



# Service Update

Practice Nurse BEST

July 25



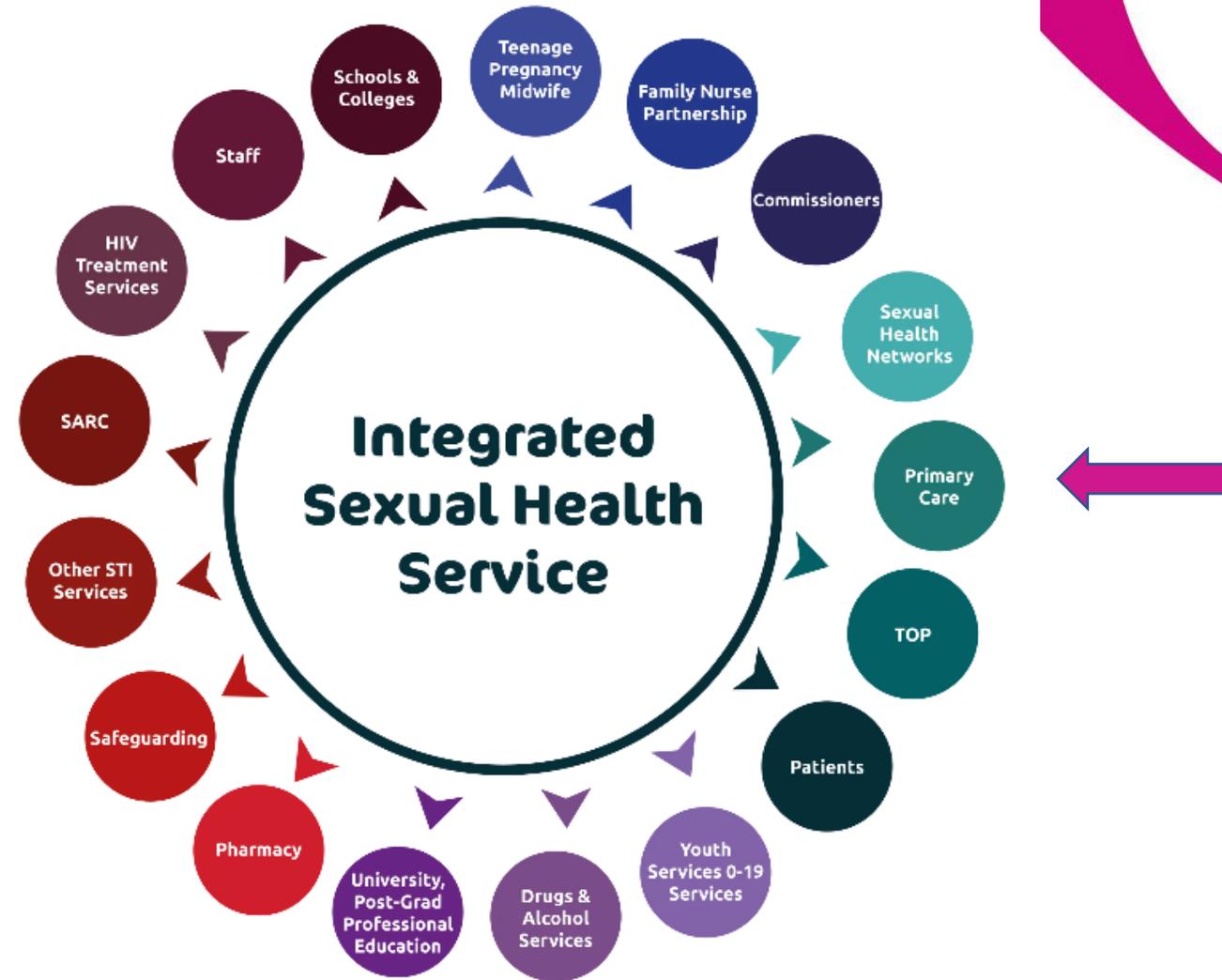
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## About Spectrum



- Not-for-Profit Social Enterprise
- Employee-led, Values-driven, currently about 900 staff across the North of England
- Three complimentary business units
  - Sexual Health (BISH/WISH)
  - Substance Misuse
  - Health and Justice
- MO is to make a difference for vulnerable people
- Specialist team with years of NHS experience in challenging and complex environments



# Spectrum Team (who)

- Consists of :
- Admin/reception
- HCSW
- Nurses (band 5, CNS, HA team)
- Specialist Drs
- Consultants
- RSE team



## Where

Gateway Plaza, Sackville Street.

