

Barnsley Adult and Older Adult Community Eating Disorder Provision

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Current arrangements

- No specialist ED provision for adults and older adults currently in Barnsley
- Limited provision in generic secondary care community mental health services – i.e. Core and Enhanced Teams
- Limited primary care provision

Primary care

- Eating disorders are not formally covered by IAPT services
 - Thus where an Eating Disorder is the primary difficulty IAPT have no treatment protocols or therapeutic options
- People with eating difficulties that are associated with an IAPT appropriate primary difficulty (such as depression / anxiety) can be referred
 - Treatment focus will be on the primary difficulty
- Counselling for primary care level ED associated difficulties from SYEDA –limited capacity

Secondary Care Community MH Services

- No specialist ED provision delivered in Barnsley
 - No specialist dietetics, nursing, psychiatry or psychology within current Community Mental Health provision
- Generic provision for complex mental health difficulties
 - Eating difficulties as manifestations of complex emotional difficulties
 - Trans-diagnostic input / approaches available
 - Nursing, psychology, psychiatry etc.
- Specialist secondary care provision from Sheffield Eating Disorders Service

Inpatient

- Acute hospital
 - MaRSiPAN guidance (Management of Really Sick Patients with Anorexia Nervosa) should be followed with support and guidance from Mental Health Liaison Service and / or SEDS (if patient is already under them)
- Mental health admissions
 - Riverdale Grange in Sheffield is preferred provider

Future plans

- Key goal of NHS-England Community Mental Health Transformation is to improve ED provision
- Work ongoing at ICS level looking at this across the region
- Locally we are considering options around “all-age” provision

Questions?