



BARNSLEY

Metropolitan Borough Council

Suicide Prevention

Phil Ainsworth

Public Health Senior Practitioner

Public Health- Barnsley Council

Policy Context

Preventing suicide in England

A cross-government outcomes strategy to save lives



HM Government

Preventing suicide in England:

Third progress report of the cross-government outcomes strategy to save lives



House of Commons
Health Committee

Suicide prevention: interim report

Fourth Report of Session 2016–17



Public Health
England

Protecting and improving
the nation's health

Supported by



Local suicide prevention planning

A practice resource



October 2016

Suicide Prevention Action plan



Barnsley Suicide Prevention Action Plan

1. Reduce the risk of suicide in key high-risk groups
2. Tailor approaches to improve mental health in specific groups
3. Reduce access to the means of suicide
4. Provide better information and support to those bereaved or affected by suicide
5. Support the media in delivering sensitive approaches to suicide and suicidal behaviour
6. Support research, data collection and monitoring

Suicides in Barnsley

4.10 - Suicide rate (Persons) 2015 - 17

Directly standardised rate - per 100,000

Area	Count	Value	95% Lower CI	95% Upper CI
England	13,846	9.6	9.4	9.7
Yorkshire and the Humber region	1,475	10.4	9.9	11.0
Rotherham	107	15.9	13.1	19.3
Kingston upon Hull	95	14.1	11.4	17.3
York	74	13.4	10.5	16.9
Leeds	236	11.8	10.3	13.4
North East Lincolnshire	46	11.0	8.0	14.7
North Yorkshire	172	10.8	9.2	12.6
Doncaster	85	10.7	8.6	13.3
Barnsley	65	10.1	7.8	12.9
Wakefield	85	9.7	7.8	12.0
Kirklees	106	9.4	7.7	11.4
Calderdale	52	9.3	7.0	12.3
East Riding of Yorkshire	81	9.1	7.2	11.4
Bradford	118	9.0	7.5	10.8
North Lincolnshire	36	8.0	5.6	11.1
Sheffield	117	7.7	6.3	9.2

Source: Public Health England (based on ONS source data)

On average 22 people each year take their own life in Barnsley

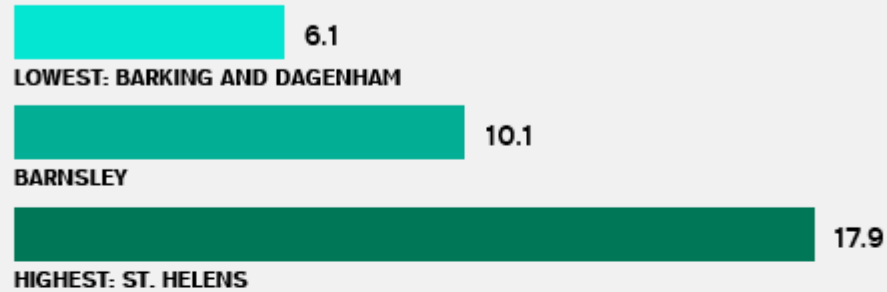
Rank

Indicator data

92nd

OUT OF 149
LOCAL AUTHORITIES

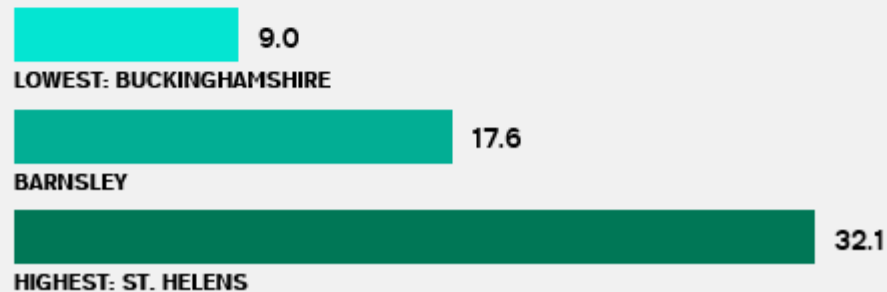
Suicide rate (Persons) (2015 - 17)



121st

OUT OF 149
LOCAL AUTHORITIES

Suicide rate (Male) (2015 - 17)



Rank

Indicator data

8th

OUT OF 124
LOCAL AUTHORITIES

Suicide rate (Female) (2015 - 17)

CONSISTENT WITH
AVERAGE

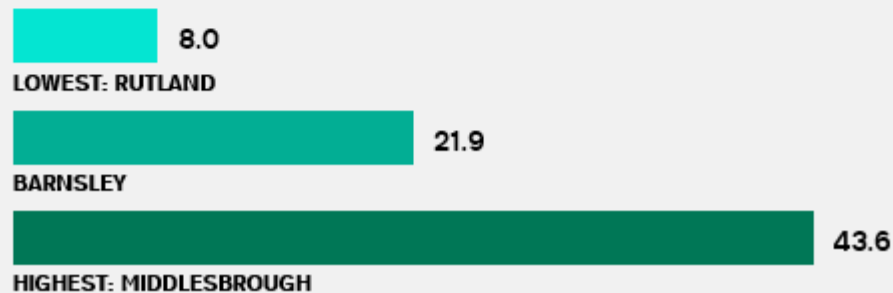


91st

OUT OF 150
LOCAL AUTHORITIES

Suicide rate men 35-64 years (2013 - 17)

CONSISTENT WITH
AVERAGE



“Every life lost represents someone's partner, child, friend or colleague, and their death will profoundly affect people in their family, workplace, club and residential neighbourhood.”

