

Evidence Based Interventions

Patient Information Leaflet to accompany the South Yorkshire and Bassetlaw Commissioning for Outcomes Policy (Updated June 2021)

Background

During 2018, doctors, nurses and managers across the NHS, both locally in South Yorkshire and across the country, have been working hard to make sure that the interventions (treatments and operations) offered to all patients are the best ones available and that money is not spent on treatments that might not be effective.

The result is the Commissioning for Outcomes Policy (CFO), which came into effect from April 1st 2019. The policy has been agreed by all of the South Yorkshire and Bassetlaw Clinical Commissioning Groups (CCGs), which means that access to healthcare will be fair and equal for all patients in our region.

The policy is based upon the latest national guidance provided by the National Institute for Health and Care Excellence (NICE) and this has shown that some treatments or operations that have until now been routinely recommended might in fact not be the best option for some patients.

The aim of the policy is to make sure that the doctors and nurses involved in your care can offer you the most up to date treatments, based on the latest research and to ensure that NHS funds are spent on the things that will bring the greatest health benefits.

Your GP, hospital consultant or nurse specialist will discuss the different treatment options with you. Some operations or treatments will only be recommended for some patients and your doctor will assess whether or not you meet the clinical conditions or criteria.

If you meet the criteria then this will be the best treatment option for you and the procedure will be arranged.

If you don't meet the criteria then you will be offered the most effective treatment for your particular condition.

If you don't qualify for the treatment, but your doctor or nurse thinks that there are exceptional clinical circumstances in your case then they may submit an Individual Funding Request (IFR) to an independent panel for consideration.

Details about the IFR process and the guidance that is followed can be found by contacting your local CCG, please see the links below.

The table below shows all the interventions/procedures that are included within this Commissioning for Outcomes Policy

Speciality	Intervention
ANAESTHETICS	Pre-operative Chest X-ray (before an operation)
	Pre-operative ECG - Heart tracing (ECG) before an operation
CARDIOLOGY	Diagnostic coronary (invasive) angiography for low risk, stable chest pain
	Specialised blood tests (troponin) for investigation of chest pain
	Lipid Lowering Therapy - Regular blood tests when taking cholesterol lowering tablets
	Exercise ECG for screening for coronary heart disease
ENT	Grommets in children
	Grommets in Adults
	Snoring Surgery (in the absence of Obstructive Sleep Apnoea (OSA))
	Tonsillectomy
	Surgery for chronic sinusitis
	Removal of the adenoids (for glue ear and not OSA) Adenoidectomy
GENERAL SURGERY	Haemorrhoid surgery
	Varicose veins
	Removal of Benign Perianal skin lesions
	Cholecystectomy - Removal of an inflamed gallbladder
	Surgery for minimally symptomatic inguinal hernia
	Ingrown toenail
	Upper GI Endoscopy to investigate gut problems
	Appropriate Colonoscopy of the lower intestine
	Repeat / Follow up colonoscopy of the lower intestine
	Test of the gallbladder - ERCP in acute gallstone pancreatitis without cholangitis
	Appendicectomy without confirmation of appendicitis - Tests to confirm appendicitis
GYNAECOLOGY	Hysterectomy for management of heavy menstrual bleeding
	Dilation and curettage (D&C) for heavy menstrual bleeding (HMB) in women
HAEMATOLOGY	Blood transfusions
OPHTHALMOLOGY	Cataract Surgery
	Meibomian cyst (Chalazion)
	Upper Eyelid Blepharoplasty
ORTHOPAEDICS	Arthroscopic Subacromial Decompression of the shoulder (ASAD)
	Knee arthroscopy for patients with osteoarthritis
	Injection for non-specific low back pain
	Surgery to fuse the bones in the back for back pain - Fusion surgery for mechanical axial low back pain

	Carpal tunnel Syndrome Surgery
	Common Hand Conditions - Dupuytren's release
	Common Hand conditions - Ganglion
	Common Hand Conditions - Trigger finger
	Hallux valgus surgery
	Total Knee replacement
	Total Hip Replacement
	Knee arthroscopic surgery for meniscal tears
	Lumbar Discectomy - Spinal surgery for a slipped disc
	Knee MRI when symptoms are suggestive of osteoarthritis
	Knee MRI for suspected meniscal tears
	Vertebral augmentation (vertebroplasty or Kyphoplasty) for painful osteoporotic vertebral fractures
	Imaging for shoulder pain
	MRI scan of the hip for arthritis
	Low back pain imaging
	Lumbar Radiofrequency facet joint denervation
PAEDIATRICS	Helmet therapy in the treatment of positional plagiocephaly in children*
PAIN CLINIC	Acupuncture for non-specific back pain
PLASTIC SURGERY	Breast reduction / asymmetry and Gynaecomastia
UROLOGY	Male circumcision
	Vasectomy under GA
	Surgical removal of kidney stones
	Cystoscopy for men with un-complicated lower urinary tract symptoms
	Surgical intervention for benign prostatic hyperplasia
	Prostate- specific antigen (PSA) testing

The CFO policy and the list of clinical criteria for each treatment are available on the internet at: <https://www.healthandcaretogethersyb.co.uk/about-us/useful-documents>

Further information about the policy, including how to raise concerns or make a complaint can be found at the links below, please choose the CCG that is responsible for the area where you live.

Please be assured that your details will remain confidential and will only be shared with relevant staff in order to address your concerns.

BARNSLEY

<http://www.barnsleyccg.nhs.uk/about-us/feedback-and-enquiries.htm>

Write to: Quality Team, NHS Barnsley CCG, Hillder House, 49 – 51 Gawber Road, Barnsley, S75 2PY

Telephone: 01226 433772

Email: qualityteam.safehaven@nhs.net

For further advice you can also contact Healthwatch at; Priory Campus, Pontefract Road, Barnsley, South Yorkshire. S71 5PN or Tel: 01226 320106

BASSETLAW

Write to: Complaints Department, Retford Hospital, North Road, Retford, Notts, DN22 7XF

Telephone: 01777 863321

Email: BASCCG.CommunicationOffice@nhs.net

For further advice you can also contact Healthwatch at; Unit 2, Byron Business Centre, Duke St, Hucknall, Notts, NG15 7HP or Tel: 01159635179

DONCASTER

Write to: Patient Experience Manager, Doncaster CCG, Sovereign House, Heaven's Walk, Doncaster, DN4 5HZ

Telephone: 01302 566228

Email: Donccg.enquiries@nhs.net

For further advice you can also contact Healthwatch at: 3 Cavendish Court, South Parade, Doncaster, DN1 2JD or Tel: 0808 8010391

ROTHERHAM

<http://www.rotherhamccg.nhs.uk/concerns-and-complaints.htm>

Write to: Rotherham CCG, Oak House, Moorhead Way, Rotherham, South Yorkshire S66 1YY

Telephone: 01709 302108

Email: complaints@rotherhamccg.nhs.uk

For further advice you can also contact Healthwatch at: Thornbank House, 38 Moorgate Rd, Rotherham S60 2AG or Tel: 01709717130

SHEFFIELD

<http://www.sheffieldccg.nhs.uk/about-us/contact-us.htm>

Write to: Complaints Team, NHS Sheffield CCG, 722 Prince of Wales Road, Sheffield, S9 4EU

Telephone: (0114) 305 1000

Email: SHECCG.complaints@nhs.net

For further advice you can also contact Healthwatch at: The Circle, 33 Rockingham Lane, Sheffield, S1 4FW or Tel: 01142536688