

Welcome

- Fairness
- Integrity
- Safety
- Quality
- Effective Engagement



RECOVERYSTEPS
BARNLSLEY

Drug & Alcohol Services

HUMANKIND

Established in 1984

Delivering substance misuse recovery services in Yorkshire for over 20 years

- Our Vision is to support people to realise their potential and to help them become a contributing member of society..
- Our Mission is to promote social inclusion.
- Our Values inform everything we do.

Our Charter of Values

Fairness

Integrity

Safety

Quality

Effective Engagement



RECOVERYSTEPS
BARNLEY

Drug & Alcohol Services

Our Substance Misuse Services



- Education and Employment
- Substance Misuse
- Criminal Justice
- Young People and Families
- Housing and Independent Living
- Health



SPOC SINGLE POINT OF CONTACT

You can contact us by telephone on 779066 or in person and be seen by our SPOC team.

We offer:

- Advice and information
- Support to people who use substances and their significant others
- Referral into services
- Advice and support to professionals
- Screening

Gather information and find out about local trends



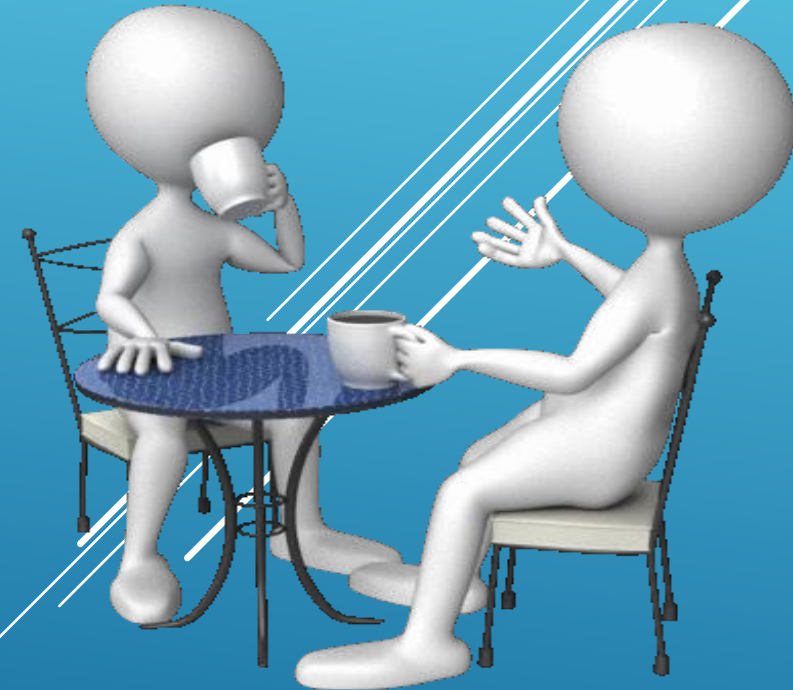
MEDICAL INTERVENTIONS

- Prescribing based interventions
- Relapse prevention medication
- Reduction programmes
- Medically assisted detoxification from opiates and/or alcohol (community and inpatient)
- BBV risk assessment, testing, immunisation and referral



PSYCHOSOCIAL INTERVENTIONS

- Motivational enhancement therapy
- Advice and information
- Reduction plans
- Relapse prevention work
- Cognitive behavioural interventions
- Therapeutic Group work
- Preparation for detox
- Peer Mentoring
- Access to voluntary work
- Referral to residential rehab



RECOVERY NAVIGATION

Every service user who enters our service will be allocated a recovery navigator who support them through their journey to recovery.

- **1-1 Support**
- **Substance misuse interventions**
- **Talking Therapies**
- **Case management**
- **Referral into other services**
- **Support around medical interventions**
- **Advice, information**

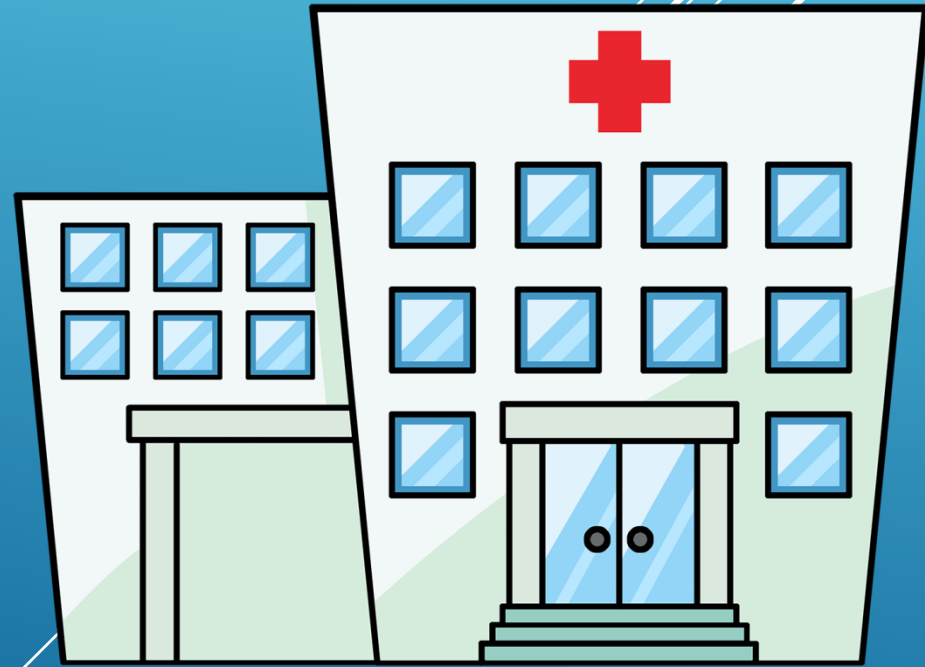


HOSPITAL LIAISON SERVICE

In reach Service to patients who are in BDGH who may need support around a drug or alcohol issue

