**Please complete all sections of this form and confirm your local ICB’s BMI and eligibility criteria requirements (found in the section below) before referring.**

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| **Eligibility & Exclusion Criteria**  **Version:**  **QF7\_20250821\_v2.0** |
| **Please note there is separate criteria per area within South Yorkshire, please only fill in the required section.**  Barnsley patients = page 1  Doncaster patients = page 2  Rotherham patients = page 3  Sheffield patients = page 4  **Referrals will be rejected if the criteria are not indicated** |
| **Barnsley**: The following acceptance and exclusion criteria apply to patients registered with a general practice in Barnsley.  **Eligibility criteria:** Please tick one of the following boxes to show which eligibility criteria the patient meets.   * BMI >40 kg/m2 without co-morbidities   OR   * BMI >35 kg/m2 with accepted co-morbidities   (please indicate relevant co-morbidities below)   * Hypertension * Sleep apnoea * Type 2 Diabetes * Cardiovascular Disease, * Osteoarthritis, * Dyslipidaemia   OR   * BMI >30 kg/m2 with Type 2 diabetes.   **Exclusion criteria:**  • Under the age of 18 years.  • Pregnant or breastfeeding.  • Uncontrolled hypertension / heart condition.  • Active or suspected, untreated eating disorders, including binge eating disorder, purging within the last 3 months.  • Active cancer.  • Bariatric surgery in the past two years.  • Unstable or severe mental illness, including suicide attempts in the past 12 months, patients who have self-harmed in the past 3 months, or suicidal ideation in the last 3 months. This may prevent engagement with the behaviour change programme.  • Unstable alcohol or drug use (can be referred if the patient has received support and been in recovery for 3 months).  • Unstable hypothyroidism (can be referred if stable).  • Unstable Cushing’s syndrome (can be referred if stable). |

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| **Doncaster:** The following acceptance and exclusion criteria apply to patients registered with a general practice in Doncaster.  **Eligibility criteria:** Please tick one of the following boxes to show which eligibility criteria the patient meets.   * BMI >40 kg/m2 without co-morbidities   OR   * BMI >35 kg/m2 with weight related co-morbidities   (please indicate relevant co-morbidities below)   * Type 2 Diabetes or pre-diabetes * Hypertension * Chronic Kidney Disease (CKD) * Hypercholesterolaemia * Ischaemic Heart Disease * Peripheral Vascular Disease * Depression and anxiety if an active current condition * History of myocardial infarction (MI), cerebrovascular accident (CVA), Transient ischaemic attack (TIA) * Liver disease including cirrhosis, Non alcoholic fatty liver disease (NAFLD), gallstones, biliary colic * Osteoarthritis or rheumatoid arthritis * Back pain * Obstructive sleep apnoea * Hypothyroidism (only refer when stable) * Cushing's disease (only refer when stable) * PCOS * Hyperuricemia or gout * Lipoedema * Cancer not under active treatment * Asthma   OR   * Patient is considering bariatric surgery   **Exclusion criteria:**  • Under the age of 18 years.  • Pregnant or breastfeeding.  • Uncontrolled hypertension / heart condition.  • Active or suspected, untreated eating disorders, including binge eating disorder, purging within the last 3 months.  • Active cancer.  • Bariatric surgery in the past two years.  • Unstable or severe mental illness, including suicide attempts in the past 12 months, patients who have self-harmed in the past 3 months, or suicidal ideation in the last 3 months. This may prevent engagement with the behaviour change programme.  • Unstable alcohol or drug use (can be referred if the patient has received support and been in recovery for 3 months).  • Unstable hypothyroidism (can be referred if stable).  • Unstable Cushing’s syndrome (can be referred if stable). |

