# 6CIT Six-item Cognitive Impairment Test

The 6CIT is a useful dementia screening tool in Primary Care

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Question** | | **Scoring** | | **Patient score** |
| 1. What year is it? | | Correct - 0 points  Incorrect - 4 points | |  |
| 2. What month is it? | | Correct - 0 points  Incorrect - 3 points | |  |
| 3. Give the patient an address phrase to remember with 5 components - e.g. John, Smith, 42, High Street, Bedford | |  | |  |
| 4. About what time it is (within one hour)? | | Correct - 0 points Incorrect - 3 points | |  |
| 5. Count backwards from 20 - 1 | | Correct - 0 points 1 error - 2 points More than one error - 4 points | |  |
| 6. Say the months on the year in reverse | | Correct - 0 points 1 error - 2 points More than one error - 4 points | |  |
| 7. Repeat address phrase | | Correct - 0 points 1 error - 2 points 2 errors - 4 points 3 errors - 6 points 4 errors - 8 points All wrong - 10 points | |  |
|  | | **6CIT Score out of 28** | |  |
|  |  | |  | |
| **Time taken to perform**: 3-4 minutes | | | | |
| **Score**:  the 6CIT uses an inverse score and questions are weighted to produce a total out of 28.  Scores of 0-7 are considered normal  **8 or more significant-** willneeds further assessment by health care professional | | | | |