

SIGHT

mnemonic for Clostridioides difficile in primary care

S

SUSPECT

Infection if there is no clear alternative



I

ISOLATE

If a patient with known diarrhoea visits the surgery consider isolating them prior to their consultation to prevent potential contamination of communal areas.

If the patient is a care home resident, advise isolation and to contact community IPC to advise on further management.

G

GLOVES

Wear gloves and an apron for contact with the patient and the environment.



This includes when undertaking home visits.

H

HANDWASHING

With soap and water after each contact, with the patient and their environment

T

TEST

Test the stool for C difficile, educate the patient not to just sample any lumps, to include any liquid too.



Avoid prescribing anti-diarrhoeal agents until infection has been ruled out.