 91% (may be appropriate to accept < 91% in patients with known COPD)

***Values are guides. Interpret observations in the context of the normal physiology for the patient.**

Are any red flags present?

If 2 or more features suggest Sepsis look for other features of severe (Red Flag) Sepsis.

- Systolic BP: [] mmHg
- Oxygen saturation at periphery: [] %
- Purpuric rash: []

The interface also includes a "History" section for "O/E - temperature" with a date selector set to "degC" and a note "No previous values". A calendar view at the bottom shows a green square for the current date (19th of the month).

The background shows the main software interface with a menu bar (Patient, Appointments, Reporting, Audit, Setup, Links, Dispensing, Clinical Tools, Workflow, User, System, Help) and a sidebar with navigation options like "Patient Home", "Quick Glance", "Summary View", "New Journal", "Tabbed Journal", "Major Active Problems", "Minor Active Problems", "Inactive Problems", "Read Code Journal (48)", "Communications & Letters (11)", "Record Attachments (4)", "Referrals (1)", "e-Referrals (GP)", "Sensitivities & Allergies", "Prescription Requests (1)", "Medication (1)", "Repeat Templates (4)", "Prescription History (28)", "Tasks", "Linked problems", "Consultation Notes", "Problems", "fever".

Alert Fatigue?



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**NHS England admits GP system
sepsis alerts were 'over-triggered'**

RCGP sepsis toolkit

Home ▶ Clinical ▶ Resources ▶ Clinical Toolkits ▶ Sepsis Toolkit

Sepsis Toolkit



Sepsis is a rare life threatening condition that can develop rapidly from what might be otherwise innocuous infections. Recognising it at an early stage among the huge number of ordinary infections can be a challenge even to experienced clinicians.

Sepsis affected 123,000 people in England in 2014, resulting in approximately 37,000 deaths. 70% of cases derived from an infection developed in the community. It is estimated that there is potential to reduce deaths by up to 10,000 per annum by the optimisation of care

The Sepsis toolkit provides a collection of tools, knowledge, and current guidance to support the identifying and appropriate management of patients with sepsis. The toolkit is aimed at GPs and healthcare professionals assessing people in the community with acute infection. The resources also include information for patients and those close to them to look for when concerned about a sudden deterioration in a person's health in the presence of infection.

- [RCGP Sepsis Clinical Spotlight and Clinical Priority Overview and Impact Report 2016-17](#)

Clinical resources and guidance for practices



National reports and legislation



Resources for patients and carers



Resources for training and appraisal



Background and information for commissioners



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Could this be sepsis?

For a person of **any age** with a possible infection:

- Think **could this be sepsis?** if the person presents with **signs or symptoms that indicate infection**, even if they do not have a high temperature.
- Be aware that people with sepsis may have non-specific, non-localised presentations (for example, feeling very unwell).
- Pay particular attention to concerns expressed by the person and their family or carer.
- Take particular care in the assessment of people who might have sepsis if they, or their parents or carers, are unable to give a good history (for example, people with English as a second language or people with communication problems).



Assessment

Assess people with suspected infection to identify:

- possible source of infection
- risk factors for sepsis (see right-hand box)
- indicators of clinical concern such as new onset abnormalities of behaviour, circulation or respiration.

Healthcare professionals performing a remote assessment of a person with suspected infection should seek to identify factors that increase risk of sepsis or indications of clinical concern.



Risk factors for sepsis

- The very young (under 1 year) and older people (over 75 years) or very frail people.
- Recent trauma or surgery or invasive procedure (within the last 6 weeks).
- Impaired immunity due to illness (for example, diabetes) or drugs (for example, people receiving long-term steroids, chemotherapy or immunosuppressants).
- Indwelling lines, catheters, intravenous drug misusers, any breach of skin integrity (for example, any cuts, burns, blisters or skin infections).

If at risk of neutropenic sepsis – refer to secondary or tertiary care

Additional risk factors for women who are pregnant or who have been pregnant, given birth, had a termination or miscarriage within the past 6 weeks:

- gestational diabetes, diabetes or other comorbidities
- needed invasive procedure such as caesarean section, forceps delivery, removal of retained products of conception
- prolonged rupture of membranes
- close contact with someone with group A streptococcal infection
- continued vaginal bleeding or an offensive vaginal discharge.



Sepsis not suspected

- no clinical cause for concern
- no risk factors for sepsis.

Use clinical judgement to treat the person, using NICE guidance relevant to their diagnosis when available.

SEPSIS SUSPECTED

If sepsis is suspected, use a structured set of observations to assess people in a face-to-face setting. Consider using early warning scores in acute hospital settings. Parental or carer concern is important and should be acknowledged.

