



**Barnsley
Carers
Service**

Carers Support Agency Information Sheet


February 2025

This information has been organised by Barnsley Carers Service and contains general advice only. The inclusion of named websites, services or products does not constitute a reference or endorsement by Barnsley Carers Service. Barnsley Carers Service is delivered by Cloverleaf Advocacy on behalf of Barnsley Metropolitan Borough Council. This list is not exhaustive.

Adult Social Care – Barnsley Metropolitan Borough Council

In Barnsley, we should all have the best possible chance of enjoying life in good physical and mental health. Our adult social care services play such a vital role in ensuring local people experience high-quality care and support when they need it. We all want to live in the place we call home, with the people and things we love, in communities where we look out for one another, doing things that matter to us - #socialcarefuture.

Our priority is to help people in Barnsley to access all the care and support they need, at the right time and in the right place. We'll support you to tell us the things that are important to you, and work with you to find services and groups that will help you achieve your goals.

 01226 773 300  <https://www.barnsley.gov.uk/services/adult-social-care/>

Age UK Barnsley

We offer a comprehensive range of services to older people across the Barnsley borough, including:

- One-to-one support
- Activity groups and classes
- Affordable shopping support
- Handyperson service
- Gardening service
- Foot care, hairdressing, massage, and nail treatments
- Day activity and care to address social isolation

Additionally, our free Information & Advice service provides valuable information on keeping warm and well, accessing care, older persons' benefits, benefits checks, and much more. During winter, we offer a free Warm Homes Advisor service, including the fitting of insulation items, partly funded by BMBC through Household Support Grants.

 01226 776 820  enquiries@ageukbarnsley.org.uk



Alzheimer's Society

Our dementia support service is here to give you personalised help and advice face to face or over the phone. Depending on your needs, we can offer you information and signposting or ongoing support regardless of whether you are worried about your memory, have a diagnosis of dementia or are a carer, family or friend. Our expert team will listen, answer your questions, and connect you to the support you need.

 0333 150 3456  <https://www.alzheimers.org.uk/find-support-near-you>



Andy Man's Club

At ANDYSMANCLUB, we want to eliminate the stigma surrounding mental health and create a judgment-free, confidential space where men can be open about the storms in their lives. We aim to achieve this through weekly, free-to-attend peer-to-peer support groups for men aged over 18. There are two groups in Barnsley – The Light box in town and The sports academy on Honeywell Lane.

 info@andysmanclub.co.uk  <https://andysmanclub.co.uk/find-your-nearest-group>



Assistive Living Technology

Assistive living technology helps you to live independently in your own home. Knowing help is always available can put your mind at ease, as well as making you feel safe. A telecare alarm is a pendant that you can wear on your wrist, around your neck, or just keep close to you. If you need help you can push the button on your pendant and this will put you through to our 24-hour monitoring centre. When your alarm goes off we'll call to check what's wrong and find out the support you need.

 01226 775 671  <https://www.barnsley.gov.uk/services/adult-social-care/getting-adult-social-care-help-early/assistive-living-technology-telecare/>

Barnardo's Young Carers

We give young carers extra support to make sure their caring role don't stop them from learning. Making sure they stay healthy and enjoy their childhood. We have a Young Carers Service, provided by Barnardo's, who are based at Priory Campus. They work directly with children and young people who have a caring role in their family. By providing the right help, Barnardo's make sure that the young person doesn't become responsible for inappropriate caring roles. Barnardo's works with young carers across the Barnsley area, offering advice, advocacy, and support.

 01226 770 619  <https://www.barnardos.org.uk/get-support/services/priory-family-centre-young-carers-sibling-support-service>

Barnsley Baptist Church – MS Society support group

We're here to support you and your loved ones to live well with MS.

