## Health and care working together in South Yorkshire and Bassetlaw

Please send this form with the referral letter.

## **Common Hand Conditions – Ganglions**

## Instructions for use:

Please refer to policy for full details, complete the checklist and file for future compliance audit.

## The CCG will only fund correction of Ganglion(s) when the following criteria are met:

In ordinary circumstances*, referral should not be considered unless the patient meets <b>one</b> of the following criteria.	Delete as appropriate	
Painful seed ganglia** that persist or recur after puncture/aspiration OR	Yes	No
Mucoid cysts that are disturbing nail growth or have a tendency to discharge (risk of septic arthritis in distal inter-phalangeal joint) <b>OR</b>	Yes	No
Wrist ganglia associated with neurological deficit, restricted hand function or severe pain	Yes	No
If the diagnosis is in doubt	Yes	No

<sup>\*</sup>If clinician considers need for referral/treatment on clinical grounds outside of these criteria, please refer to The Individual funding request policy for further information

<sup>\*\*</sup> A seed ganglia is a fluid filled swelling that appears at the base of the finger on the palm side.