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| **Rotherham:** The following acceptance and exclusion criteria apply to patients registered with a general practice in Rotherham.  **Eligibility criteria:** Please tick one of the following boxes to show which eligibility criteria the patient meets.   * BMI >40 kg/m2 without co-morbidities   OR   * BMI >35 kg/m2 with weight related co-morbidities   (please indicate relevant co-morbidities below)   * Type 2 Diabetes or pre-diabetes * Hypertension * Chronic Kidney Disease (CKD) * Hypercholesterolaemia * Ischaemic Heart Disease * Peripheral Vascular Disease * Depression and anxiety if an active current condition * History of myocardial infarction (MI), cerebrovascular accident (CVA), Transient ischaemic attack (TIA) * Liver disease including cirrhosis, Non alcoholic fatty liver disease (NAFLD), gallstones, biliary colic * Osteoarthritis or rheumatoid arthritis * Back pain * Obstructive sleep apnoea * Hypothyroidism (only refer when stable) * Cushing's disease (only refer when stable) * PCOS * Hyperuricemia or gout * Lipoedema * Cancer not under active treatment * Asthma   *In addition to the above, the three boxes below must be ticked to reflect a patient's eligibility for the pathway.*   * The patient understands the requirements and demonstrates a commitment to actively participating in Tier 3 services. * The patient is able to engage fully with the programme requirements. * The patient has completed Tier 2 Weight Management service or has sustained 5% weight loss for a period of 6 months.   **Exclusion criteria:**  • Under the age of 18 years.  • Pregnant or breastfeeding.  • Uncontrolled hypertension / heart condition.  • Active or suspected, untreated eating disorders, including binge eating disorder, purging within the last 3 months.  • Active cancer.  • Bariatric surgery in the past two years.  • Unstable or severe mental illness, including suicide attempts in the past 12 months, patients who have self-harmed in the past 3 months, or suicidal ideation in the last 3 months. This may prevent engagement with the behaviour change programme.  • Unstable alcohol or drug use (can be referred if the patient has received support and been in recovery for 3 months).  • Unstable hypothyroidism (can be referred if stable).  • Unstable Cushing’s syndrome (can be referred if stable). |
| **Sheffield:** The following acceptance and exclusion criteria apply to patients registered with a general practice in Sheffield.  **Eligibility criteria:** Please tick one of the following boxes to show which eligibility criteria the patient meets.   * BMI >40 kg/m2 without co-morbidities   OR   * BMI >35 kg/m2 with weight related co-morbidities   (please indicate relevant co-morbidities below)   * Type 2 Diabetes or pre-diabetes * Hypertension * Chronic Kidney Disease (CKD) * Hypercholesterolaemia * Ischaemic Heart Disease * Peripheral Vascular Disease * Depression and anxiety if an active current condition * History of myocardial infarction (MI), cerebrovascular accident (CVA), Transient ischaemic attack (TIA) * Liver disease including cirrhosis, Non alcoholic fatty liver disease (NAFLD), gallstones, biliary colic * Osteoarthritis or rheumatoid arthritis * Back pain * Obstructive sleep apnoea * Hypothyroidism (only refer when stable) * Cushing's disease (only refer when stable) * PCOS * Hyperuricemia or gout * Lipoedema * Cancer not under active treatment * Asthma   *In addition to the above, the three boxes below must be ticked to reflect a patient's eligibility for the pathway.*   * The patient understands the requirements and demonstrates a commitment to actively participating in Tier 3 services. * The patient is able to engage fully with the programme requirements. * The patient has completed Tier 2 Weight Management service completed Tier 2 Weight Management service within 12 months of their referral to Tier 3.   **Exclusion criteria:**  • Under the age of 18 years.  • Pregnant or breastfeeding.  • Uncontrolled hypertension / heart condition.  • Active or suspected, untreated eating disorders, including binge eating disorder, purging within the last 3 months.  • Active cancer.  • Bariatric surgery in the past two years.  • Unstable or severe mental illness, including suicide attempts in the past 12 months, patients who have self-harmed in the past 3 months, or suicidal ideation in the last 3 months. This may prevent engagement with the behaviour change programme.  • Unstable alcohol or drug use (can be referred if the patient has received support and been in recovery for 3 months).  • Unstable hypothyroidism (can be referred if stable).  • Unstable Cushing’s syndrome (can be referred if stable) |

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| **1. Eligibility Criteria Confirmation** |
| **I confirm the patient is eligible for the programme as per the above criteria and does not meet any of the exclusion criteria \***   |  |  |  |  | | --- | --- | --- | --- | | **Yes** |  | **No** |  | |

Fields marked **with a star \*** are mandatory - **referrals cannot be accepted without this data.**

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| **2. Patient Information** |
| **Patient Name\*:** |
| **Date of Birth\*:** |
| **Gender\*:** |
| **Ethnicity\*:** |
| **NHS Number\*:** |
| **Mobile telephone\*:** |
| **Alternative telephone number:** |
| **E-mail address:** |
| **Address including postcode:** |
| **Interpreter required?\*** (If yes, please state the language): |
| **Please document any reasonable adjustments required\*:** |

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| **3. Referrer information - (GP Details)**  ***Referrals can only be accepted from a named GP*** |
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| **Name of GP practice\*:** |
| **Practice Code\*:** |
| **Name of referring GP\*: Dr** |
| **Practice email (nhs.net email for clinical correspondence)\*:** |

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| **4. Clinical information** | **Date (dd/mm/yyyy)** | **Value** |
| **Weight (in kg)\* MUST be within the last 12 months** |  |  |
| **Height (in cm)\*** |  |  |
| **BMI (kg/m2)\* MUST be within the last 12 months** |  |  |
| **HbA1c (mmol/mol)\* MUST be within the last 12 months** |  |  |
| **Blood pressure (mmHg)\*** |  |  |
| **Renal function (eGFR)\***  **MUST be within the last 12 months** |  |  |
| **Total cholesterol or serum cholesterol\***  **MUST be within the last 12 months** |  |  |
| **HDL cholesterol\***  **MUST be within the last 12 months** |  |  |
| **LDL cholesterol\***  **MUST be within the last 12 months** |  |  |
| **Thyroid function (TSH)\***  **MUST be within the last 12 months** |  |  |
| **Liver function (ALT)** |  |  |
| **QRISK2 Score (%)** |  |  |

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| **I confirm that weight has been validated in clinic \* Please confirm that the patient's weight has been validated in person (GP practice or pharmacy) within the last 3 months**   |  |  |  |  | | --- | --- | --- | --- | | **Yes** |  | **No** |  | |

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| **5. Retinopathy** |
| **Please attach the last retinopathy screening outcome for patients who have Type 2 diabetes *(If last 2 screening results were normal, screening date should be within last 24 months, otherwise less than last 12 months)\****  **Please confirm one of the following\*:**  Patient does not have Type 2 diabetes      **OR** Patient has Type 2 diabetes **and** retinopathy screening outcome result is attached      **OR** Result not available as patient has new diabetes diagnosis (<12months) |

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| **6. Past relevant medical history/comorbidities** |
| NB: Without relevant medical history (particularly hypertension, dyslipidaemia and cardiovascular  risk factor history), the patient may not be able to access GLP-1 therapy via the service.  **● if comorbidities are not covered in the above, please add them here**  **\*<Insert medical history or attach patient summary> OR <Active problems and significant past>** |

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| **7. Current medications** |
| **\*<Insert current medication list or attach patient summary> OR <mix of repeat and acute**  **medications>** |

**Please send the completed referral form via secure NHS mail to** [ovivauk.t3wm@nhs.net](mailto:ovivauk.t3wm@nhs.net) **or submit it via e-RS.**