Stratify risk of severe illness and death from sepsis using the tool appropriate to age and setting > > >

Sepsis risk stratification tool: children aged under 5 years out of hospital

High risk criteria

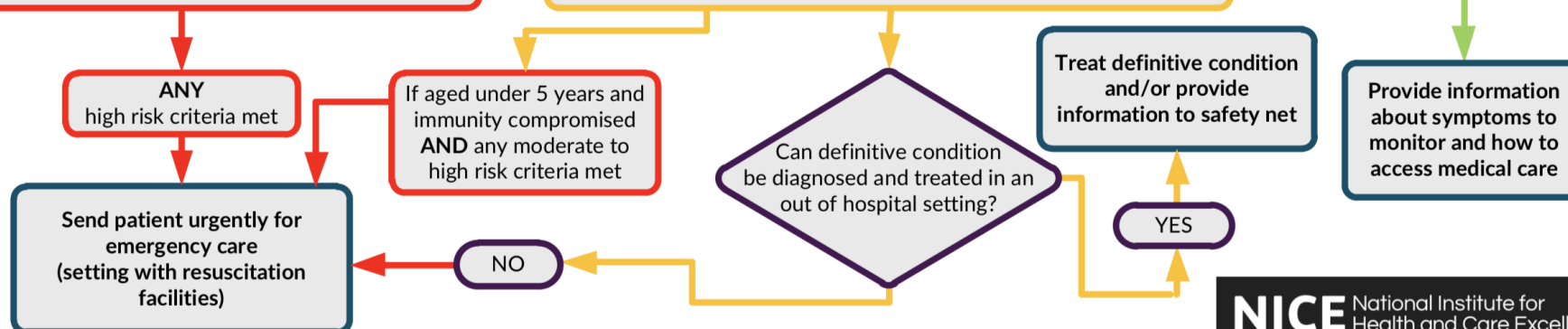
- Behaviour:
 - no response to social cues
 - appears ill to a healthcare professional
 - does not wake, or if roused does not stay awake
 - weak high-pitched or continuous cry
- Heart rate:
 - aged under 1 year: 160 beats per minute or more
 - aged 1–2 years: 150 beats per minute or more
 - aged 3–4 years: 140 beats per minute or more
 - heart rate less than 60 beats per minute at any age
- Respiratory rate:
 - aged under 1 year: 60 breaths per minute or more
 - aged 1–2 years: 50 breaths per minute or more
 - aged 3–4 years: 40 breaths per minute or more
 - grunting
 - apnoea
 - oxygen saturation of less than 90% in air or increased oxygen requirement over baseline
- Mottled or ashen appearance
- Cyanosis of skin, lips or tongue
- Non-blanching rash of skin
- Temperature:
 - aged under 3 months: 38°C or more
 - any age: less than 36°C

Moderate to high risk criteria

- Behaviour:
 - not responding normally to social cues
 - no smile
 - wakes only with prolonged stimulation
 - decreased activity
 - parent or carer concern that child is behaving differently from usual
- Heart rate:
 - aged under 1 year: 150–159 beats per minute
 - aged 1–2 years: 140–149 beats per minute
 - aged 3–4 years: 130–139 beats per minute
- Respiratory rate:
 - aged under 1 year: 50–59 breaths per minute
 - aged 1–2 years: 40–49 breaths per minute
 - aged 3–4 years: 35–39 breaths per minute
 - oxygen saturation less than 92% in air or increased oxygen requirement over baseline
 - nasal flaring
- Capillary refill time of 3 seconds or more
- Reduced urine output, or for catheterised patients passed less than 1 ml/kg of urine per hour
- Pallor of skin, lips or tongue
- Temperature:
 - aged 3–6 months: 39°C or more
- Leg pain
- Cold hands or feet

Low risk criteria

- Responds normally to social cues
- Content or smiles
- Stays awake or awakens quickly
- Strong normal cry or not crying
- No high risk or moderate to high risk criteria met
- Normal colour



Sepsis risk stratification tool: children aged 5-11 years out of hospital

High risk criteria

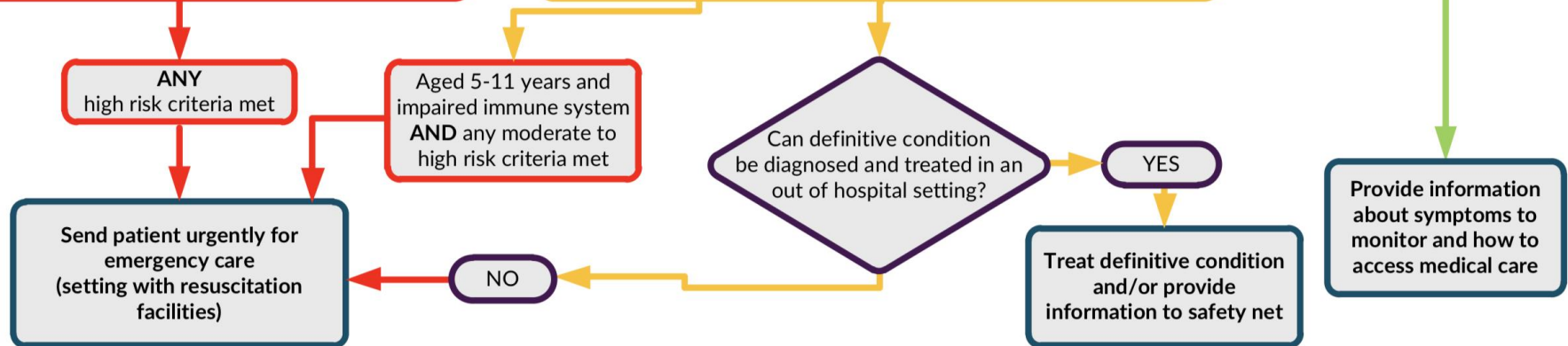
- Behaviour:
 - objective evidence of altered behaviour or mental state
 - appears ill to a healthcare professional
 - does not wake, or if roused does not stay awake
- Respiratory rate:
 - aged 5 years: 29 breaths per minute or more
 - aged 6-7 years: 27 breaths per minute or more
 - aged 8-11 years: 25 breaths per minute or more
 - oxygen saturation of less than 90% in air or increased oxygen requirement over baseline
- Heart rate:
 - aged 5 years: 130 beats per minute or more
 - aged 6-7 years: 120 beats per minute or more
 - aged 8-11 years: 115 beats per minute or more
- Mottled or ashen appearance
- Cyanosis of skin, lips or tongue
- Non-blanching rash of skin