Hamish Elvidge

Bereaved parent, Chair of Matthew Elvidge Trust

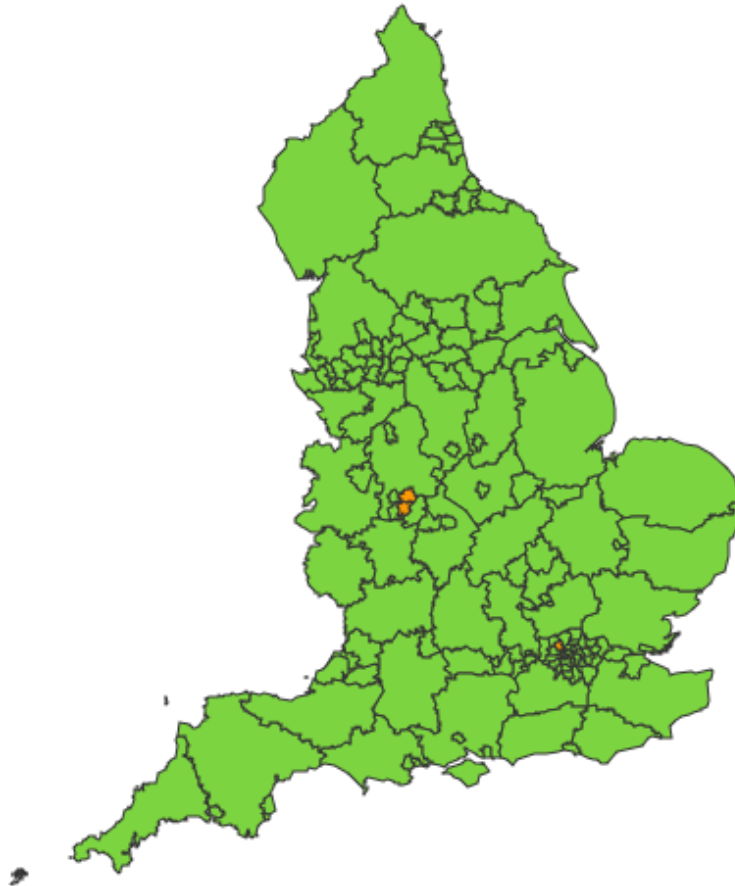
EACH DEATH BY SUICIDE IMPACTS ALL OF US.



EACH **INDIVIDUAL DEATH**
WILL AFFECT AT LEAST
20 OTHER PEOPLE.

What are we doing about it?

Councils are taking suicide prevention seriously with 98% having strategies and actions plans in place or will have in the near future.



LA's recognise that it isn't a stand alone issue and sits in with mental and physical wellness.



Collaborative working

- Successful in NHS England Funding across the ICS for £555,000 for year 1.
- The announcement from Department for Health and Social Care, Public Health England and NHS England forms part of the Government's commitment to reduce suicides in England by 10% by 2021.

**(1) Reducing
suicide and
self-harm in
mental health
services**

**(2) Reducing
self-harm in
community
and acute
services**

**(3) Suicide
prevention in
men and/or
work with
primary care**

A Tiny Feeling of Fear



- <https://www.youtube.com/watch?v=9PsQfg2pBDY>

Zero Suicide Alliance



SAVE A LIFE...
TAKE THE TRAINING

Take our **FREE** suicide prevention training >

TAKE OUR ZERO SUICIDE PREVENTION TRAINING TODAY - IT ONLY TAKES 20 MINUTES!!! >

<https://www.zerosuicidealliance.com/>

The aims of this training are to: enable people to identify when someone is presenting with suicidal thoughts/behaviour, to be able to speak out in a supportive manner, and to empower them to signpost the individual to the correct services or support.

THE HIGHLIGHTS



If you spot the signs, take a minute and save a life... Are you #AlrightPal?



0 September 201

suicide

YORKS South West Yorkshire Partnership REDS and COMMUNITY BARN



WORKING TOGETHER TO PREVENT SUICIDE



AMPARO – Suicide Liaison Service

<https://youtu.be/yA-Z2WtjsXw>



AMPARO
support following suicide

AMPARO means 'shelter' or 'safe haven' in the Spanish

Help Is At Hand

- Aimed at a wide range of people who are affected by suicide or unexplained death, not just relatives or friends, but also healthcare and other professionals who come into contact with bereaved people, to assist them in providing help and to suggest how they themselves may find support if they need it.



<https://www.nhs.uk/Livewell/Suicide/Documents/Help%20is%20at%20Hand.pdf>

Other Resources

- <https://www.samaritans.org/branches/samaritans-barnsley>
- <https://www.samaritans.org/>
- <https://www.nhs.uk/Livewell/Suicide/Documents/Help%20is%20at%20Hand.pdf>
- <http://supportaftersuicide.org.uk/>
- <https://uksobs.org/>
- <https://www.cruse.org.uk/>
- <https://www.tcf.org.uk/>
- <https://www.ifucareshare.co.uk/>
- <https://papyrus-uk.org/>
- <https://www.thecalmzone.net/>

Thank You

Phil Ainsworth – Public Health Senior Practitioner
Barnsley Council

Philainsworth@barnsley.gov.uk

01226 775195