Whether you have MS, or care about someone who does, join our group to connect with other people from the community and share experiences. We don't want anyone to face MS alone. From information on local services to opportunities to meet others in the area and more, our group is part of a large network of MS Society groups across the UK .

 sean.quinn@groups.mssociety.org.uk  <https://www.livewellbarnsley.co.uk/directory/barnsley-baptist-church-ms-society-social-group/>

Barnsley Borough of Sanctuary

Barnsley Borough City of Sanctuary exists to make Barnsley a safe place to be for those fleeing war and persecution. It is part of a national movement to build a culture of welcome for people seeking sanctuary in the UK. We support people:

- Seeking sanctuary
- Promote wider understandings of asylum and refugee issues
- Build support for campaigns which aim to make a difference to the lives of people seeking sanctuary.

Monthly meetings are open to all. Our open steering group meets on the first Wednesday of the month at 5pm usually at Barnsley Town Hall.

 info@barnsley.cityofsanctuary.org

Barnsley Carers Service – Cloverleaf Advocacy

Barnsley Carers Service is a free service for unpaid carers over the age of 18 years. We work closely with a wide range of professional health and care services, Barnsley Council, charities, and community groups to provide support, advice and training designed to improve the quality of life and wellbeing of local carers.

 01226 288 772  <https://barnsleycarers.co.uk/>

Barnsley Carers Forum – Barnsley Carers Service

The Barnsley Carers Forum is on hand to offer support and record all minutes and actions. A representative from the Council also attends. The forum is run and led by carers who set the agenda for each meeting. Barnsley Carers Service are on hand to offer support and minute the minutes and actions and a representative from the Council also attends. All carers are invited to attend to provide feedback on their experiences and help to shape the future of carers services. The group meets on the third Monday of every month from 12 pm – 2 pm at Shaw Lane Sports Club, Shaw Lane, Barnsley, S70 6HZ.

Barnsley Hospice

Barnsley Hospice provides specialist palliative care for patients with cancer and other life threatening illnesses. They work closely with GPs and staff from Barnsley Hospital to provide continuity of care for patients. Hospice staff include doctors, nurses, therapists and social workers.

They offer patients support to manage their symptoms and pain, as well as their psychological and social wellbeing. They also run a day hospice service from Monday to Friday.

Admission is arranged through your doctor or hospital consultant. Some private nursing homes also specialise in the care of terminally ill patients. Your doctor or hospital consultant should be able to give you information about them.



01226 244 244



enquires@barnsleyhospice.org



Barnsley Hospice, 104 -106
Church Street, Gawber,
Barnsley, S75 2RL.

Barnsley Hospice Bereavement Counselling

Barnsley Hospice Bereavement Counselling offers a Counselling service that provides support to patients and/or their families who are having difficult feelings and emotions. These might be related to an illness or the death of someone close to them. The hospice also provide a safe and private space for one to one counselling and support for adults, children and young people.



01226 244 244



enquires@barnsleyhospice.org

Barnsley Hospital – NHS

We provide a range of services to the local community and surrounding area. These include accident and emergency services, outpatient clinics, inpatient services, and maternity and children's services. We also provide a number of specialised services, including cancer and surgical services, in conjunction with Sheffield Teaching Hospitals.



01226 730 000



<https://www.barnsleyhospital.nhs.uk/>

Barnsley MIND

Barnsley Mind is an independent local provider of high-quality mental health services in Rotherham, Barnsley and its surrounding areas. We offer a variety of services including one-to-one counselling, group sessions, support for young people, training and services for employers. We aim to empower individuals to start on the pathway to recovery, and that their condition should never define the person. Consequently, our recovery model encompasses every aspect of our clients' lives: Personal, Social and Professional to achieve outcomes that will progress individuals towards recovery, social inclusion and integration in mainstream activity such as learning, volunteering or employment.