By Lamproom Theatre

Out of Barnsley town centre but close enough too

Not in NHS building/department

Discreet but easily accessible

Car parking (recently more difficult)

# Clinics



- Telemedicine/triage
- Young Person's clinics
- Walk in: drop off/TnT, face 2 face & telephone, postal
- Non urgent/Urgent/LARC/Complex care

## Statistics

- Approx 1300 patients a month
- Approx 70 LARC outreach appts a month
- CT approx. 40-50 cases a month
- GC approx. 10-20 cases a month
- STS 2-3 cases a month
- Cytology approx. 20 a month

# When

*Subject to change*



## • Opening times

- Mon 0815-1930
- Tues 0815-1930
- Wed 1500-2000
- Thu 0815-1930
- Fri 0815-1600
- Sat 0900-1200

YP drop in	Mon & Wed 1500-1730
TnT	Mon/Tue/Thu/Fri 10-1200 Wed 1700-1900
Telemedicine & Triage	Mon-Fri 0815-12
F2F clinics	1300-end of clinic (1500 start on a Wed)
Sat	Pre booked Appt (Tier2 provision)

# Commissioned Service by Local Authority - (how)



- To provide :  
(across 4 contracts)
- STI testing/screening (CT/GC/HIV/STS/Hep ABC)
- Results management
- Symptomatic treatment CT/GC/STS/HSV/PID
- Contact tracing/treatment and compliance (HA team)
- Ongoing & FU care : Genital warts (Cryo/curettage)
- Vaccination (HPV,Hep B Hep A – soon: GC & Mpox)
- HIV care
- PReP/PEP(SE)
- Contraception LARC/oral/depo/patch/ring
- EHC
- Opportunistic Cytology
- TOP counselling and referral
- RSE
- Prevention and Outreach

# Patient journey



- Patient initial contact to clinic
- Usually by phone – ascertain need for service
- Triage/prioritise time and clinical input needed.
  - **Prioritisation of Young and/or Vulnerable people.**

## Full sexual health history:

- demographics
- nature of complaint
- partners
- PMH
- Medication
- allergies
- contraception
- obstetric hist
- examination
- plan of care/Follow up

# History taking

General History | Gynaecology History | Sexual History | Examination - Male | Examination - Female

Reason for attendance

Time since previous resolution

**Social History**  
**Substance Misuse**  
Include  
"Only write in below box if YES"  
History of substance misuse  
"Which substances?"  
"How much? How often? How used?"  
"Does it affect their daily life?"  
"Any unprotected sex influenced by alcohol?"  
Substance Misuse  
History of amphetamine...  
History of benzodiazepine...  
History of cannabis mis...  
History of cocaine mis...  
History of crack cocaine...  
History of ecstasy mis...  
History of heroin mis...  
History of novel psycho...  
History of methadone m...  
History of potent mis...  
History of recreational drug use...  
"Only in the LAST 3 MONTHS"  
"Only tick if YES"

Asymptomatic   
Symptomatic

Past medical history

Current medication as reported by patient

No known allergies   
Record Allergy or Sensitivity

**Family History**  
No relevant family history  
"Only write in below box if YES"  
Relevant Family history

General History | Gynaecology History | Sexual History | Examination - Male | Examination - Female

**Menstrual Periods**  
LMP  
Usual length of menstrual cycle

**Cervical Smears**  
Please record last smear (i.e. up to date or overdue), any abnormal smears and any previous treatment.  
Cytology information

**Contraception**  
Contraception notes

**Female Genital Mutilation**  
"Only write in below boxes if YES"  
Discussion about female genital mutilation  
History of female genital mutilation  
Family history of female genital mutilation

