



## Your Appointment with the Dietitian

Name.....

You have been referred to the Dietitian for advice regarding.....

### **Facts about Dietitians:**

- Dietitians are the only qualified health professionals that assess, diagnose and treat dietary and nutritional problems.
- Dietitians see both healthy and sick people.
- When you see a dietitian they will use the most up-to-date public health and scientific research on food, health and disease.
- The information that your dietitian provides to you as an individual will be practical and will aim to allow you to make appropriate lifestyle and food choices for your health and wellbeing.
- The advice from your dietitian will take into account your medical history and food preferences.
- Dietitians are the only nutrition professionals to be regulated by law, and are governed by an ethical code to ensure that they always work to the highest standard.

**When you receive an appointment to see a dietitian in Barnsley, please do attend your appointment. Missed appointments with the dietitian are very costly to the NHS.**