01226 211 188



<https://www.rbmind.co.uk/>

Barnsley Recovery and Wellbeing College

Barnsley Recovery and Wellbeing College takes an educational rather than a clinical approach towards improving Mental Health and Wellbeing. We are open to anyone aged 18+, who are interested in acquiring more choice and control over their health and life. We help people to do this, by offering a range of Free Courses and Workshops that aim to improve people's self-management skills and wellbeing through learning.

We even have a gym on site! All our courses, workshops and activities have been co-designed and co-delivered with people who have lived and learnt experience of physical and mental health problems.

 01226 730 433  Barnsley.Recoverycollege@swyt.nhs.uk

Barnsley Recovery Steps – Human Kind

We provide free and confidential support if you would like to make changes to your drug or alcohol use in Barnsley. Our vision is for people of all ages to be safe, building ambitions for the future and reaching towards their full potential. Humankind creates services and support to meet people's complex health and social needs, helping them to build healthier lives that have meaning and value for themselves and their families.

We support local people to create stronger, better-connected communities. Humankind offers services covering drugs and alcohol, clinical services, housing related support, housing, employment, training and education, health and well-being, children, young people and families, women, criminal justice and community and offender rehabilitation.

 01226 779 066  brs.referrals@humankindcharity.org.uk

Barnsley Stroke Recovery Service

Our Stroke Recovery Service will work with you to identify your personal support needs and priorities. A coordinator will contact you to organise a phone call and/or home visit to find out how you're managing with daily activities, and any additional support you may require. Our service can offer you opportunities to rebuild confidence and independence, and help you to rebuild your life after stroke.

 07540 518 025  donna.stringer@stroke.org.uk

Beacon South Yorkshire Carer Support

Beacon South Yorkshire provides a range of services for family and friends who care for their loved ones. Our services are designed to support carers supporting people with substance misuse, disabilities, mental health, dementia, or who are elderly.

 01226 814 012  <https://www.beaconsy.org.uk/>

Berneslai Homes Tenant Support

We support tenants and work together to create thriving communities.
We support tenants with:

- Managing the waiting list and letting vacant homes
- Collecting rent
- Repairs, maintenance, and improvements in homes and on estates
- Supporting tenants to manage their tenancies
- Supporting tenants with money issues, jobs, training, and skills, and much more
- Keeping our estates clean and tidy and dealing with anti-social behaviour (ASB)
- Engaging with and listening to customers and communities
- Working with Barnsley Council to build and acquire new homes

 01226 787 878  <https://www.berneslaihomes.co.uk/support-for-tenants/>


BIADS

We are a charitable organisation formed to provide support for those who have any form of dementia and their families and friends. Our services cover the Barnsley Metropolitan area. Our mission is to enable our members to live well with dementia in the community.

 01226 280 057  <https://biads.org.uk/>



CAMHS – NHS

We are the NHS service that offers support and treatment for children and young people, aged up to 18 years old, who are experiencing difficulties with their mental health and wellbeing.

 01226 644 801

Carers Allowance

If you care for someone at least 35 hours per week you could be entitled to Carer's Allowance. Only one person can claim carer's allowance for the same person. The person receiving care must be in receipt of certain benefits and it may affect other benefits. To apply or find out more contact:

 0800 731 0297  0800 731 0317 (text phone)

 <https://www.gov.uk/carers-allowance>

Carers UK

Our mission is to make life better for carers. We provide information and advice on caring, help carers connect with each other, campaign with carers for lasting change, and use innovation to improve services.

 020 73784999  <https://www.carersuk.org/>

Care2Care Dementia wellbeing centre

Dementia Wellbeing Day Care is a day care service with a range of facilities and services relevant to the needs of people with dementia and early onset dementia. It is designed to provide a friendly place for people with dementia to socialise and take part in a planned programme of social activities to provide entertainment, stimulation and aid rehabilitation.

