

Six-item Cognitive Impairment Test (6CIT)

The 6-item Cognitive Impairment TEST (6CIT) Kingshill version 2000® was developed in 1983 [1] This was by regression analysis of the Blessed Information memory Concentration Scale (BIMC). [2] The 6CIT is a useful dementia screening tool in Primary Care. It was used in a large European assessment tool (Easy-care©) and with new computerised version its usage is increasing.

Question	Scoring	Patient score
1. What year is it?	Correct - 0 points Incorrect - 4 points	
2. What month is it?	Correct - 0 points Incorrect - 3 points	
3. Give the patient an address phrase to remember with 5 components - e.g. John, Smith, 42, High Street, Bedford		
4. About what time it is (within one hour)?	Correct - 0 points Incorrect - 3 points	
5. Count backwards from 20 - 1	Correct - 0 points 1 error - 2 points More than one error - 4 points	
6. Say the months on the year in reverse	Correct - 0 points 1 error - 2 points More than one error - 4 points	
7. Repeat address phrase	Correct - 0 points 1 error - 2 points 2 errors - 4 points 3 errors - 6 points 4 errors - 8 points All wrong - 10 points	
6CIT Score out of 28		

Time taken to perform: 3-4 minutes

Score: the 6CIT uses an inverscore and questions are weighted to produce a total out of 28.

Scores of 0-7 are considered normal

8 or more significant