

Cystoscopy for men with uncomplicated lower urinary tract symptoms

Please refer to National Guidance for full details, complete the checklist and file for future compliance audit.

Evidence Based Interventions Phase II policy confirms this investigation/procedure will only be funded when the following criteria are met:

Assessment of men with LUTS should focus initially on a thorough history and examination, complemented by use of a frequency – volume chart, urine dipstick analysis and International Prostate Symptom Score where appropriate. This assessment may be initiated in primary care settings.

Specialist assessment should also incorporate a measurement of flow rate and post void residual volume.

In the context of male lower urinary tract symptoms (LUTS), cystoscopy may offer indirect evidence regarding an underlying cause (commonly prostatic enlargement, for example).

This guidance applies to male adults aged 19 years and over.

	Delete as appropriate	
<i>In ordinary circumstances*, cystoscopy should only be offered to men with LUTS in the presence of the following features from their history:</i>		
Recurrent infection	Yes	No
Sterile pyuria	Yes	No
Haematuria	Yes	No
Profound symptoms	Yes	No
Pain	Yes	No
Additional information may also inform clinical decision making around the use of cystoscopy in men with LUTS. Such factors might include but not limited to		
Smoking history	Yes	No
Travel or occupational history suggesting high risk of malignancy	Yes	No
Previous surgery	Yes	No

**If clinician considers need for referral/treatment on clinical grounds outside of these criteria, please refer to the SY ICB's Individual Funding Request policy for further information.*