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## Children's Speech and Language Therapy Stammering

**\*\*\*Early identification and intervention is best**

**\*\*\* Refer *any stammering* to speech and language therapy as early as possible**

[www.barnsleyspeechtherapy.co.uk](http://www.barnsleyspeechtherapy.co.uk)  
(for referral forms and advice sheets)

### Stammering is:

- Repeating words/parts of words/sounds e.g l l l l l want.... Or d d d dog
- Stretching out sounds e.g. ssssssausage
- Getting stuck and no sound coming out

### There may also be:

- Facial/ bodily tension
- Extra movements (e.g. blinking/ nods/ other body movements)
- Avoidance of words or situations (with or without noticeable stammering)

If you would like someone to provide a short training session about stammering or any other aspect of speech and language, please contact:

[janetwhiting@nhs.net](mailto:janetwhiting@nhs.net) or [deborah.newman@nhs.net](mailto:deborah.newman@nhs.net)