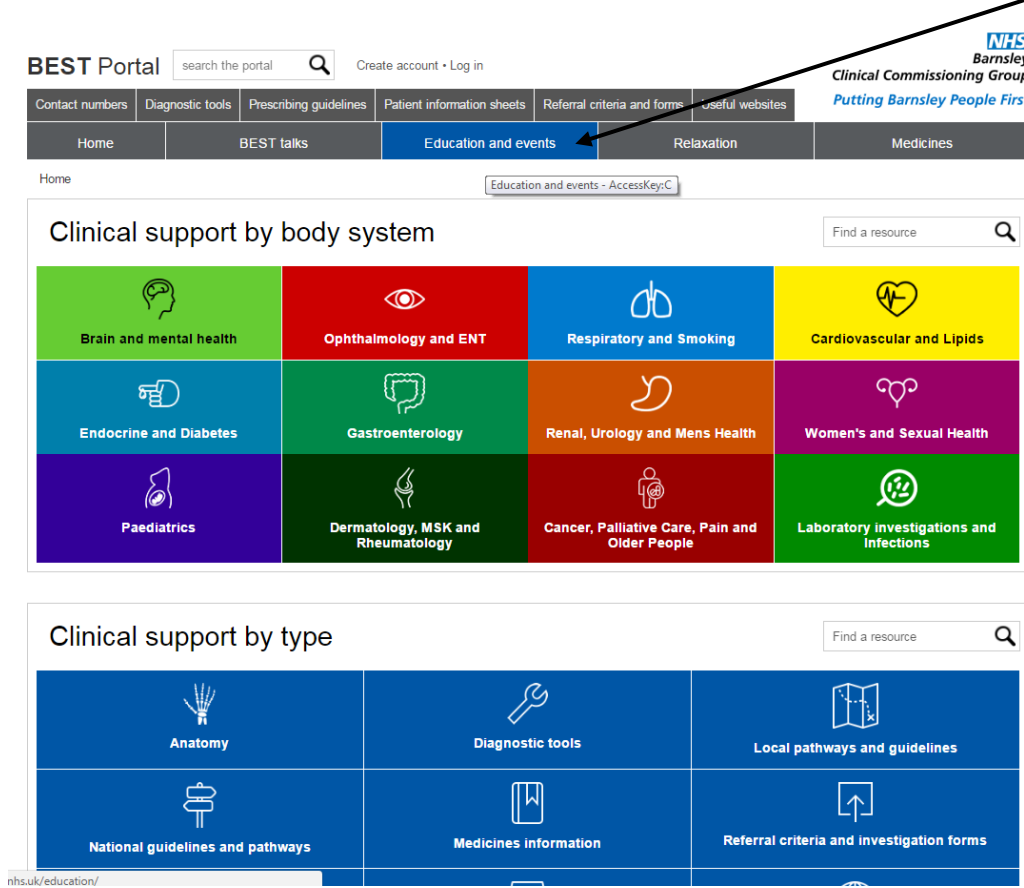


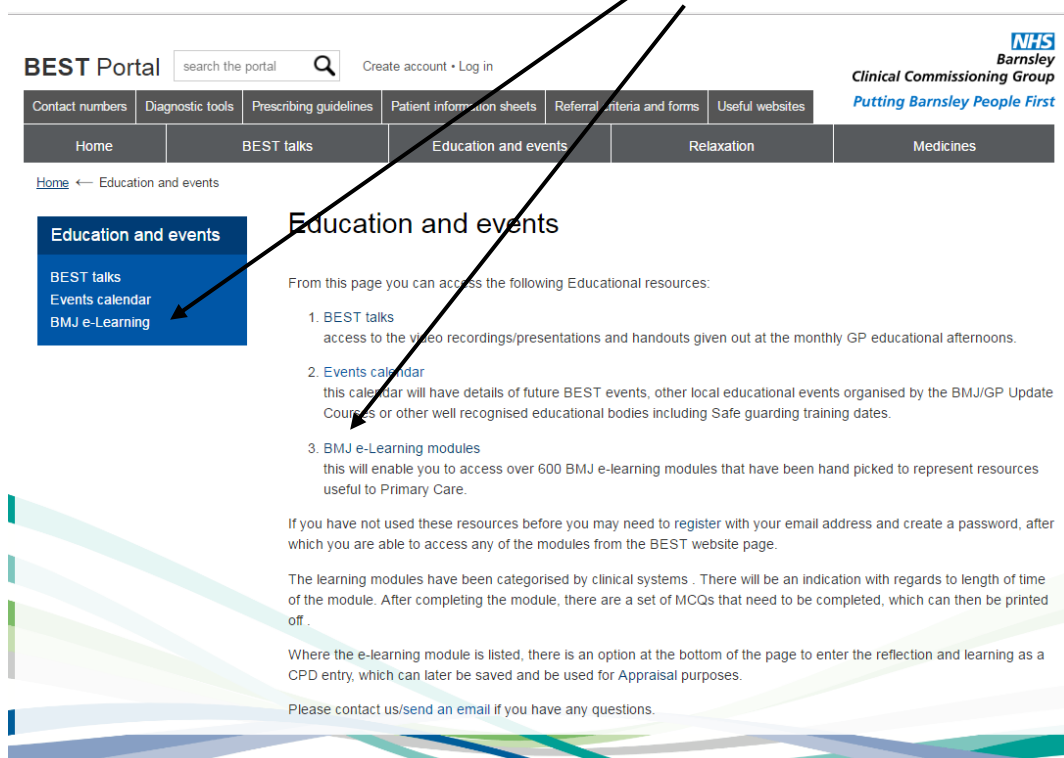
BMJ Learning Modules

There are 700 useful BMJ E-learning modules that have been selected specifically for the BEST website

You can access the BMJ learning modules via **education and events** on the BEST website.



You can select **BMJ learning** from the blue box on the left or number 3 under the education and events text on the page



When you select **BMJ learning** you will see the courses are categorised by **clinical support area** like other areas of the BEST website. If you know the area you are looking for you can select it from the menu on the left

BEST Portal search the portal Create account • Log in

NHS Barnsley Clinical Commissioning Group
Putting Barnsley People First

Contact numbers | Diagnostic tools | Prescribing guidelines | Patient information sheets | Referral criteria and forms | Useful websites

Home | BEST talks | Education and events | Relaxation | Medicines

Home ← Education and events ← BMJ e-Learning

e-Learning opportunities

Clinical support area

- Biochemistry (16)
- Breast (8)
- Cancer (30)
- Cardiovascular (72)
- Care of the elderly (17)
- Contraception (5)
- Dermatology (52)
- Diabetes (24)
- Endocrine (15)
- ENT (33)
- Gastroenterology (42)
- General (72)
- Gynae (26)
- Haematology (17)
- Hepatology (8)
- Lipids (6)
- Menopause (1)
- Men's health (17)
- Mental health (27)
- Microbiology (49)
- MSK (musculoskeletal) (53)
- Neurology (39)
- Ophthalmology (81)
- Paediatrics (6)
- Pain management (9)
- Palliative care (11)

1 2 3 4 5 6 7 8 9 10 ... 71

10 minute consultation - a feeling of a lump in the throat 30 minutes

10 minute consultation - baby with an abnormal head 30 minutes

10 minute consultation - diagnosis and management of chronic heart failure 30 minutes

10 minute consultation - Double vision 30 minutes

10 minute consultation - eustachian tube dysfunction in adults 30 minutes

10 minute consultation - eyelid lumps and lesions 30 minutes

10 minute consultation - gout 30 minutes

When you have selected the module you would like to undertake from the list, you will see this screen, click the blue **access the module** box

BEST Portal search the portal Create account • Log in

NHS Barnsley Clinical Commissioning Group
Putting Barnsley People First

