

Children and Young People's Diabetes Team

General Information

The Children and Young People's Diabetes team at Barnsley is made up of the Consultant Paediatrician, Psychologist, Consultant Nurse and 3 Diabetes Specialist Nurses. There is also 2 Dietitians (1 paediatric and 1 young adult), and at annual review there is also input from staff in retinal screening.

The team currently looks after approximately 90 children with diabetes under 16 years, and 80 young people between the ages of 16 – 22, who are seen in the Young Adult Clinic. Approximately 20 children are newly diagnosed per year. Currently most children are diagnosed with Type 1 diabetes, but we have seen a small increase in children and young people that are newly diagnosed with Type 2 diabetes. An increasing number of children and young people are using insulin pump therapy and we currently have 54% pump users within the service-with more planned. The diabetes team undertake education, support and co-ordinate crisis management of children, young people and their families with diabetes in hospital, at clinic, in school and at home. Structured education is started at diagnosis and carried on in a timely way including during annual review clinics.

The Diabetes Nursing Team provide a 24 hour, 7 day per week out of hours specialist advice service. Details are below.

Diabetes clinics are age banded, and children are seen 4 times per year, (with ongoing support in between clinics) one of these being an annual review. This is delivered as a one stop shop with podiatry examination, and dietary assessment, all children over 12 years also have retinal screening. We have psychological support for children who may need it.

The team have an approved transition pathway to young adult services.

Barnsley Hospitals Contact details:

Dr S Bhimsaria's secretary: 01226 432280

Consultant Nurse:
Denise Gibson denise.gibson@nhs.net 01226 432905/432519

Paediatric DSNs:

Joanne Cave joanne.cave@nhs.net 01226 432905/432519

Samantha Norris samanthanorris1@nhs.net 01226 432905/432519

Dietitians:

Lead dietician to start soon

Kirsty Roberts kirsty.roberts1@nhs.net 01226 432606

Psychologist – in process of recruitment

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Emergencies

Families are encouraged to seek prompt medical or specialist nurse advice in order to anticipate and prevent problems of hypoglycaemia, illness-induced ketoacidosis and persistent poor control

How to make contact for advice and support:

During working hours: via a member of the diabetes nursing team.

Out of hours and weekends: All Patients are provided with open access details to the paediatric ward. They are advised to ring switchboard and ask to speak to the paediatric diabetes specialist nurse on call. The diabetes nursing team provide a 24 hour, 7 day per week on call service. However, if a child's condition is of significant concern they are advised to immediately attend the emergency department for further assessment.

Clinic reviews:

Children are seen 4 times per year by a multi-disciplinary children's diabetes team, consisting of paediatric consultant or consultant nurse, diabetes nurses and dietitians. One of these clinics will be an annual review clinic where yearly foot and eye screening are performed. The others will be a regular diabetes clinic review. At all clinics HbA1c, height, weight and blood pressure are done. Young Adult Clinics for young people aged 16-22 years are held twice monthly in the diabetes centre on a Monday evening. This is staffed by members of the Children and Young People's Diabetes Team.