

## **Fluid Volume Input/ Output Chart Interpretation**

### **Normal Values**

- Number of voids per day should be 3-8
- Number of voids per night should be 0-1
- Total volume per 24hrs should be <3 litres
- Total nocturnal urine/24 hr urine should be < 33 %
- Volume per void should be 300ml -600ml
- Frequent passage of smaller volumes is indicative of an over active bladder .
- No. of leakages should be nil.