

# Continence and Urology Service



Base: The Grimethorpe Centre, (upstairs) Acorn Way, Grimethorpe, Barnsley, S72 7NZ

# The staff and who is the nurse for your area

- Michelle Wright – Clinical Lead
- **Central** – Rebecca Cleaver
- **Dearne** – Lauren Simpson and Debbie Hollinworth
- **South** – Julie Whaling
- **North** – Emily Saxon
- **North-East** – Karen Storrs
- **Penistone** – Lisa Twigg
- **All areas** – Hollie Whaling HCA and Saphrone Lynch HCA
- Debbie, Rebecca and Emily see **paediatrics** as well as adults.

# What do we do?

- We perform continence assessments in:
- Patients own homes (if they are totally housebound and not in receipt of GP home visits)
- Clinics – nearest to the patient's home or workplace
- Residential homes
- Nursing homes
- Kendray Hospital, Mental Health wards
- Kendray Hospital, Stroke Rehabilitation Unit
- Kendray Hospital, Neurological Rehabilitation Unit



# Barnsley Continence and Urology Service based in Grimethorpe

The Continence and Urology service in Barnsley performs 60 satellite clinics per 4 weeks. These clinics are in:

Thurnscoe (Mon)	Wombwell (Tues)	New Street Clinic Paediatric (Thurs)
Apollo Court (Mon)	Oaks Park (Tues)	Darfield (Thurs)
Roundhouse (Mon)	Hoyland (Weds)	Grimethorpe (Thurs)
Cudworth (Tues)	Penistone (Weds)	Roundhouse (Fri)
		New Street Clinic (Fri)

# Who do we see?

We treat various continence and urology conditions:

- Bladders - Overactive bladder, Frequency of micturition, Urgency of micturition and urge incontinence. Nocturia, nocturnal enuresis, repeated UTIs, post micturition-dribble, ketamine bladders and bladder incontinence
- Pelvic Floors – Weak pelvic floor - stress incontinence of bladder or bowel. We perform vaginal examinations of pelvic floors.
- Prostates – Benign prostate hyperplasia, cancer of the prostate or prostatitis
- Bowels – Constipation, stress incontinence, loose stools, constipation with overflow



# Paediatrics ages 4-19

We have a strict criteria for the paediatrics that we see:

- Must have a Statement of Educational Needs/Educational Health and Care Plan (EHCP)
- Must be under the care of a Consultant Paediatrician
- Must have continence problems due to having a physical or learning disability that affects ability to become continent

**If children do not meet the criteria above contact 0-19 Service on 01226 774411 for advice and guidance**

# What is our aim for patients?

- Our overall aim is to get patients dry/continent
- Continence aids are prescribed as a last resort following a thorough assessment. Patient's can receive up to 4 pads a day and must be using more than 1 pad a day to be eligible for pads. If patients are using more than 4 pads a day, we can offer a more absorbent pad but can not provide more than 4 pads a day, unless the patient is end-of-life.
- We **do not** provide pull-ups. Anyone wanting pull ups would need to self-purchase.



# What happens after the patient is prescribed pads?

- The Continence and Urology Service orders the first delivery of pads. They receive a 12 weeks supply each time they order.
- The patient receives a letter explaining how to order the pads from NHS Home Delivery Service. They are advised in this letter that they can ring us should their continence worsen and/or have a yearly review if they wish to have one.
- NHS Home Delivery Service give the patient a Pin number so that they can ring day or night to order their pads on an automated service
- They can also ring NHS Home Delivery Service and speak to a member of staff if they wish to or if they have lost their Pin number. Freephone 0800 030 446



# What our service does not cover:-

- We do not deal with Stoma's or Nephrostomy's
- We do not order catheter equipment for patients unless it is a patient that we have just seen and we will discharge them with the correct equipment.
- Catheter equipment should be ordered by the patient themselves once their nurse has placed the initial order or the nurse who changes the catheter should order.
- We do not order patients continence aids they need to ring the NHS Home Delivery Service themselves. Pads are not received automatically.

# What we do not cover – Paediatrics

- Continence products are not issued for containment of treatable conditions eg nocturnal enuresis (bed wetting) or faecal incontinence due to constipation. If toilet trained during the day but bedwetting at night, the child can be directed to School Nursing even if they have additional needs.
- Children under 4 years not accepted by the service. Children under 4 years are directed to the 0-19 Health Visiting Service contact 01226 774411.



# Barnsley Continence and Urology Service

## **What we did to improve patient care in 2024**

In May (2024), we purchased 6 De Smit, McCube Biocon-900 bladder scanners for each of the District Nursing Neighbourhoods in Barnsley. The nurses were trained in performing a bladder scans in order that they could perform trial without catheters in community.

### **The benefits**

District Nurses are now able to suit the patient better in performing a trial without catheter quicker, and in their own home.

# Barnsley Continence and Urology Service

- The service has 3260 patients receiving our continence aids.
- We currently have 770 patients on our ongoing caseloads being seen and treated
- 307 paediatrics
- 463 adults
- We are a 0-4 weeks wait service.



# Referral Process:

- Referral into the service is via the SPA team only (Single Point of Access) by ringing 01226 644575
- There is a referral form for adults and a referral form for paediatrics which was sent out to all GPs and services when SPA took over receiving referrals which you should all be using.
- We do take referrals from health professionals or from patients/carers and families but if a health professional wants to refer, we would appreciate the correct form being completed and details of why the patient is being referred. Receiving as much information as possible will help us to treat the patient.

# Thank you for listening!

Any questions?

