



**Falls and
Bone Health
Service
BBDU**

**Presented by:
BBDU Falls and Bone Health Service**

Falls and Bone Health Service

BBDU



The Service

- Medical Lead
- Rapid Access Clinic
- Falls Co-ordinator
- Domiciliary Physiotherapy
- Falls Admin support
- Osteoporosis Nurse Specialist

Integrated Service providing Falls Screening, Assessment and Interventions across both physical and mental health services for both in-patients and individuals living in the community in Barnsley



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Falls and Bone Health Service, BBDU

Falls Service

Key drivers:

- NICE Guidelines CG161 and NICE standards
- DH Care Package for Older People
- National Patient Safety Agency Reports

Bone Health

Key Drivers

- NICE CG146
Osteoporosis: fragility fracture risk-
osteoporosis:
assessing the risk of
fragility fracture
- Risk assessment tool –
FRAX and Qfracture
- NICE TAG 161/162

Falls Service

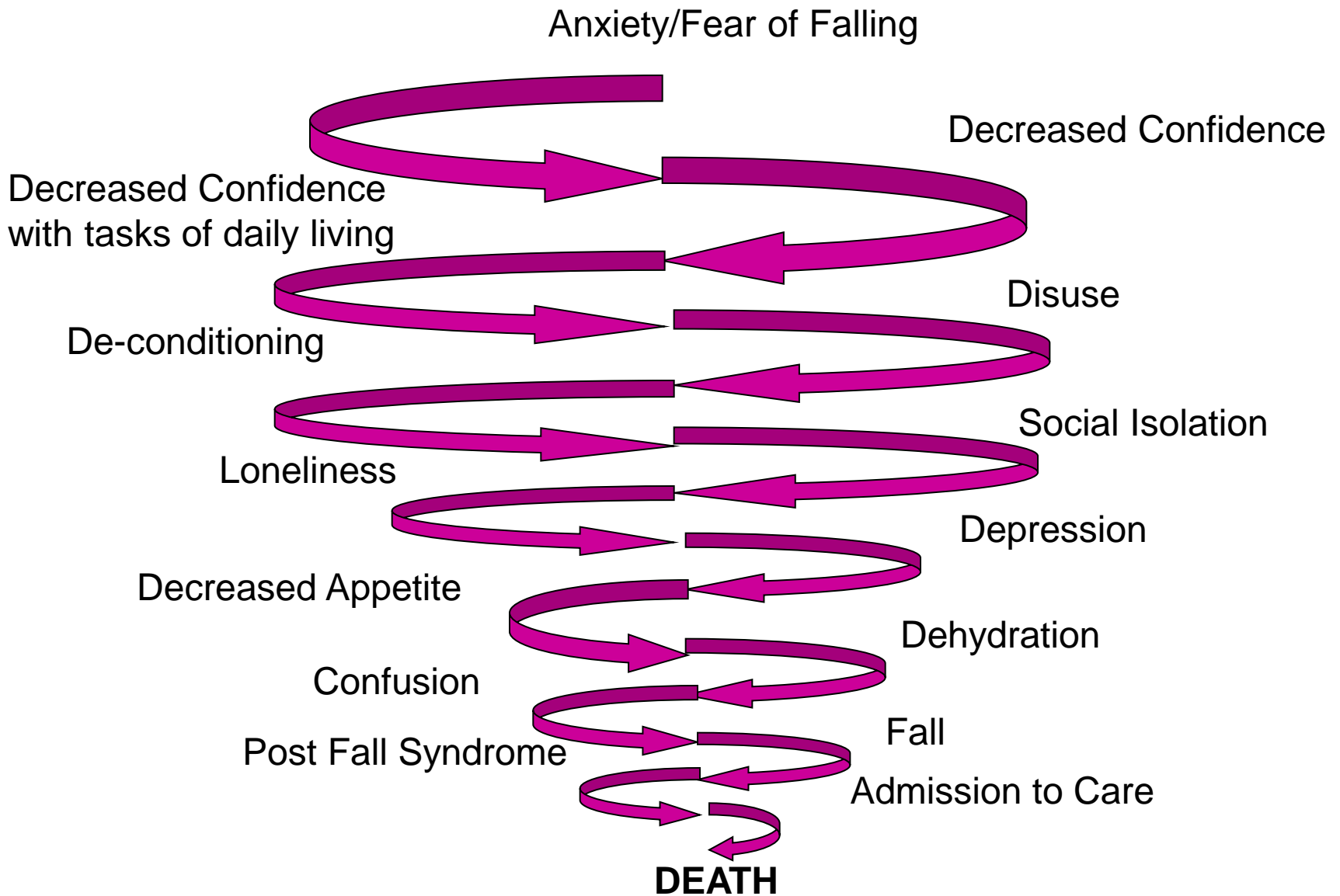
1. Acute Falls Service – YAS/Rapid Response/NNS/ILAH → First Aid Check
2. Active case finding and identification for early intervention for fall prevention
3. Caseload of current fallers and those at risk of falls

Low risk patients - general assessment → targeted intervention and advice

High risk patients, full multi-factorial falls assessment (including bone health)



Spiral of Decline



So What does BEST PRACTICE look like?

- Proactive identification, assessment and treatment of people at risk or are known fallers
- Assessment process – right time, right place, right professional with the correct knowledge and skills
- Root cause analysis and shared learning.
- Education/Advice



Repetitive Fallers

- Care planning
- Special measures
- Discuss with family, GP and other health professionals
- Best interest meeting/planning



Referral Options –Mobility Clinic

**Is your mobility & balance deteriorating?
Do you need a Walking Stick or Elbow Crutch?
Come along to our**



“Drop In”

**Mobility Assessment Clinic
Every Wednesday**

Between 9.30 and 12 noon

At

New Street Health Centre

Upper New Street

Barnsley

S70 1 LP

Telephone

01226 433391



This is a clinic where you will be assessed, and if appropriate equipment will be issued and advice given. A falls screening will also be completed.

BBDU Referral Options For GPs

- Rapid Access Clinic – tel: 644377/644376 via fax
or email: r.access@nhs.net
- Falls with balance and gait issues – Domiciliary
Physiotherapy Service, [Tel:644559](tel:644559) or email [swy-
tr.BarnsleyDomPhysio@nhs.net](mailto:swy-tr.BarnsleyDomPhysio@nhs.net)
- Neighbourhood Nursing Services – Communications
Tel: 644575, Fax 01226 382594 or e-referral SystemOne
- Falls Co-ordinator – all enquiries 644561

Dr.Jha's presentation

Bone Health

DXA Scanning Service

Education and Advice

Advice and DXA reports to GPs
Patient Leaflets, information and advice
Patient education events
Work with National Osteoporosis Society



DXA Scan Referrals

- Choose and Book
- Paper referrals - email
swy-tr.fallsandosteoporosis.bbdu@nhs.net