 01226 705 957  info@care2careservices.co.uk

Children's Disability Team

The children's community learning disability nursing team is based within the disabled children's team which is provided by Barnsley Metropolitan Borough Council. We work together throughout the Barnsley borough supporting children aged 0-17 years old with a learning disability and, or autistic spectrum conditions (ASC). The team works with children, young people and their families within the family home or in the community to provide support and develop skills and knowledge.

 01226 774 050  disabledchildrensteam@barnsley.gcsx.gov.uk

Compass

Compass Be Mental Health Support Team (MHST) works with children, young people, and families in education settings in Barnsley. We provide free, confidential support, help and advice for pupils, students and schools for issues related to mental health and emotional wellbeing. Working directly across primary and secondary schools we provide group and one to one support (usually 6-8 sessions based on what is needed) for children and young people aged 5-19 with mild-to-moderate emotional and mental health.

 01904 666 371  info.barnsleymhst@compass-uk.org

Citizens Advice

We provide advice and information on a wide range of issues from our town centre premises and also at a range of other locations throughout the borough. Our service is free, confidential, independent and impartial. We will listen to your problem, explain all the options available to you and, where appropriate, support you with the course of action you decide to take. We will not judge you or tell you what you should do. We value diversity, promote equality and challenge discrimination in all that we do. We respond to an individual's needs without regard to their age, gender, sexual orientation, disability, race or religion.

 0800 144 88 48  <https://barnsleycab.org.uk/>

Department for Work and Pensions – Jobcentre Plus

Support for people with health conditions and disabilities in moving towards work.

 www.gov.uk/contact-jobcentre-plus

DIAL



DIAL is a local charity supporting disabled people, their families and carers in Barnsley. We provide free, confidential information, advice and support to enable local people to achieve their aspirations and live independent lives. Our team are down to earth and non-judgemental and we strive to achieve our vision for a world that is truly inclusive.

 01226 240 273  <https://dialbarnsley.org.uk/>

Direct Payments – Barnsley Metropolitan Borough Council


If you have been assessed and qualify for help from us to arrange and pay for your care services, we'll tell you how much money you're entitled to. Direct payments are a budget the council gives you that cover for some or all of the costs of your social care needs. With direct payments you have the freedom to arrange your own care and support – like hiring an assistant or buying equipment. They won't affect your benefits.

For help and support with direct budgets or requesting a care and support needs assessment, please contact:

 01226 773 300  <https://www.barnsley.gov.uk/services/adult-social-care/how-we-can-help-with-your-care-needs/get-a-social-care-assessment/>


Disabled Facilities Grant – Barnsley Metropolitan Borough Council

The Disabled Facilities Grant can be used to provide adaptations if you have a disability, to support independent living and help you stay in your own home. Adaptations can include things such as stair lifts, ramps and showers. It doesn't cover decorative work.

 01226 775 800

Hammerton's Funeral Directors Bereavement Support Café

The Bereavement Cafe offers the chance to meet with others who understand the experience with loss. This is a space to talk about the pain of bereavement and find support when you need it most. The cafe runs every third Thursday of the month from 3.30pm to 5pm at Hammerton's catering suite, 217a Wakefield Road, Barnsley, S71 1NT. For more details call:

 01226 697 570

Healthwatch Barnsley

Healthwatch Barnsley is your local health and social care champion. We are here to make sure that those running services, and the local council, put your views at the heart of everyday care in Barnsley. From Penistone to Goldthorpe and everywhere in between, we make sure national health services (NHS) leaders and other decision makers hear your voice and feedback to improve care.

 01226 320 106  hello@healthwatchbarnsley.org.uk

 <https://www.healthwatchbarnsley.org.uk/>

Independent Health Complaints Advocacy

Who might need this: anyone who needs support to make a complaint about an NHS or NHS funded service. An Independent Health Complaints Advocate is specially trained to help people through the NHS complaints process. It's a statutory service which means that anyone making a complaint about the NHS has a right to advocacy support. People can have help from an advocate at any point in the complaints process.