Moderate to high risk criteria

- Behaviour:
 - not responding normally to social cues
 - decreased activity
 - parent or carer concern that child is behaving differently from usual
- Respiratory rate:
 - aged 5 years: 24-28 breaths per minute
 - aged 6-7 years: 24-26 breaths per minute
 - aged 8-11 years: 22-24 breaths per minute
 - oxygen saturation less than 92% in air or increased oxygen requirement over baseline
- Heart rate:
 - aged 5 years: 120-129 beats per minute
 - aged 6-7 years: 110-119 beats per minute
 - aged 8-11 years: 105-114 beats per minute
- Capillary refill time of 3 seconds or more
- Reduced urine output, or for catheterised patients passed less than 1 ml/kg of urine per hour
- Tympanic temperature less than 36°C
- Leg pain
- Cold hands or feet

Low risk criteria

- Normal behaviour
- No high risk or moderate to high risk criteria met



Sepsis risk stratification tool: children and young people aged 12-17 years out of hospital

High risk criteria

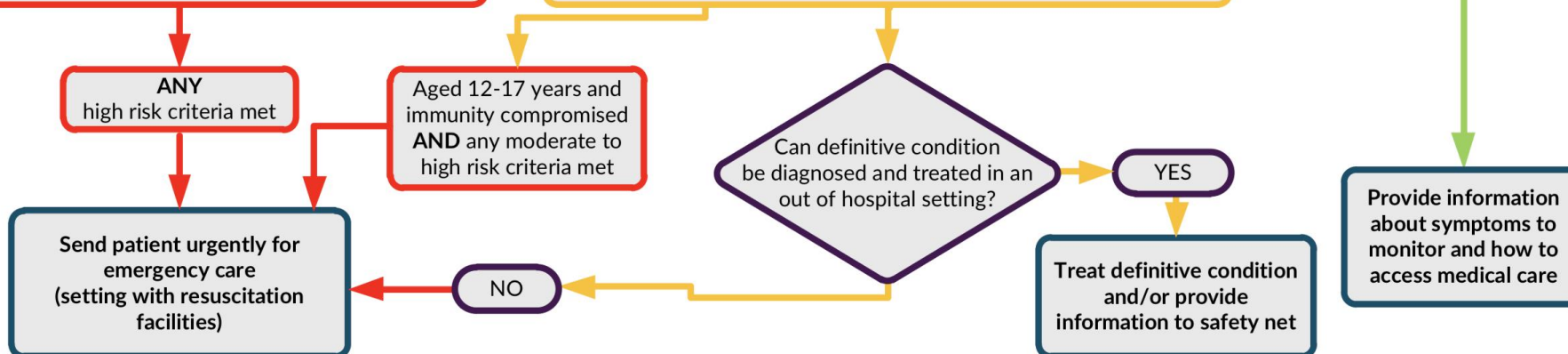
- Behaviour:
 - objective evidence of altered behaviour or mental state
- Respiratory rate:
 - all ages: 25 breaths per minute or more **OR**
 - new need for 40% oxygen or more to maintain saturation more than 92% (or more than 88% in known chronic obstructive pulmonary disease)
- Heart rate:
 - all ages: more than 130 beats per minute
- Systolic blood pressure:
 - all ages: 90 mmHg or less **OR**
 - more than 40 mmHg below normal
- Not passed urine in previous 18 hours, or for catheterised patients passed less than 0.5 ml/kg of urine per hour
- Mottled or ashen appearance
- Cyanosis of skin, lips or tongue
- Non-blanching rash of skin

Moderate to high risk criteria

- Behaviour:
 - history from patient, friend or relative of new-onset altered behaviour or mental state
 - history of acute deterioration of functional ability
- Impaired immune system
- Trauma, surgery or invasive procedures in the last 6 weeks
- Respiratory rate:
 - all ages: 21-24 breaths per minute
- Heart rate:
 - all ages: 91-130 beats per minute
 - for pregnant women: 100-130 beats per minute
- New-onset arrhythmia
- Systolic blood pressure 91-100 mmHg
- Not passed urine in the past 12-18 hours, or for catheterised patients passed 0.5-1 ml/kg of urine per hour
- Tympanic temperature less than 36°C
- Signs of potential infection:
 - redness
 - swelling or discharge at surgical site
 - breakdown of wound