OFFERING

- Advice and information
- Screening and assessment
- Referral into services
- Staff support
- Ward support



SPECIALIST MATERNITY SERVICE

Recovery Steps Barnsley joint work with specialists midwives who work with pregnant women who use of have used substances in the past.

They are based here at Burleigh Court, in the community and at BDGH

- To encourage and support pregnant women to seek early antenatal care and substance misuse treatment.
- To develop a package of care with the objective of achieving pharmacological, social, and psychological stability.
- To engage and retain clients in services, specifically Maternity and Drug treatment.
- To ensure communication exists between all professionals in a multi-agency approach so that any concerns about mother or baby are identified to children's safeguarding boards
- To support staff in supporting the service user through their pregnancy and beyond



NEEDLE AND SYRINGE PROGRAMME

We offer a specialist NSP here at Burleigh court and also pharmacy based services in the community

We provide

- Clean injecting equipment and paraphernalia
- Sharps disposal service
- Safer injecting advice and information
- Harm reduction interventions
- Referral route into wider substance misuse services
- Access to BBV support, testing and vaccination
- Access to naloxone



TRAINING AND SUPPORT

We offer basic training and support to professionals and service users who work and live within the Barnsley community

- **Basic Drugs Awareness**
- **Alcohol Awareness**
- **Overdose training**
- **Spice Workshop**
- **Safer Injecting**
- **Bespoke training sets**
- **Alcohol and older people**



CRIMINAL JUSTICE TEAM

Our criminal justice team offer support to service users who come through the criminal justice system. Offering effective interventions to reduce offending and improve the lives of individuals and the wider community.

- **The courts**
- **Probation**
- **Prisons**
- **In local police stations**
- **DRR Drug rehabilitation Requirement**
- **ATR Alcohol Treatment Requirement**



SERVICE USER INVOLVEMENT AND INFLUENCE

The opportunity for Service users to be involved in decisions concerning their service and influence change.

- Formal meetings are held approximately once a month.
- The dates of the meetings are publicised in reception on notice boards and the workers are given the details by email to pass on to their clients.
- The service user must be stable and able to engage in a positive manner.
- The service user coordinator collates data to ensure that Recovery Steps Barnsley are providing opportunities for service user involvement and influence.



AFTERCARE



BRIC BUILDING RECOVERY IN THE COMMUNITY

Our BRIC team work with both service users and the wider community. Enabling people in recovery from substance misuse, to enjoy lasting change and integrate back into society in a meaningful and valued way.

They offer:

- **Access to mutual aid (SMART)**
- **Group work**
- **Relapse prevention work**
- **Access to community based services**
- **Access to education through Northern College**
- **Help with opportunities in employment and volunteering**



BRIC CONTINUED.....

Recovery Ramblers Group

The project will provide a full day out Rambling in nature, planning each session and visiting different locations, taking a keen interest in the surrounding environments and learning about nature and historical facts about each location

To enhancing their personal health and wellbeing, relapse prevention skills and positive use of time and social circles



SUSTAINED RECOVERY WORKSHOP

This is an interactive workshop to explore and discuss constructive ways to sustain recovery. To explain what the Bric team have on offer and encourage and assertively engage people with the community



S M A R T (SELF-MANAGEMENT AND RECOVERY TRAINING)

- The Bric team have implemented S.M.A.R.T. recovery mutual aid groups in Barnsley and ensure they run consistently
- There are two meetings per week on Monday and Friday at The Core building in Barnsley both start at 1:30hrs and end at 15:00hrs
- The Bric workers can support potential facilitators through **S M A R T**. recovery online training and support them to build their confidence and develop their skills in group



HOW TO REFER INTO OUR SERVICE

- **Telephone** - 01226 779066 with service users details
- **Fax** – 01226 731584 with service user details and an outline of their drug/alcohol use
- **Letter** – Barnsley Recovery Steps, 5/6 Burleigh Court, Barnsley, S70 1XY
- **Self referral** either in person or by phone 01226 779066



VOLUNTEERING AT HUMANKIND

- Posts advertised (VAB, DISC website)
- Application form, 2 x references, Interview, DBS
- All volunteers are risk assessed so that the individual will be safe and supported while volunteering
- Volunteers who have had a previous problems with substances will be supported to prevent any lapse/relapse.
- Supported in a confidential and supportive way by their coordinator or manager
- 12 weeks induction



ANY QUESTIONS



USEFUL NUMBERS

- **Recovery Steps Barnsley - 01226 779066**
- **The Factory At Goldthorpe - 01709 894196**
- **Frank - 0800 77 66 00**
- **TYS Young Peoples Services - 01226 705980**
- **info@humankindcharity-vol.org.uk**
- **Follow us on Twitter @BarnsleyRecover**
- **Facebook; Barnsley Recovery Steps**

