# 6CIT Six-item Cognitive Impairment Test

The 6CIT is a useful dementia screening tool in Primary Care

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| **Question**  | **Scoring**  | **Patient score** |
| 1. What year is it? | Correct - 0 points Incorrect - 4 points  |  |
| 2. What month is it? | Correct - 0 points Incorrect - 3 points  |   |
| 3. Give the patient an address phrase to remember with 5 components - e.g. John, Smith, 42, High Street, Bedford |   |  |
| 4. About what time it is (within one hour)? | Correct - 0 pointsIncorrect - 3 points  |   |
| 5. Count backwards from 20 - 1 | Correct - 0 points1 error - 2 pointsMore than one error - 4 points |  |
| 6. Say the months on the year in reverse | Correct - 0 points1 error - 2 pointsMore than one error - 4 points |   |
| 7. Repeat address phrase | Correct - 0 points1 error - 2 points2 errors - 4 points3 errors - 6 points4 errors - 8 pointsAll wrong - 10 points  |   |
|   | **6CIT Score out of 28** |  |
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| **Time taken to perform**: 3-4 minutes |
| **Score**: the 6CIT uses an inverse score and questions are weighted to produce a total out of 28. Scores of 0-7 are considered normal **8 or more significant-** willneeds further assessment by health care professional |