Low risk criteria

- Normal behaviour
- No high risk or moderate to high risk criteria met
- No non-blanching rash



Sepsis risk stratification tool: people aged 18 years and over out of hospital

High risk criteria

- Behaviour:
 - objective evidence of altered behaviour or mental state
- Respiratory rate:
 - 25 breaths per minute or more **OR**
 - new need for 40% oxygen or more to maintain saturation more than 92% (or more than 88% in known chronic obstructive pulmonary disease)
- Heart rate:
 - more than 130 beats per minute
- Systolic blood pressure:
 - 90 mmHg or less **OR**
 - more than 40 mmHg below normal
- Not passed urine in previous 18 hours, or for catheterised patients passed less than 0.5 ml/kg of urine per hour
- Mottled or ashen appearance
- Cyanosis of skin, lips or tongue
- Non-blanching rash of skin

ANY high risk criteria met

Send patient urgently for emergency care (setting with resuscitation facilities)

Moderate to high risk criteria

- Behaviour:
 - history from patient, friend or relative of new-onset altered behaviour or mental state
 - history of acute deterioration of functional ability
- Impaired immune system
- Trauma, surgery or invasive procedures in the last 6 weeks
- Respiratory rate:
 - 21–24 breaths per minute
- Heart rate:
 - 91–130 beats per minute
 - for pregnant women: 100–130 beats per minute
- New-onset arrhythmia
- Systolic blood pressure 91–100 mmHg
- Not passed urine in the past 12–18 hours, or for catheterised patients passed 0.5–1 ml/kg of urine per hour
- Tympanic temperature less than 36°C
- Signs of potential infection:
 - redness
 - swelling or discharge at surgical site
 - breakdown of wound

Can definitive condition be diagnosed and treated in an out of hospital setting?

