



Service Update

Practice Nurse BEST

July 26



www.spectrum-cic.org.uk

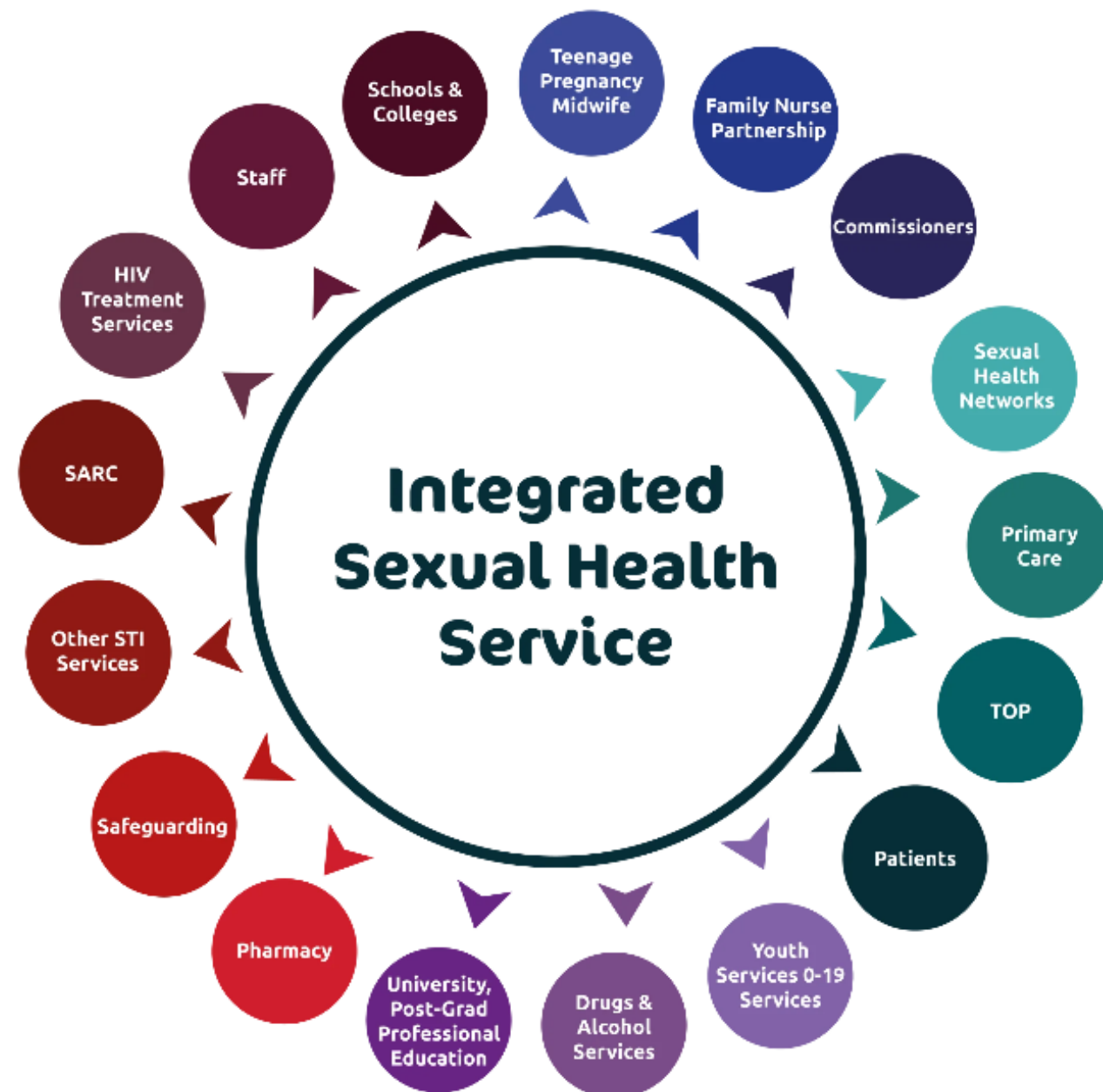
pr@spectrum-cic.nhs.uk

Spectrum CIC



- CIC = Community Interest Company. Not-for-Profit Social Enterprise
- Commissioned by BMBC
- Aligned to NHS (AfC/Pension etc)
- Consists of
 - 2x Sexual Health (BISH/WISH)
 - Substance Misuse / Psychological therapies
 - Health and Justice Health care x15
 - Primary care
- Making a difference for vulnerable people / tackling inequalities in health
- Specialist teams with years of NHS experience in challenging and complex environments
- Regulated by CQC





Spectrum Team

Consists of 30 staff:

- Admin/Reception
- HCSW
- Nurses (band 5, band 6 CNS, HA team)
- Specialist Drs
- Consultants
- RSE team
- And me!



