## South Yorkshire, Bassetlaw and North Derbyshire Cancer Alliance

## Implementing FIT for Symptomatic Patients

$16^{\text {th }}$ January 2019

## Faecal Calprotectin

- Protein excreted from WBC during inflammation
- IBS common in GP, up to $20 \%$ of population, IBD $3 \%$
- Endoscopy not needed to diagnose these patients
- FCP level correlates with amount of inflammation
- Normal FCP strongly predicts for IBS and significantly raised FCP for IBD
- Pilots have shown a 40-57\% reduction in new hospital outpatients' appointments and $21-50 \%$ reduction in colonoscopies
- One stool sample


## Faecal Immunochemical

 test (FIT)- Uses antibodies that recognise human Hb
- Can quantify amount of blood in single stool sample
- If abnormal further investigation needed
- One sample
- High negative predictive value
- Being brought into screening programme later this year RANGES ARE DIFFERENT SO DO NOT RELY ON THESE IF PATIENT SYMPTOMATIC


## Integrated Lower GI Pathway



Full guidance can be seen at the websiteHealth and Care Working together in South Yorkshire and Bassetlaw, Integrated Lower GI Pathway

Any Questions?