YES

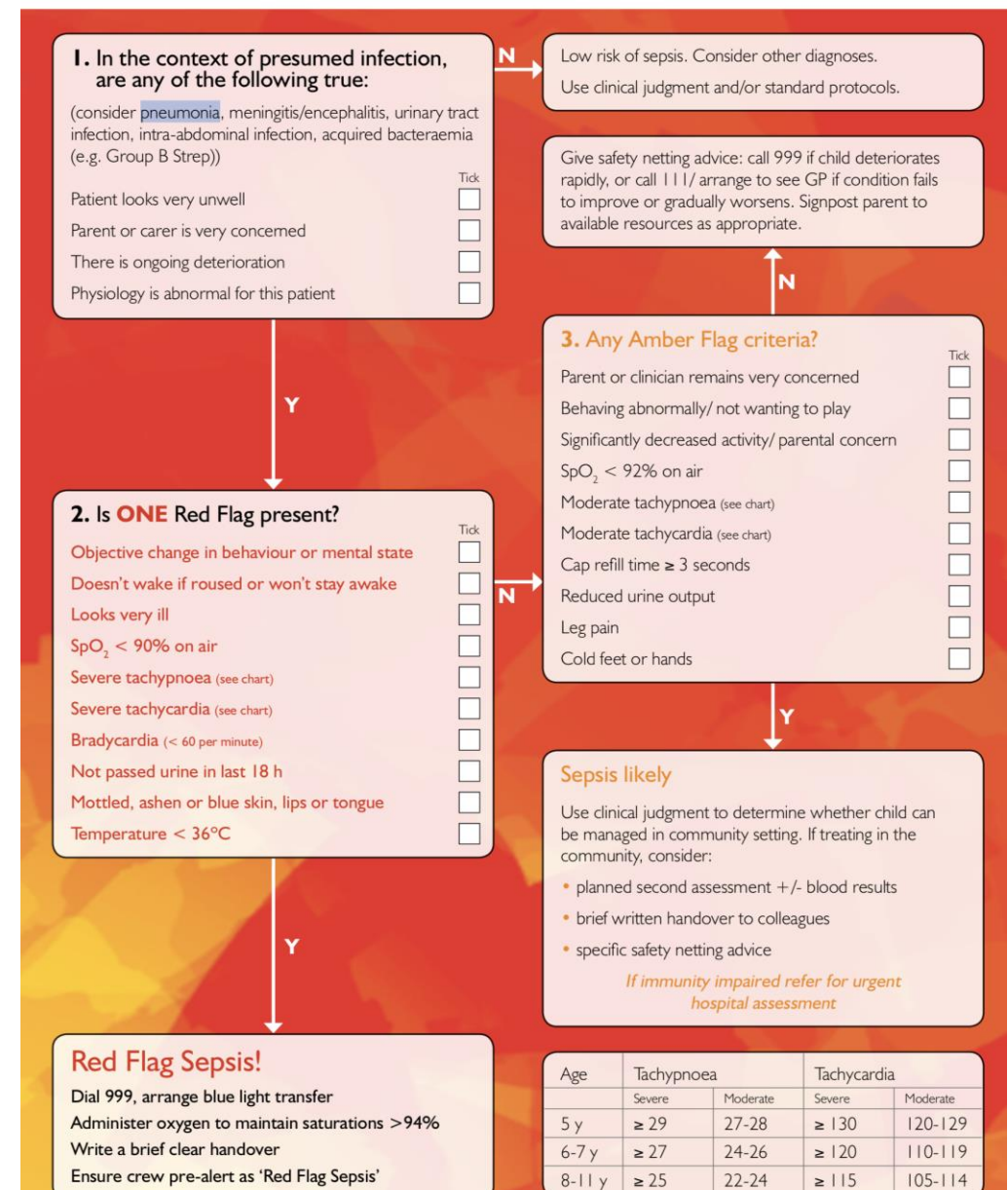
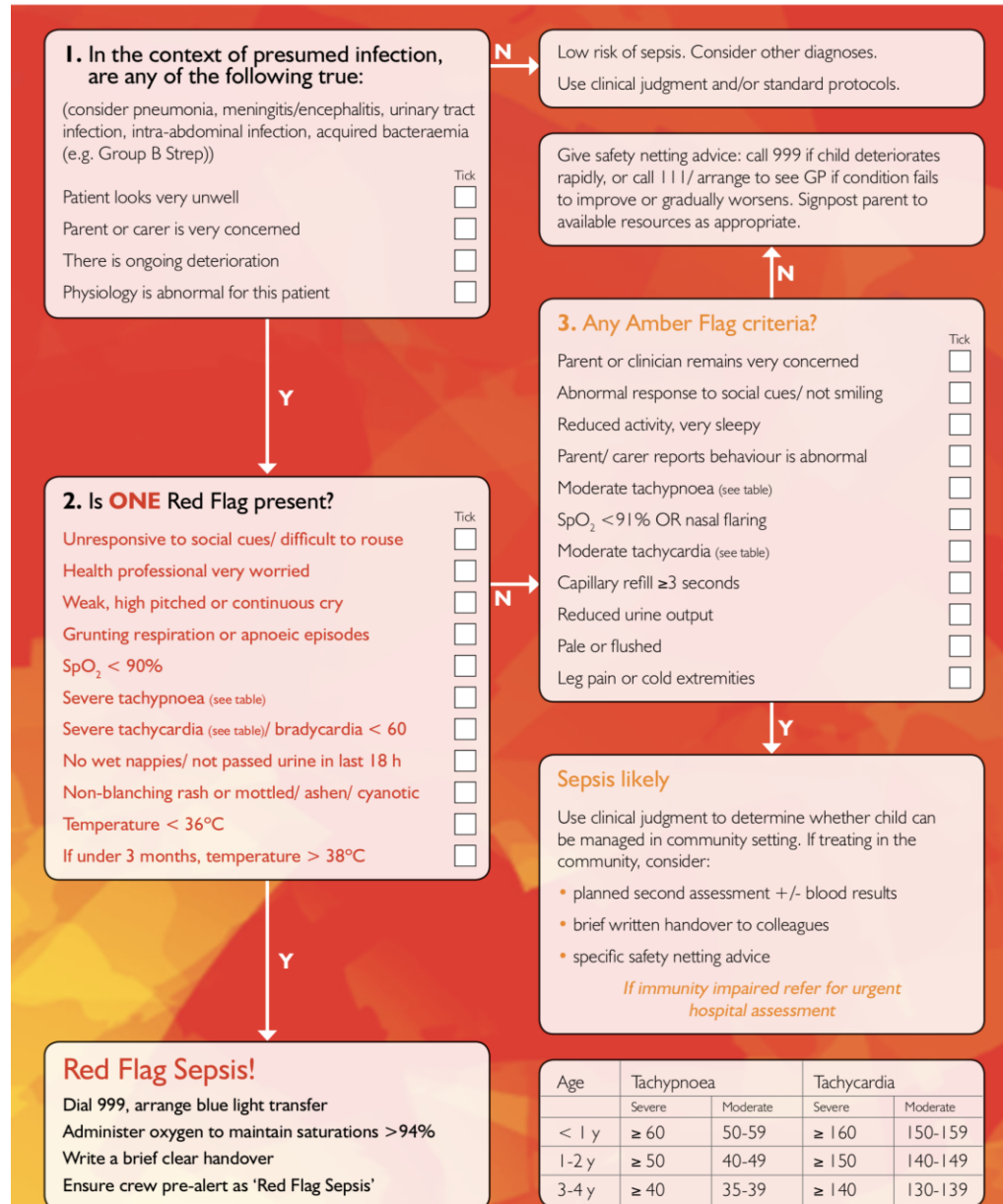
Treat definitive condition and/or provide information to safety net

