

Heart Failure Diagnosis and Services

Hospital

GP Referral requirements

- Symptoms
- UE, FBC, TFT, LFT, BNP
- BP, pulse, weight
- Medication list allergies

One Stop Heart Failure Clinic Service 01226 432176

- Echo
- ECG
- Management plan
- Discuss diagnosis
- Initiate drug treatment
- Letter to GP

Take a detailed history and perform a clinical examination

Measure serum natriuretic peptides (BNP)

High levels
BNP >400

Raised levels
BNP 100-400

Normal levels
BNP <100

Within 2 weeks

Within 6 weeks

One Stop Heart Failure
Diagnostic clinic

Abnormality
consistent with
heart failure

No clear
abnormality

Assess severity, aetiology, precipitating
factors, type of cardiac dysfunction,
correctable causes

Heart failure due to
left ventricular
systolic dysfunction

Heart failure
with preserved
ejection fraction

Other cardiac
abnormality

Heart failure
unlikely, other
diagnosis

Referral to Community Heart Failure Specialist Team

Patients must have heart failure diagnosed on echocardiography (LVSD) AND any of the following:

In need of heart failure treatment optimisation

- A history of recurrent admissions
- Poor compliance with medication, diet or lifestyle changes
- A poor understanding of their condition and its treatment
- Inadequate social support
- Palliative care

Service Provided:

- Up-titration and monitoring of heart failure medication
- Patients with difficult to manage symptoms
- Follow up post discharge either in community nurse led clinics or at home
- Education and support for patients and carers
- Planning and provision of palliative care

Referral requirements

- Up to date Echocardiogram (must be done in last 3 years) indicating LVSD diagnosis
- Brief medical history/ List of medications
- Indicate if patient can attend clinic or housebound
- Referral accepted through fax 01226 209888 or e-referral through System1

Contact : 01226 209881

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