Where

Gateway Plaza, Sackville Street.
By Lamproom Theatre
Out of Barnsley town centre but close enough too
Not in NHS building/department
Discreet but easily accessible
Car parking (recently more difficult)

Clinics



- Telemedicine/triage
- Face 2 face Non urgent/Urgent/LARC/Complex care
- Walk-in : Young Person's clinics, drop off, Test no Talk
- Postal/online offer

Statistics

- Approx 1500 patients a month
- Approx 70 LARC outreach appts a month
- CT approx. 40-50 cases a month
- GC approx. 10-20 cases a month
- Avg STS 3-4 cases a month
- Cytology approx. 20 a month

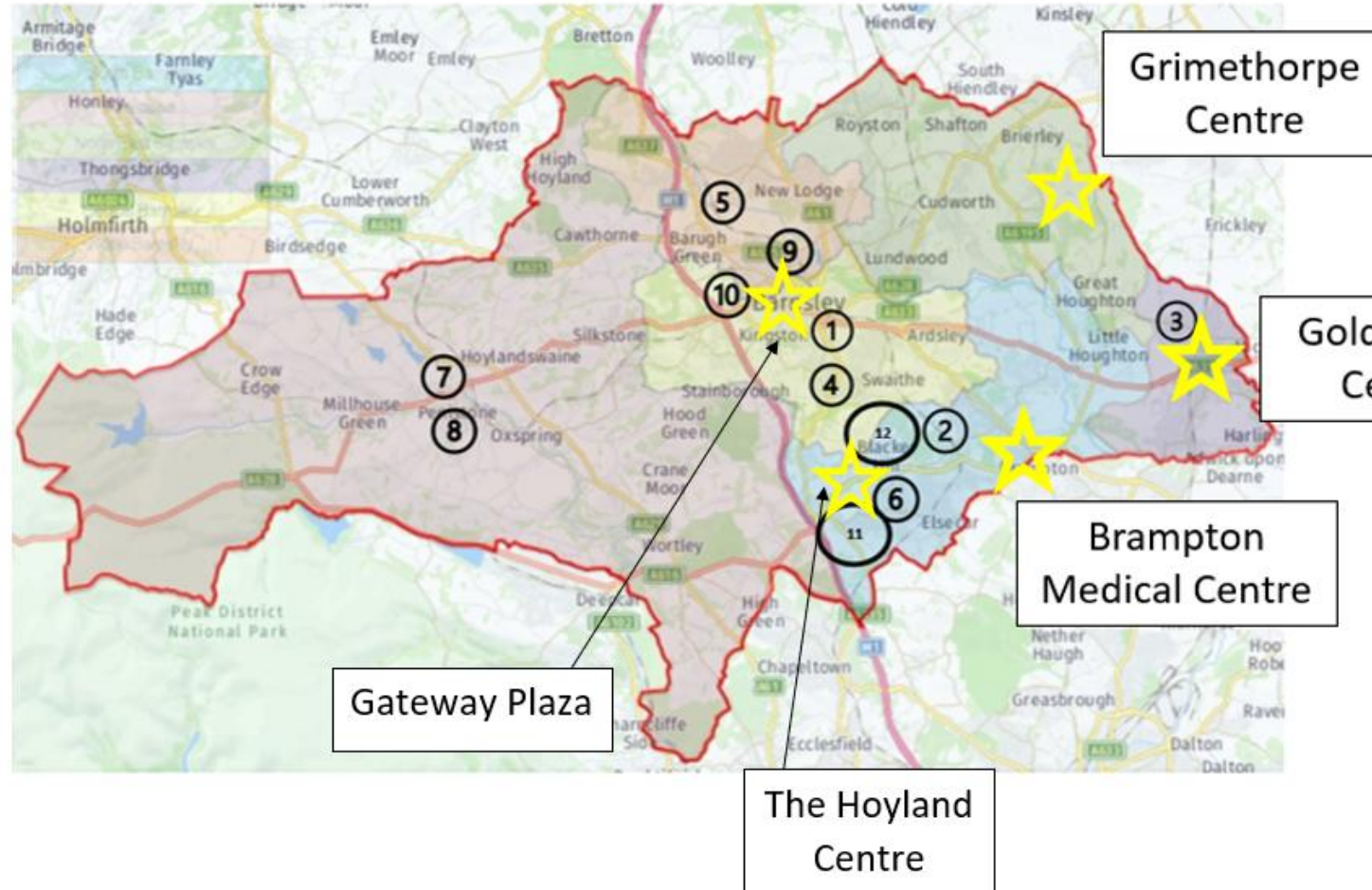
LARC Outreach Service

Geographical Outreach Areas

- GP Practices contracted within Barnsley delivering LARC
- 5 Additional Regular Outreach Clinics
 - Areas of reduced LARC provision geographically
 - Public Health Fingertips and Ward Profiles as indicators of inequalities e.g. teenage pregnancy, life expectancy