NO

Low risk criteria

- Normal behaviour
- No high risk or moderate to high risk criteria met

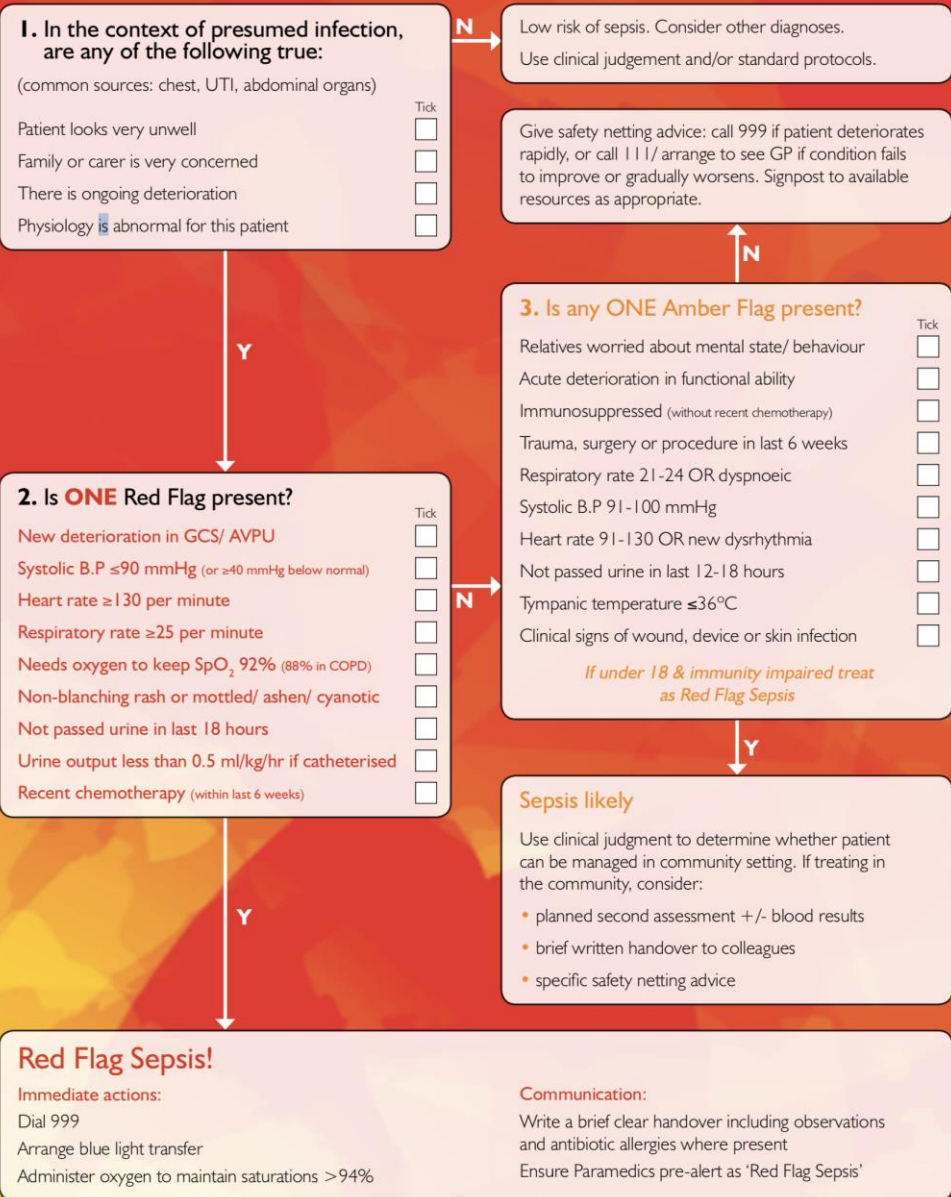
Provide information about symptoms to monitor and how to access medical care



General Practice Sepsis Decision Support Tool



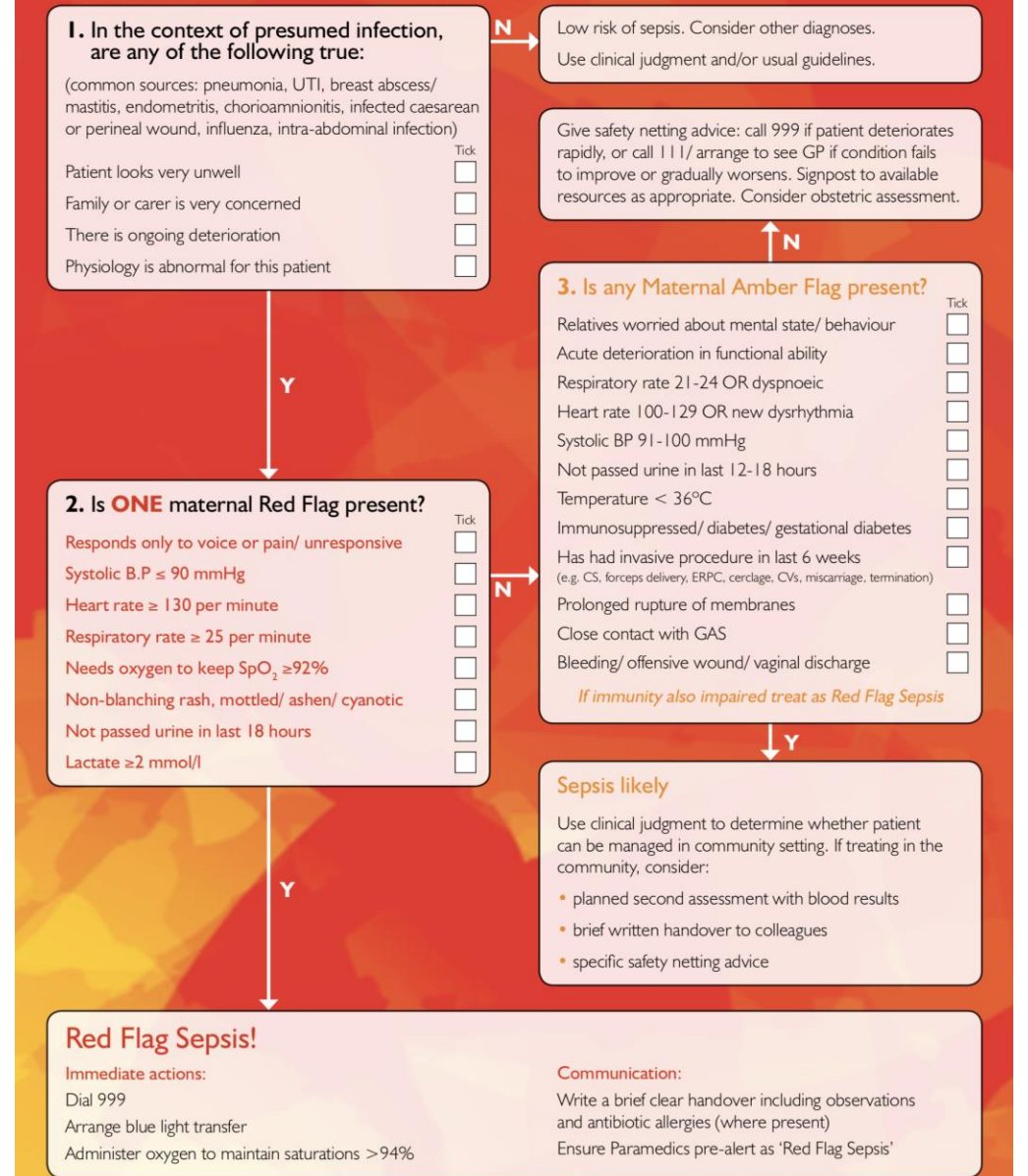
To be applied to all non-pregnant adults & young people 12 years and over with fever (or recent fever) symptoms
 N.B: there is no systems substitute for clinical experience & acumen, but Red Flag Sepsis will help with early identification of adults & older children with systemic response to infection