**Pregnancy History**  
"Please put 0 if never been pregnant"  
Number of previous pr...  
Previous live births  
Number of miscarriage...  
Previous abortions  
Previous still births  
Currently breast-feeding?  
Pregnant

General History | Gynaecology History | Sexual History | Examination - Male | Examination - Female

Last Sexual Intercourse  
"Please tick if you have been protected for sex"  
Any MSM  
"Sexual contact with high risk partner"  
"Do you currently feel unsafe in your relationship and/or at home"  
No risks  
"Only write in below boxes if YES"

Past or previous sexual partners

Condomless sex in the last 3 months?  
New sex partners in the last 3 mo...  
Number of sexual partners in the last 3 months?

**Risks**  
Please see the following list below:  
Intermittent drug user  
Have you ever been paid for sex  
Any MSM  
Sexual contact with high risk partner  
Do you currently feel unsafe in your relationship and/or at home  
No risks  
"Only write in below boxes if YES"

**STIs**  
No past STIs  
"Please comment on which STI, if Double, enter treatment history"  
"Also document the date of treatment"  
Past STIs  
STI  
Contact of STI  
completed

High risk partner is:  
Recent HIV risk  
Gay or bisexual men  
At Drug user  
Commercial sex worker  
From an area at high risk for HIV  
Victim of Domestic Abuse  
Junk Transaction Sex

Risks  
"Only write in below boxes if YES"  
History of vaccinations?  
"if any risk - vaccine assessment"  
HIV  
HCV  
HPV

General History | Gynaecology History | Sexual History | Examination - Male | Examination - Female

Consent for examination given   
Chaperone offered   
Chaperone refused   
Enter Chaperone details where possible

Clinical findings  
"Please change picture(s) below to what you require -"  
No image selected

**Microscopy**  
Microscopy   
"Document"  
U... LPC  
R... RPC  
DARK GROU...  
"No image selected"

**Point of Care**  
POCT HIV Result  
POCT Syphilis Result

**Urinalysis**  
"Please add additional notes"  
"if abnormal record details"  
Urinalysis result  
"No image selected"

General History | Gynaecology History | Sexual History | Examination - Male | Examination - Female

Consent for examination given   
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Chaperone refused   
Enter Chaperone name where possible

Clinical findings  
"Please change picture(s) below to what you require -"  
No image selected

**Microscopy**  
Microscopy   
"Document"  
CX... UR...  
TV... Wet PC... Wet C... Clue  
Lad... Dry PC... Dry Ca... MO  
R... RPC  
DARK GROU...  
"No image selected"

**Urinalysis**  
"Please add additional notes"  
"if abnormal record details"  
Urinalysis res...  
"No image selected"

**Point of Care**  
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# Medication



- Stock onsite (hold small number of generic SH treatments)
  - Aciclovir, Doxycycline, Metronidazole, Imiquimod, Ceftriaxone, PreP – Clotrimazole (although not an STI).
  - Cerelle, Nexplanon Depo-Provera.

or

- FP10 as FS (Free supply for STI treatment)

# Safeguarding



- As a result of the nature of our assessment we discover many safeguarding concerns
- Spotting the Signs
- Fraser competencies for under 16's
- On site SG advice
- Organisational SG dept
- LA Safeguarding team
- BMBC Social Care Team including MASH/MARAC
- IDAS
- Police

Robust communication, documentation, collaboration, evaluation, coordination

- Allows for 'emerging patterns' and concerning situations to be discovered and dealt with. E.g. Trafficking, cuckooing, CSE.

# Evaluation



- KPIs
- Audits
- Review meetings: commissioners, stakeholders (e.g.GP)
- Quality measures – datix incident management, Clinical effectiveness, Supervision (clinical/safeguarding)

# What we don't see!

Not commissioned as part of our service

- HMB
- HRT
- Implant/IUT for above
- Over 25s continuing contraception
- Routine recall cytology
- Dermatology
- Occupational needlestick injury
- Anything not sexual health/contraception related





Thanks for listening.

Q&A?

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[spectrum-cic.org.uk](http://spectrum-cic.org.uk)