

Neighbourhood rehabilitation service (NRS)

- Intermediate Care
- Long term conditions occupational therapy
- Long term conditions physiotherapy

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NRS, falls & frailty


Barnsley

South West Yorkshire
Partnership NHS
Foundation Trust



NRS overall aims

- Comprehensive, holistic assessment of needs
- Rehabilitation and quality of life interventions
- Enable people to reach their potential and achieve improved physical health
- Improve a person's function in line with their goals
- Empower individuals to self-manage conditions
- Prevent hospital admissions & support discharge from hospital
- Improve knowledge of condition
- Maintain strong links with other services.



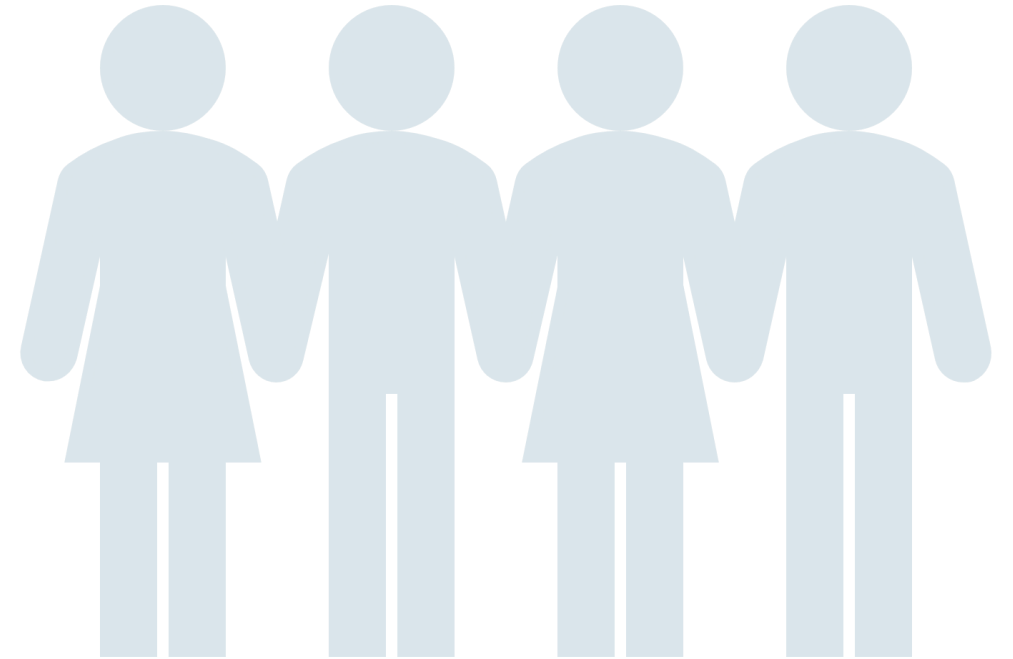
Intermediate care


- 7-day service
- Community visits for intensive rehabilitation (at home and in care homes)
 - After hospital admission
 - Admission avoidance
 - Experiencing reduction in physical abilities
- Aims:
 - Help people continue to perform activities
 - Help people avoid going into hospital unnecessarily
 - Assist people to regain independence after a stay in hospital
 - Prevent people from having to move permanently to a residential home unless they need to

Intermediate Care Multidisciplinary team



- Physiotherapists
- Occupational therapists
- Therapy assistants
- Rehabilitation support workers
- Dietitian
- Nurses





Intermediate care

Frequent rehabilitation
visits throughout the week


Individualised, goal
orientated interventions,
aimed at maximising
independence and living
well within the community

Short term support with
aspects of daily living,
encouraging patient
participation to reestablish
routines and confidence

Assistance with active
engagement in exercise
programmes

Advice and education for
family and carers

Therapy element of Crisis
Response



Long term conditions occupational therapy

- Community visits (at home & in care homes)
- Working with the person, their family & carers to live well with long term conditions & complex disabilities
- Aims:
 - Help people work towards person-centred, meaningful, functional goals
 - Support symptom management
 - Maximise quality of life
 - Set and work towards rehabilitation goals
 - Focus on maximising independence or finding the best way for others to help long term

Long term conditions occupational therapy

Assessment of an individual's
needs and skills

Individualised, goal orientated
interventions, aimed at
maximising independence and
living well within the
community

Cognitive assessments,
rehabilitation & strategies

Upper limb assessment,
rehabilitation & management

Postural & positioning
support, including specialist
seating & sleep systems

Fatigue management

Advice and education for
family, carers & other
professionals


Onward referrals, signposting
& liaising with specialist
advisors

Small aids assessment

Vocational rehabilitation

Community access

Equipment, adaptations &
housing considerations (EAT
main team for this, but LTC OT
incorporate into assessment
and refer on as appropriate)



Long term conditions physiotherapy

- Housebound patients, residents in care homes and those with complex needs that cannot access an outpatient clinic.
- Musculoskeletal, neurological, and respiratory conditions, falls and mobility problems.
- Aims:
 - Comprehensive person-centred approach to treatments
 - Support people to remain active and achieve their goals
 - Offer a range of interventions including individual treatment, mobility/falls assessment, and telephone advice with onward referral as necessary
 - Potential to reduce hospital admissions.
 - Enable patients to self-manage their condition and provide referrals to other services.
 - Proactive in approach to long-term neurological conditions and degenerative conditions.

Long term conditions physiotherapy

Full comprehensive holistic
assessment including an
environmental assessment (to
meet Core Standards of
Physiotherapy) within patients'
own home/care home

Provision of appropriate
aids/equipment

Onward referrals to other
professionals

Supporting self-care
management

Falls screening and
assessment

Respiratory management and
advice

Home based exercise
programmes

Education for carers/relatives



Referring to NRS

Single Point of Access:

Tel: 01226 644575

Email:

RightCareBarnsleyIntegratedSPA@swyt.nhs.uk

Open 8am – 8pm 7 days per week

Explain you want to refer for therapy assessment, give details & reason for referral – SPA/NRS will triage and allocate to appropriate therapy pathway.

NRS accept self referrals from patients and families.