

## Urology 2 Week Wait Referral Criteria

### Referral Criteria

The criteria are compliant with 2015 NICE guidelines for referring those with suspected cancer and not a substitute for your own clinical judgement or taking specialist professional advice as appropriate.

Performance Status (Adult) A WHO classification indicating a PERSON's status relating to activity/disability

- Able to carry out all normal activity without restriction
- Restricted in physically strenuous activity, but able to walk and do light work
- Able to walk and capable of all self-care, but unable to carry out any work. Up and about more than 50% of waking hours
- Capable of only limited self-care, confined to bed or chair more than 50% of waking hours
- Completely disabled. Cannot carry on any self-care. Totally confined to bed or chair

**ALL referrals must be accompanied by up to date (strictly within last 28 days) U+E, FBC to allow timely onward investigation**

### PROSTATE

- Clinically malignant (Firm, hard or craggy) prostate on rectal examination (PSA to be checked but refer prior to result becoming available)
- Raised Age adjusted PSA <50 >2.5; 50-59 >3.0; 60-69 >4.0; 70-79 >5.0;
  - Refer immediately if PSA >10ng/ml in patients <80 years of age.
  - Refer patients over 80 years, if PSA >20

- In men with significant co-morbidities, performance status >3 or life expectancy <10 years, involve patient & family/carers and/or a specialist in discussion for the appropriateness of referral (patients best interest) \*\* (See guidelines)
- Clinical or Radiological suspicion of Bone Metastases

## **KIDNEY & BLADDER**

- 45 yrs with unexplained visible haematuria without urinary tract infection.
- 45 yrs with unexplained visible haematuria that persists or recurs after UTI.
- 60 yrs with unexplained non-visible haematuria AND either dysuria or an elevated WBC on FBC.
- Clinical or radiological (US/CT scan) renal or bladder lesion suspicious of.

**Consider non-urgent referral for patients with non-visible haematuria > 60 yrs. old with recurrent or persistent UTI/Pyuria**

## **TESTIS**

- A solid mass within the body of the testis.
- Non-painful enlargement or change in shape/texture of the testis.

## **Penis**

- Penile mass or ulcerated lesion where a sexually transmitted infection has been excluded as a cause.
- Persistent penile lesion after treatment for a sexually transmitted infection has been completed.

**Consider 2 week wait referral for penile cancer in men with unexplained or persistent symptoms affecting the foreskin or glans penis.**

## INVESTIGATIONS REQUIRED FOR REFERRAL

### Suspected Prostate Cancer PSA (Serial values if available)

	PSA ng/ml	Date
1.		/ /
2.		/ /
3.		/ /

Date:

MSU:

U+E:

eGFR:

FBC:

### Guidance Notes

#### PROSTATE

- At the discretion of the referrer, two PSA tests may be obtained 4-6 weeks apart (PSA elevated but <10ng/ml & Normal DRE) If PSA still >age adjusted value or increasing, refer immediately<sup>⌘</sup>.
- If patient has a UTI & high PSA, repeat PSA 4-6 weeks after treating the patient. If PSA still above age specific limit, refer as 2WW suspected cancer.
- If initial PSA result is >10, and no UTI, an immediate urgent referral should be made in patients <80 years of age with good performance status.
- For raised or rising age-specific PSA in men with significant co-morbidities, performance status >3 or life expectancy <10 years, consider discussion with patient/family/carers and/or a specialist before urgent referral.
- Clinically malignant (Firm, hard, nodular or craggy) prostate on DRE - PSA should be measured but do not await result prior to referral.
- Patient with clinical or radiological suspicion of bony metastases of Prostatic cancer should be referred immediately as 2WW.

*Black men and those with a family history of prostate or breast cancer are at greater risk of developing prostate cancer.*

For further information on prostate cancer, please consult the [NICE guidelines](#) and/or the [Prostate Cancer Risk Management Programme](#). For CPD credits, consider the [BMJ learning module](#) on prostate cancer.

## **KIDNEY & BLADDER**

Initial investigations for a patient with s-NVH (symptomatic Non-Visible Haematuria) and persistent a-NVH (asymptomatic Non-Visible Haematuria)

- Exclude UTI and/or other transient cause.
- Check Serum Creatinine & eGFR.
- Check for proteinuria on a random sample. Send urine for protein:creatinine ratio (PCR) or albumin:creatinine ratio (ACR) on a random sample (according to local practice).
- N.B. 24 hour urine collections for protein are rarely required. An approximation to the 24 hour urine protein or albumin excretion (in mg) is obtained by multiplying the ratio (in mg/mmol) x10.
- Check Blood pressure
- In male or female patients with symptoms suggestive of a UTI and Visible Haematuria (VH), diagnose and treat the infection before considering referral. If infection is not confirmed, refer urgently.

For further information, please consult the [Joint Consensus Statement on the Initial Assessment of Haematuria](#) (Prepared on behalf of the Renal Association and British Association of Urological Surgeons. July 2008)

## **TESTIS**

- Swellings in the body of the testis- if unsure arrange an URGENT scrotal U/S and refer to 2WW clinic.

## **PENIS**

Symptoms or signs of penile cancer, including progressive ulceration or a mass in the glans or prepuce or involving the skin of the penile shaft.