- We help the person understand the complaints process
- Support the person to make a complaint in writing
- Keep in touch with the person about progress with their complaint
- Attend complaints meetings with the person
- Help the person understand the outcome of their complaint
- Help people take their complaint to the Ombudsman if they are not happy with the result

 0300 012 4212  NHScomplaints@cloverleaf-advocacy.co.uk

Live Well - Barnsley

Live Well Barnsley is a directory of services, groups, activities and events that contribute to the health and wellbeing of the people of Barnsley. We are updating all our entries but as services and groups begin to reopen, we advise that you contact them prior to joining:

 livewell@barnsley.gov.uk  <https://www.livewellbarnsley.co.uk/>


Local Offer SEND – Barnsley Metropolitan Borough Council / Department for Education

Where families have access to the right information at the right time, allowing them to make informed choices about the SEND services and support they receive.

The website provides information about local support services, education and things to do but it's not just a list or a phone book - it's a joint effort to make sure families have access to the right services at the right time, wherever they are on their SEND journey.


Think of the Local Offer as more than just a website; it's a network of education, health and support services working together for the best outcomes for children and young people with SEND in Barnsley

 0800 0345 340  infofis@barnsley.gov.uk

 https://barnsley.cloud.servelec-synergy.com/Synergy/Local_Offer/

Macmillan Cancer Support

Macmillan Cancer Support is a specialist palliative care team of nurses, physiotherapists, occupational therapists, dieticians and social workers. They work closely with Barnsley Hospice and Barnsley Hospital specialist palliative care teams. They also work with other health care professionals to support people, and their families, who have complex, difficult to manage symptoms. Your doctor or other health care professionals can refer you to this service.

 0808 808 00 00

More Money in Your Pocket - Cost of Living Support – Barnsley Metropolitan Borough Council

If you are worried about money and it is affecting your everyday life, there are a range of support services who can help. To find out more about this service, please visit our More Money in Your Pocket webpage.

 <https://www.barnsley.gov.uk/services/advice-benefits-and-council-tax/financial-support-for-households/>

Mental Health Matters

The Barnsley Support Hub offers free mental health support in a welcoming, comfortable, non-judgmental, and non-clinical environment. Our experienced staff team is available to provide emotional, social and practical support if you are in crisis or feel you are heading toward a crisis situation. You can come just for a chat, or to access one-to-one emotional support from trained mental health professionals. We also offer help in creating staying well and crisis plans, and support visitors to access other services and organisations that may be useful to them. This is a walk-in service – there's no need to be referred. We also offer virtual support via telephone and video call.

We work closely with GPs, Community Mental Health Teams, Crisis Teams, A&E Mental Health Liaison Teams, Police and Ambulance Services, Street Triage, and other front-line healthcare professionals to ensure that people in emotional distress have a safe, supportive place to go to, with appropriate mental health support available.

People using the Barnsley Support Hub will also be supported by our 24/7 helpline, which offers access to emotional support and information when the service is closed.

 07855 971 634  Barnsleysupporthub.mhm@nhs.net

Migration Partnership – Barnsley

The Partnership sees its primary role being to ensure sustainable collaboration, effective communication and community engagement, building resilience and enhancing strategic advocacy for migrants in Barnsley. Achieving these aims will lead to attaining our goal of helping communities not only 'bounce-back' from the pandemic but thrive beyond the pandemic. It will also enable meaningful integration and stronger communities in Barnsley.

If you would like to know more about the Migration Partnership Barnsley, please contact Fidelis Chebe, Director of Migrant Action or Joanna Sutcliffe

 fidelis@migrantaction.org.uk  joannasutcliffe@barnsley.gov.uk

Parkinsons Barnsley

Our group offers friendship and support locally to people with Parkinson's, their families and carers, contact us to find out more:

 0344 225 3634  rcrawley@parkinsons.org.uk



PALS – Patient Information and Liaison Service – NHS

The Patient Advice and Liaison Service, known as PALS, has been introduced to ensure that the NHS listens to patients, their relatives, carers and friends, and answers their questions and resolves their concerns as quickly as possible. PALS also helps the NHS to improve services by listening to what matters to patients and their loved ones and making changes, when appropriate.

