

Amber with Guidance= To be recommended or initiated by a specialist* with follow up prescribing and monitoring by primary care clinicians.

*Specialist is defined by the APC as a clinician who has undertaken an appropriate formal qualification or recognised training programme within the described area of practice.



Camouflage cream

<p>Background Information</p>	<p>Disfigurement of the skin can be very distressing to patients and may have a marked psychological effect. With good experience and instruction in applying the products, camouflage cosmetics can be very effective in concealing scars and birthmarks and the hypopigmented patches in vitiligo (which patients can find very disfiguring).</p> <p>Opaque cover foundation or cream is used to mask skin pigment abnormalities; careful application using a combination of dark- and light-coloured cover creams set with powder helps to minimise the appearance of skin deformities.</p> <p>Skin camouflage is best described as the application of highly pigmented creams, designed to effectively mask skin discolouration and/or scarring. Skin camouflage products are matched to a patient's skin tone/colour. These products are significantly different from ordinary cosmetics.</p>
<p>BNF therapeutic class</p>	<p>Borderline substance - Cosmetic Camouflage</p>
<p>Indication</p>	<p>Scars resulting from operations, accidents, skin conditions, skin diseases, self-harm, act of violence, burns, acne, Birth marks or areas of hyperpigmentation/hypopigmentation (e.g. Vitiligo or Melasma – conditions of pigment disturbances).</p>
<p>Dosage and administration</p>	<p>There is a vast range of pre-mixed skin tones available, but if necessary two colours can be mixed together to create an acceptable skin match.</p> <p>Some products are better suited to humidity; some products give denser coverage or are considered to be longer lasting on the skin than others. A product with a more liquid consistency is preferred when covering larger areas.</p> <p>When correctly applied, the products are water resistant, allowing patients to swim without the fear of the product washing off. Despite the manufacturer's claims, no skin camouflage product should be considered as totally "rub-proof"; there may be some transfer onto clothing, furnishings and bed linen (usually removed with the use of normal household cleansers).</p> <p>Non-infected skin conditions (such as vitiligo) and scars are suitable for skin camouflage. The skin must not be inflamed, blistered or broken. Radiotherapy marks and tattoos can also be hidden with skin camouflage.</p> <p>The camouflage should be removed daily using an oil based cleanser. This allows you to inspect the skin for any changes to the condition and allows any topical treatments or emollients to be applied.</p> <p>Camouflage creams and powders can have a life span of between six months and three years, depending on the product, the extent of the area to be camouflaged and the frequency of use</p> <p>Available on prescription* as:</p> <ul style="list-style-type: none"> • Covermark Classic Foundation • Covermark Finishing Powder • Covermark removing Cream • Dermablend DermaSmooth Corrective Foundation • Dermacolor Crème Effectiv • Dermacolor body camouflage

*

Amber with Guidance= To be recommended or initiated by a specialist* with follow up prescribing and monitoring by primary care clinicians.

*Specialist is defined by the APC as a clinician who has undertaken an appropriate formal qualification or recognised training programme within the described area of practice.

	<ul style="list-style-type: none"> • Dermacolor Camouflage crème • Dermacolor cleansing crème • Dermacolor fixing powder • Keromask Finishing Powder • Keromask Masking Cream • Veil Cover Cream • Veil Finishing Powder • Veil cleansing cream <p>*prescription must state 'ACBS'</p>
Cautions and Contraindication	Skin camouflage is not suitable for skin cancers, infections including bacterial infections (such as impetigo), fungal infections (such as ringworm), viral infections (such as cold sores), or for undiagnosed skin conditions.
Adverse Drug Reactions	No adverse reactions reported, however patients would be asked to flag any concerns/ skin irritation.
Monitoring	No monitoring required, however patients would be asked to flag any concerns/ skin irritation.
Interactions	N/A

Contact names and details

Contact Details	Telephone number	Email
Kay Baxter (Consultant Dermatologist)	01226 43 2117	Kay.baxter2@nhs.net
Lisa Shaw (Lead Nurse Dermatology)	01226 43 2117	l.shaw1@nhs.net
Gillian Turrell (Lead Pharmacist Medicines Information)	01226 43 2857	gilliansmith2@nhs.net

References

1. Drug Tariff April 2021 (Online). Available at: <https://www.nhsbsa.nhs.uk/pharmacies-gp-practices-and-appliance-contractors/drug-tariff>
2. British National Formulary April 2021 (Online) Available at: <http://www.bnf.org/bnf/index.htm>
3. The British Association of Skin Camouflage FAQs. Available at: <http://www.skin-camouflage.net/index.php/faq.html>

Development Process

This guideline has been produced following the Amber-G classification of Camouflage agents by the Barnsley Area Prescribing Committee. This guideline has been subject to consultation and endorsement by the Area Prescribing Committee on 12th May 2021.