G.P. Maternal Sepsis Decision Support Tool



To be applied to all women who are pregnant or up to six weeks postpartum (or after the end of pregnancy if pregnancy did not end in a birth) who have a suspected infection or have clinical observations outside normal limits





NEWS2

- NEWS2 is a scoring system which can be used to assess severity of acute illness
- Measure and identify deterioration in patients condition
- Prompt a timely response

NEWS2



Physiological parameter	Score						
	3	2	1	0	1	2	3
Respiration rate (per minute)	≤8		9–11	12–20		21–24	≥25
SpO ₂ Scale 1 (%)	≤91	92–93	94–95	≥96			
SpO ₂ Scale 2 (%)	≤83	84–85	86–87	88–92 ≥93 on air	93–94 on oxygen	95–96 on oxygen	≥97 on oxygen
Air or oxygen?		Oxygen		Air			
Systolic blood pressure (mmHg)	≤90	91–100	101–110	111–219			≥220
Pulse (per minute)	≤40		41–50	51–90	91–110	111–130	≥131
Consciousness				Alert			CVPU
Temperature (°C)	≤35.0		35.1–36.0	36.1–38.0	38.1–39.0	≥39.1	

NEWS2



NEW score	Clinical risk	Response
Aggregate score 0–4	Low	Ward-based response
Red score Score of 3 in any individual parameter	Low–medium	Urgent ward-based response*
Aggregate score 5–6	Medium	Key threshold for urgent response*
Aggregate score 7 or more	High	Urgent or emergency response**

- Think sepsis if NEWS ≥ 5
- NEWS ≥ 5 has a 13% mortality
- NEWS ≥ 5 and 1 Red flag Mortality = 23%

NEWS2 in practice

<https://vimeo.com/208284106>



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NEWS2

- Only for patients over age 16
- Not validated in primary care
- Not a replacement for clinical judgment
- But is very useful for patient handover



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qSOFA

- New confusion/altered mental state
- Increased respiratory rate
- Hypotension



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Ambulance response

- "Red flag sepsis"
- Give them the NEWS2 score
- Category 2 response – 18mins – up to 40mins.



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Documentation

- Documentation is important – including physiological parameters and safety net advice
- Use templates – Examination findings

Examination findings template



The screenshot displays the 'Examination Findings' template within a medical software interface. The main window is titled 'Examination Findings' and contains various input fields and checkboxes for recording clinical data. The interface is organized into several sections:

- Chaperone offered:** Includes checkboxes for 'Chaperone offered' and 'Chaperone refused'.
- Vital Signs and General:** Fields for 'O/E - tympanic temperature' (C), 'Respiratory rate' (breaths/...), 'BP' (mmHg), 'Oxygen saturation at periphery' (%), 'Pulse rate' (bpm), 'Height' (m), and 'Weight' (Kg).
- Pulse Rhythm:** Radio buttons for 'O/E - pulse rhythm regular (2431.)', 'O/E - pulse irregularly irreg. (2432.)', and 'O/E - pulse regularly irregular (2433.)'.
- PEFR:** Field for 'PEFR' (L/min).
- Heart Sounds:** Radio buttons for 'Heart sounds normal (Xa7sK)' and 'Heart sounds abnormal (Xa7sL)'.
- ENT Examination:** Radio buttons for 'ENT examination - NAD (2D12.)' and 'ENT examination interpretation (XM0A7)'.
- Chest Examination:** Radio buttons for 'O/E - chest examination normal (XM1Ue)' and 'DJAbnormal chest sounds (R067.)'.
- Abdominal Findings:** Radio buttons for 'Abdomen examined - NAD (2516.)' and 'Abdominal examination interpretation (X...)'. Below this is a section titled 'TREATING YOUR INFECTION LEAFLET (for patients who don't require antibiotics)' with a 'New Letter to Patients' Word letter' button.
- PR examination:** Radio buttons for 'Rectal examination - NAD (XM1Cm)', 'Digital examination of rectum (XaNSN)', and 'O/E - PR - prostatic swelling (XE2J)'.
- Fundoscopy:** Radio buttons for 'Fundoscopy normal (31280)' and 'Fundoscopy abnormal (31281)'.
- Electronic Med3:** Includes a 'New MED3 statement' button and a 'Urinalysis (Ashville)' field.
- INR Section:** Includes 'Warfarin monitoring' (dropdown), 'INR' (field), and 'Target international normalised ratio' (field).
- Additional Options:** Checkboxes for 'Deferred antibiotic therapy' and 'Patient advised to delay filling of prescription'.

The interface also features a left-hand navigation pane with 'Clinical' and 'Administrative' tabs, and a right-hand pane showing patient information for 'p 1945 (73 y) M' and 'mobile: 07900 000000 Test'. The bottom of the window has buttons for 'Event Details', 'Information', 'Print', 'Suspend', 'Cancel', and 'Show Incomplete Fields'.



Effective Safety Netting

Slurred speech or confusion.

Extreme shivering or muscle pain.

Passing no urine (in a day).

Severe breathlessness.

It feels like you're going to die.

Skin mottled or discoloured.

- Reinforce with patient information leaflet

Treating your infection



Patient Name

Your doctor or nurse recommends that you self-care Back-up antibiotic prescription issued

Your infection	Usually lasts	How to treat yourself better for these infections, now and next time	When should you get help: Contact your GP practice or contact NHS 111 (England), NHS 24 (Scotland dial 111), or NHS Direct (Wales dial 0845 4647)
<input type="checkbox"/> Middle-ear infection	4 days	<ul style="list-style-type: none"> Have plenty of rest. Drink enough fluids to avoid feeling thirsty. Ask your local pharmacist to recommend medicines to help your symptoms or pain (or both). Fever is a sign the body is fighting the infection and usually gets better by itself in most cases. You can use paracetamol (or ibuprofen) if you or your child are uncomfortable as a result of a fever. Other things you can do suggested by GP or nurse: 	<p>1. to 8. are possible signs of serious illness and should be assessed urgently. Phone for advice if you are not sure how urgent the symptoms are.</p> <ol style="list-style-type: none"> If you develop a severe headache and are sick. If your skin is very cold or has a strange colour, or you develop an unusual rash. If you feel confused or have slurred speech or are very drowsy. If you have difficulty breathing. Signs can include: <ul style="list-style-type: none"> breathing quickly turning blue around the lips and the skin below the mouth skin between or above the ribs getting sucked or pulled in with every breath. If you develop chest pain. If you have difficulty swallowing or are drooling. If you cough up blood. If you are feeling a lot worse. <p>Less serious signs that can usually wait until the next available GP appointment:</p> <ol style="list-style-type: none"> If you are not improving by the time given in the 'Usually lasts' column. In children with middle-ear infection: if fluid is coming out of their ears or if they have new deafness. Other
<input type="checkbox"/> Sore throat	7 days		
<input type="checkbox"/> Common cold	10 days		
<input type="checkbox"/> Sinusitis	18 days		
<input type="checkbox"/> Cough or bronchitis	21 days		
<input type="checkbox"/> Other infection: days		

Back-up antibiotic prescription to be collected after days only if you do not feel better or you feel worse.

Collect from: GP reception GP or nurse Pharmacy

- Colds, most coughs, sinusitis, ear infections, sore throats, and other infections often get better without antibiotics, as your body can usually fight these infections on its own.
- The more we use antibiotics, the greater the chance that bacteria will become resistant to them so that they no longer work on our infections.
- Antibiotics can cause side effects such as rashes, thrush, stomach pains, diarrhoea, reactions to sunlight, other symptoms, or being sick if you drink alcohol with metronidazole.

Never share antibiotics and always return any unused antibiotics to a pharmacy for safe disposal

Leaflet developed in collaboration with these professional societies.





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Recommendations

- THINK SEPSIS
- Consider having a sepsis champion in your practice



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BHF Sepsis response

- Staff awareness – regular agenda item on team meetings
- Staff training – e LFH = mandatory
- Decision support tools and NEWS2 available in all clinical rooms
- Activated sepsis protocol for OOH module of systemOne
- GRASP – Fever tool



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Resources

- E-learning for Health
- RCGP – Sepsis toolkit
- RCGP – Building a sepsis aware system around general practice
- Sepsis trust