 01226 432 571  bhnftcomplaints@nhs.net



Safe & Well Checks – South Yorkshire Fire & Rescue & Barnsley Council

The visits will be targeted at residents of all ages who may present a higher risk of injury and/or fatalities as a result of house fires. To ensure your home is safe and adapted to your needs to help reduce any hazards around your home.

 0114 272 7202  www.syfire.gov.uk/safe-well

SEND Parent Participation – Barnsley Metropolitan Borough Council

As parents and carers of children and young people with special educational needs and/or disabilities (SEND), you're the most important people in your child's life. By working together with us you can enhance your child's learning and development. We want to work with you and make sure you can influence our services. We want to get better at doing this so we're working with you all of the time, not just some of the time.

 01226 773 55  <https://www.barnsley.gov.uk/services/children-families-and-education/children-with-special-educational-needs-and-disabilities-send/send-parent-participation/>

SENDIASS

Barnsley SENDIASS is a statutory service provided by Barnsley Council. We give information, advice and support on SEND related issues. We work with children, young people and parents and carers of children with SEND. We're a separate service which is at arms-length from the rest of Barnsley Council. We offer free, confidential and impartial information, advice and support.

 01226 787 234  sendiass@barnsley.gov.uk

Shaw Lane Foundation

Offers monthly social groups for adults with learning disabilities from discos to café social groups. Run in partnership with Open Doors Day Service for Adults with a Learning Disability. The cafe provides a welcoming space for people to meet, take part in activities and access affordable food. Activities include, knit and natter, jigsaw swap and arts and crafts. Everyone is welcome. Shaw Lane Sports Club, Shaw Lane, S70 6HZ

 07341265319  f.hall@shawlane.com

Talking Therapies

Barnsley NHS Talking Therapies provides free, confidential support for individuals dealing with various mental health conditions. Whether you're struggling with anxiety, depression, or other common mental health issues, NHS Talking Therapies can offer guidance and support tailored to your needs.

 01226 644 900  barnsley.talkingtherapies@swyt.nhs.uk



The Good Food Partnership - Barnsley

In Barnsley we want to make sure everyone can get affordable and nutritious food. We want this to be part of a diverse, inclusive and vibrant food economy. The goal of the Good Food Barnsley Partnership is to make sure that everyone has access to the food they need to lead healthy and happy lives. Visit the website for information on sourcing good affordable food across Barnsley and access to food plans.

 <https://www.barnsley.gov.uk/services/health-and-wellbeing/healthy-living/eat-good-feel-good/>

Warm Homes Scheme – Barnsley Metropolitan Borough Council

If you're worried about paying your energy bills, or you're struggling to keep your home warm, we can help by giving you advice on making your home warmer and cheaper to run. Energy saving measures such as wall and loft insulation are offered free of charge to eligible households. You can apply online using the form or call the Warm Homes team.

 01226 773 366  [https://www.barnsley.gov.uk/services/housing/energy-at-home/make-your-home-warmer-and-cheaper-to-run/#:~:text=Free%20insulation&text=Energy%20saving%20measures%20such%20as,team%20on%20\(01226\)%20773366](https://www.barnsley.gov.uk/services/housing/energy-at-home/make-your-home-warmer-and-cheaper-to-run/#:~:text=Free%20insulation&text=Energy%20saving%20measures%20such%20as,team%20on%20(01226)%20773366)

Barnsley Carers and Loved Ones Affected by Cancer Social and Support Group

Social support group for carers and loved ones of those living with and affected by cancer, including those who have lost someone to cancer. The group is a place for people to meet.

 07380863049  amybassinder@nhs.net