

## Evidence Based Interventions (Clinical Thresholds)

Complete checklist and attach to referral.

- Ref E and H require prior approval by IFR
- \* Refer via the SWYPFT Community MSK Service

### National Pathways (Category 2)

Ref	Intervention
E	Breast reduction / asymmetry and gynaecomastia
F	Removal of Benign Skin Lesions
G	Grommets in children
H	Tonsillectomy (Adults/Children)
I	Haemorrhoid surgery
J	Hysterectomy for heavy menstrual bleeding  *Only applies to Secondary Care
K	Chalazia removal (Meibomian Cyst)
L	Arthroscopic shoulder decompression for sub-acromial shoulder pain*
M	Carpal tunnel release*
N	Dupuytren's surgery*
O	Ganglion surgery*
P	Trigger finger release*
Q	Varicose vein surgery

### Local SY&B Pathways

1	Grommets in Adults
2	Benign Perianal Skin Tags
3	Management of Gall Bladder Disease – Cholecystectomy
4	Surgical repair of Hernias
5	Blepharoplasty
6	Cataract Surgery
7	Hallux Valgus (Bunions) *
8	Osteoarthritis • Hip Replacement*
9	Osteoarthritis • Knee Replacement*
10	Ingrown Toe Nail*
11	Male circumcision

\*All Barnsley referrals for Orthopaedics or Rheumatology should be referred via the SWYPFT MSK Triage service.

**Link to the SY&B Commissioning for Outcomes Policy:**

<https://www.healthandcaretogethersyb.co.uk/about-us/useful-documents>

## Procedures not routinely commissioned or offered

Exceptionality can be applied for via a clinical letter to the IFR panel

National Pathways (Category 1)	
Ref	Intervention
A	Snoring Surgery (in the absence of Obstructive Sleep Apnoea (OSA))
B	Dilation and curettage (D&C) for heavy menstrual bleeding (HMB) in women
C	Knee arthroscopy for patients with osteoarthritis
D	Injection for non-specific low back pain (Spinal Joint Injection)

Local SY&B Pathways	
Ref	Intervention
-	Acupuncture  (except for chronic tension type headaches and migraine)
-	Vasectomy under General Anaesthetic*
-	<b>IVF</b> (commissioned in accordance with policy, approval via IFR)
-	Reversal of male / female Sterilisation
-	Specialist plastic surgery procedures

### Vasectomy

\*Refer to non-scalpel locally commissioned community services on the E-Referral System.

Referrals for vasectomy under general anaesthetic require IFR approval.

## BEST practice pathways

Area	Pathways
<b>Cardiology</b>	Atrial fibrillation
	Heart failure- Suspected & Specialist assessment
	LVSD- Management
	Palpitations & ECG monitoring
	Stable angina- Diagnosis & Management
<b>Dermatology</b>	Melanoma- Suspected
<b>ENT</b>	Allergic rhinitis
	Hearing loss
	Tinnitus
	Vertigo
<b>Endocrinology</b>	Androgen deficiency
	Osteoporosis
<b>Gastrointestinal</b>	Abnormal liver function tests
	Dyspepsia
	Irritable bowel syndrome
	Laxative guidelines for adults

## BEST practice pathways

Area	Pathways	Area	Pathways
<b>Haematology</b>	Anaemia- Assessment	<b>Paediatrics</b>	Primary nocturnal enuresis
	• Macrocytic anaemia		<b>Rheumatology</b>
	• Microcytic anaemia	<b>Safeguarding</b>	
	• Normocytic anaemia		Child safeguarding
<b>Musculoskeletal</b>	Back pain	<b>Urology</b>	Erectile dysfunction
	Elbow pain		Male lower urinary tract symptoms
	Foot and ankle pain		
	Hand and wrist pain		
	Hip pain		
	Knee pain		
	Shoulder pain		
<b>Nephrology</b>	Chronic kidney disease		
<b>Neurology</b>	Headache		
<b>Obstetrics and Gynaecology</b>	Amenorrhoea		
	Dysmenorrhoea		
	Female urinary incontinence		
	Heavy menstrual bleeding		
	Infertility (men & women)		
	Menopause & HRT		
	Post-coital and intermenstrual bleeding		
<b>Oncology</b>	Cervical Screening		

### **Location of the BEST practice pathways:**

The BEST practice pathways are now searchable on the [BEST website](#) using the search bar.

Alternatively, a contents page with links to the pathways can be found here:

<http://best.barnsleyccg.nhs.uk/commissioning/local-pathways-shortcut.htm>

**Please note:** the pathways are displayed in head to toe order on the BEST website