

ADHD screening Questions for referral to CAMHS :

- The below questions is proposed to aid GP colleagues to obtain the required information in their 10 minutes consultation slot with patients for referral to CAMHS, hence they are not comprehensive list of questions. Please add any extreme problems/ behaviour of the young person, as well as details of the interventions been employed by parents / school to help the young person, and an indication of the success of these.
 - Parents sometimes give a very detailed history about the problem behaviour, having these questions in mind would help clinicians to focus on ADHD symptoms.
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- When did you become concerned about your child behaviour? (the symptoms must be present before age of 7 based on ICD10 Criteria)
- Has school raised any concern? (symptoms should be present in at least two different settings e.g. home, and school)

Inattention:

- Is your child an organized child? i.e. Does he get dressed for school himself or needs constant prompting?
- Can he/she follow through on instruction .e.g. put a clean shirt on, and get me your planner
- How long does it take your child to finish homework?
- Does your child appear distracted, when someone speaks to him/her?

Hyperactivity:

- Does your child leave seat in classroom (or) other situations where he/she is expected to remain seated e.g. meal time at home or at restaurant?
- Does he/she exhibit persistent patterns of motor activity?

Impulsivity:

- Does he/she often talk excessively without appropriate response to social constraints?
- Does your child fail to wait turns in games (or) group situations?

To be diagnosed with ADHD, the child must also have:

- been displaying symptoms continuously for at least six months
- started to show symptoms before the age of 7
- been showing symptoms in at least two different settings – for example, at home and at school, to rule out the possibility that the behavior is just a reaction to certain teachers or parental control
- symptoms that make their lives considerably more difficult on a social, academic or occupational level
- symptoms that aren't just part of a developmental disorder or difficult phase, and aren't better accounted for by another condition

References:

- ICD-10 Classification of Mental and behavioural Disorders
- NHS choices, <http://www.nhs.uk/Conditions/Attention-deficit-hyperactivity-disorder/Pages/Diagnosis.aspx>

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