

Gestational Diabetes Mellitus - Primary care follow up in the postnatal period

Women who have had gestational diabetes have a 1 in 3 chance of developing type 2 diabetes in the following 5 years

- Offer **fasting plasma glucose** at 6 weeks postnatal check
- Or ideally at or just after 13 weeks - offer **HbA1c** or **fasting plasma glucose**
- (do not routinely carry out OGTT)

Interpretation of fasting plasma glucose / HbA1c results

