



YSF Barnsley





Aims of the session

- Understand what the service offers.
- How to effectively raise the idea of stopping with your patients.
- Quickly and easily refer patients to Yorkshire Smokefree.
- SystmOne referral training.





YSF Barnsley

What we offer

- 12 weeks of support including NRT, Zyban or Vape
- Support to adults and young people.
- Face to Face, Telephone and Online support.
- Sessions across all areas of Barnsley.
- Carbon Monoxide monitoring.
- Support & Signposting for E-Cig Users.





Products...











Service Offer

What we offer

- FREE Support to adults and young people. the service can support clients from the age of 12+
- · Offering Face to Face, Telephone and Online support.
- Co recording and monitoring.



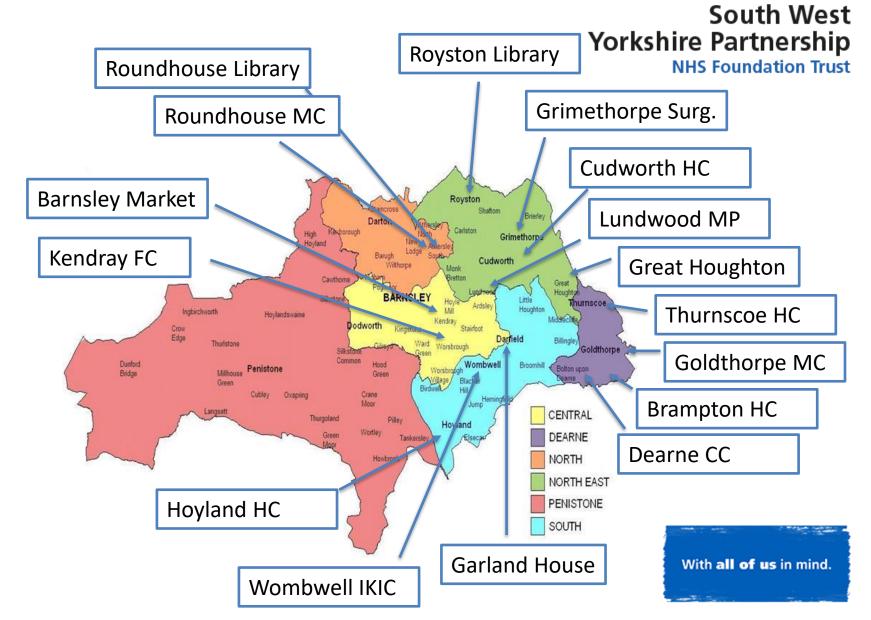






Where are we?







Vaping support

- Promote the use of a vape as a smoking cession tool only.
- Swap to stop scheme.
- Anyone vaping only signposted to the YSF website.





Very Brief Advice

With all of us in mind.



- Many smokers will need to make multiple attempts to quit before achieving longterm success and it is every health professional's responsibility to raise the subject of stopping smoking at every opportunity.
- Smokers expect to be asked about smoking as it shows a health professional's concern about their overall health.
- If health professionals fail to mention smoking at every consultation, smokers are given the impression that it is not affecting their health and are less likely to make a quit attempt.





Too many patients, not enough time?

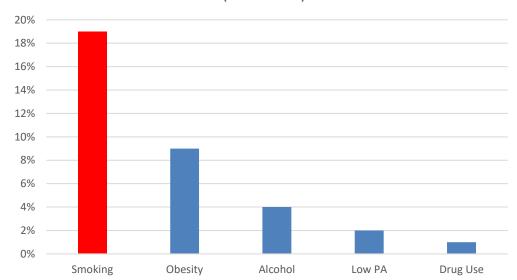


With **all of us** in mind.



Why is there a need for smoking cessation?

% of Deaths in UK caused by preventable risk factors (ASH 2019)



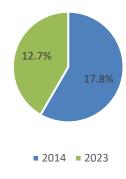


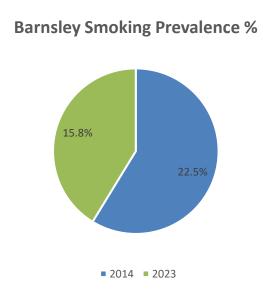


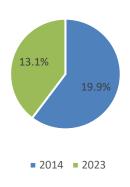
Smoking comparisons across England, Yorkshire & Humber and Barnsley

England Smoking Prevalence %

Yorkshire & Humber Smoking Prevalence %











What Works?

