

Diagnostic pathway

The diagnostic pathway for individuals referred for an assessment of ADHD will take place over one or two appointments. We provide specialist multidisciplinary assessments for adults suspected of having ADHD.

Following confirmation of diagnosis, we are able to provide additional support and assessment, developing individualised care plans with service users in the areas they feel they need support or development.

The service user will generally have access to a psychiatrist, psychologist, specialist nurse or occupational therapist depending on the area of need and interventions required.

The team will also work with professionals in social services, and any other local support services as required and signpost individuals to other community services which may give them the support they require.

Referral criteria

We are able to accept referrals from general practitioners, consultant psychiatrists and consultant psychologists. Referral forms can be provided on request but normal referral letters are accepted.

Enquiries

Our normal working hours are Monday to Friday 8.30am to 5pm. Contact a member of our team on 01924 328104 if you would like to discuss a referral.

Referrals should be sent to:

Adult ADHD Team
Manygates Clinic
Belle Isle Health Park
Portobello Road
Wakefield
West Yorkshire
WF1 5PN

Telephone: **01924 328104**



Service for adults with Attention Deficit Hyperactivity Disorder (**ADHD**)



With all of us in mind

Service for adults with ADHD

The service for adults with ADHD (attention deficit hyperactivity disorder) works with adults from the age of 18 years upwards, who do not have an additional learning disability (who can instead receive services from within the learning disability service).

Referrals can be made to the service for individuals who are seeking a diagnosis or have a previous diagnosis of the condition where this is having a significant impact on the individuals functioning and wellbeing and access to diagnosis and treatment interventions is deemed to be beneficial.

The team

We are a multi-disciplinary NHS team based at the Manygates Clinic in Wakefield, consisting of the following professionals:

- Consultant psychiatrist (clinical lead)
- Team manager
- Specialist nurse
- Specialist doctor
- Clinical psychologist
- Occupational therapist
- Pharmacist
- Administrative staff

ADHD

ADHD is a common neurodevelopmental disorder which is usually first recognised in childhood. Until recently it was widely believed that children outgrew ADHD in adolescence. It is now recognised that ADHD is a lifelong condition and many individuals continue to experience difficulties in adult life. This may include difficulties with managing the increasing challenges and responsibilities of education, employment and relationships, which can result in or be associated with other emotional or psychological difficulties such as anger, anxiety, depression or low self esteem.

Common symptoms associated with ADHD include:

- Difficulties sustaining attention
- Hyperactivity and restlessness
- Impulsivity

