

DIZZINESS/VERTIGO/UNSTEADINESS PATHWAY

Adults with dizziness; referral pathway **after initial care fails** or is inappropriate

**UNDER 75
DEFAULT PATHWAY:**

ENT Clinic

UNLESS

Cardiology

Predominant Symptoms

- Palpitations
- Arrhythmias
- Postural hypotension
- Orthostatic hypotension
- Vaso-vagal attacks

Neurology

Predominant Symptoms

- Ataxia/incoordination
- Epilepsy
- Migraine
- Neuro signs
- Central nystagmus

**75 & OVER
DEFAULT PATHWAY:**

FALLS Clinic

UNLESS

Cardiology

Predominant Symptoms

- Palpitations
- Arrhythmias
- Postural hypotension
- Orthostatic hypotension
- Vaso-vagal attacks

Neurology

Predominant Symptoms

- Ataxia/incoordination
- Epilepsy
- Migraine
- Neuro signs + ?TIA
- Central nystagmus

ENT

Predominant Symptoms

- Earache
- Ear discharge
- Conductive hearing loss
- Sudden deafness
- Unilateral deafness/tinnitus

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