Offering support works



Advising people to stop, doesn't





Very Brief Advice Model (AAA) – 30 seconds can save a life!

- Ask and record smoking status: smoker/ ex-smoker/ non-smoker
- Advise patients: 'the best way to quit is with support and medication which are both available on the NHS'
- Act on patient's response: if the patient is interested refer to Yorkshire Smokefree. Or ensure they are aware of how to get support





NCSCT Very Brief Advice Training

Available at:

http://www.ncsct.co.uk/







Did you know, the time saved, if all smokers with a LTC in Barnsley had just one fewer GP appointment per year, would be around.....

2087 hours!





How to refer into service....

- Telephone 01226 644364, Opt 2.
- Complete our simple referral form and email to <u>YSFBarnsley@swyt.nhs.uk</u>. (must be sent from a secure email)
- Send a SystmOne referral to Yorkshire Smokefree
- Signpost to the client issue a YSF contact card
- Refer through the online Professional Zone.





SystmOne referral

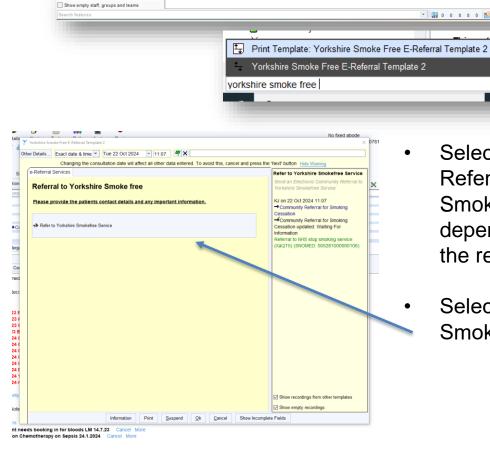
- For those on SystmOne, this is the quickest and easiest way to directly refer.
- A copy of the referral guide will also be circulated after today's event.





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 Once in the clients record on S1, using the search bar at the bottom of the screen enter 'Yorkshire Smokefree' and the following template should appear.



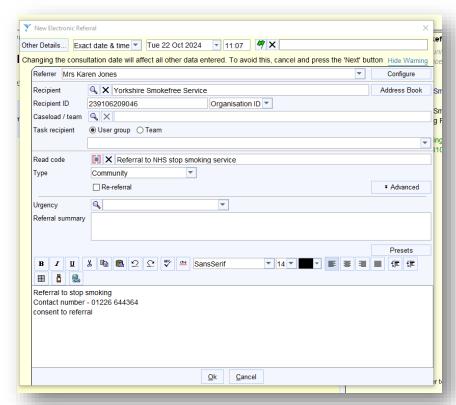
- Select 'Yorkshire Smoke Free E-Referral template' or Yorkshire Smoke-Free template 2' depending on what comes up and the referral module will appear.
 - Select 'refer to Yorkshire Smokefree Service'

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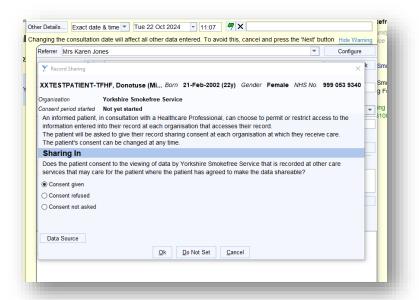
With **all of us** in mind.



- Once selected, most of the information needed for the referral is automatically populated. In
 the free text box please populate with 'referral to Stop Smoking service, consent given by the
 client for referral'. Also add any information you may think is relevant to the client. It will NOT
 let you continue without populating this box with something.
- Then select 'ok'









 Next you will have to confirm consent to share info and select 'ok'

 Once consent has been saved the following box will appear, stating a task will be sent through to the service. Select 'ok'



 Finally save the client and the referral will be sent to the Stop Smoking Service





Meet the advisors...

- Neil Carr (<u>neil.carr@swyt.nhs.uk</u>) Central
- Sarah Sverdloff (<u>Sarah.Sverdloff@swyt.nhs.uk</u>) North East
- Emma Hudson (<u>Emma.Hudson1@swyt.nhs.uk</u>) North
- Julie Howarth (<u>julie.howarth@swyt.nhs.uk</u>) Dearne
- Suzanne McDonald (<u>Suzanne.McDonald@swyt.nhs.uk</u>) South & Penistone