LARC Outreach Clinics



When



- Opening times

- Mon 0815-1930
- Tues 0815-1930
- Wed 1500-2000
- Thu 0815-1930
- Fri 0815-1600
- Sat 0900-1200

YP drop in	Mon & Wed 1500-1730
TnT	Mon/Tue/Thu/Fri 10-1200 Wed 1700-1930
Telemedicine & Triage	Mon-Fri 0815-12 End of day triage
F2F clinics	all day (1500 start on a Wed)
Sat (fortnightly)	Pre booked Appt (Tier2 provision)

Service provision

Commissioned by BMBC to provide :

across 4 contracts: ISH, LARC, HIV, Outreach

- STI testing/screening (CT/GC/HIV/STS/Hep ABC)
- Results management
- Symptomatic treatment CT/GC/STS/HSV/PID
- Contact tracing/treatment and compliance (HA team)
- Ongoing & FU care : Genital warts (Cryo/curettage)
- Vaccination (HPV, Hep A&B)
- HIV care
- PReP (TDF/FDC)
- PEP(SE)
- Contraception LARC/oral/depo/patch/ring
- Emergency contraception (oral and IUT)
- Opportunistic Cytology
- TOP counselling and referral
- RSE
- Prevention and Outreach

New to service (for High Risk Groups)

Doxy PEP

200mg ASAP post SI (upto 72hrs)

Reduction in STS and CT

CAB PrEP

Injectable PrEP (2monthly) Cabotegravir

Reduction in HIV acquisition. If oral medication is not acceptable – needs MDT approval.

TAF PrEP

(Descovy TAF/FTC) PrEP – complex PrEP cases if PrEP not acceptable (e.g. underlying kidney or bone issues)

Mpox vaccination (smallpox) 0+28days

Men B vaccination for GC 4CMenB 0+28days

What Spectrum does not do

Not commissioned as part of our service



- HMB
- HRT
- Implant/IUT for above
- Over 25s continuing contraception
- Routine recall cytology
- Dermatology
- Occupational needlestick injury
- Anything not sexual health/contraception related

Patient Journey

- Patient initial contact to clinic
- Phone or online. Ascertain need for service
- Triage/prioritise time and clinical input needed.
 - **Prioritisation of Young and/or Vulnerable people.**

Full sexual health history:

- Demographics
- Nature of complaint
- Partners
- PMH
- Medication
- Allergies
- Contraception
- Obstetric history
- Drug/Alcohol use
- Spotting the signs <18s



Examination

Plan of care

Follow up

Offer STI screening (CT/GC/HIV/STS) Opt out approach.



Medication

- Stock onsite (hold small number of generic SH treatments)
 - E.g. Aciclovir, Doxycycline, Metronidazole, Imiquimod, Ceftriaxone, PrEP, SH related vaccines, Clotrimazole (although candida not an STI)!
 - E.g. Cerelle, Nexplanon, Depo-Provera, etc

or

- FP10 as FS (Free supply for STI treatment)

safeguarding



As a result of the nature of our assessment we discover many safeguarding concerns

- Spotting the Signs
- Fraser competencies for under 16's
- Departmental SG advice
- Organisational SG dept
- LA Safeguarding team
- BMBC Social Care Team including MASH/MARAC
- IDAS
- Police

Robust communication, documentation, collaboration, evaluation, coordination.

- Allows for 'emerging patterns' and concerning situations to be discovered and dealt with. E.g. Trafficking, cuckooing/exploitation, CSE (RESPECT programme).

Evaluation



- KPIs – quarterly review
- Audits - recent: drug use additional data/IPC updates for CQC readiness
- Review meetings: commissioners, stakeholders (e.g.GP), TPP, MesMac
- Quality measures – datix incident management, Clinical effectiveness, Datix, Supervision (clinical/safeguarding)



Thanks for listening.

Inbox:

schcic.bishadmin@nhs.net

Website :

[Barnsley clinic -
Spectrum Sexual Health](http://Barnsley clinic - Spectrum Sexual Health)

spectrum-cic.org.uk