Contact numbers | Diagnostic tools | Prescribing guidelines | Patient information sheets | Referral criteria and forms | Useful websites

Home | BEST talks | Education and events | Relaxation | Medicines

Home ← Education and events ← BMJ e-Learning ← Details

10 minute consultation - a feeling of a lump in the throat

This e-learning module is provided by BMJ Learning.

[Access the module](#)

Clinical Support Group
ENT

Category
BMJ Learning standard

Do you want to add this to your CPD record? [Log in and Add to my CPD](#)

Did you find this page helpful? [Send feedback](#)

This will now take you to **BMJ Learning** and you will see the module you have selected on screen. Select **start module**



Produced in collaboration with bmj.com.

Reviews

"Really common problem. I generally follow the suggested recommendations."

05.02.2017

GP/Family Physician, Endocrinology, GB

"Good: concise focused and practical"

03.02.2017

GP/Family Physician, General Practice, GB

"Thank you for this module! Very helpful and clear!"

26.01.2017

GP/Family Physician, Family Medicine

"Very good"

22.01.2017

30 minutes ★★★★★ (3) GPs, GP trainees

More

10 minute consultation - a feeling of a lump in the throat

Start module

Add to portfolio

Learn to diagnose and manage globus pharyngeus and understand the underlying physical causes. Be able to distinguish the condition from true dysphagia and recognise the red flags which should prompt an urgent referral.

Learning outcomes

After completing this module, you should know:

The typical presenting symptoms of globus pharyngeus and how to distinguish the condition from true dysphagia

The red flags that should prompt an urgent referral to exclude malignancy in a patient who presents with the sensation of a lump in the throat

The underlying physical causes that can lead to symptoms of globus pharyngeus

The appropriate initial primary care management for a patient with globus pharyngeus.

You will be asked to enter your email address, if you already have an account with BMJ Learning it will recognise your email address when you enter it and press continue

You need a subscription to access this module.

Please give us your email address so that we can check for an existing account.

What is your email address?

Continue



BMJ Learning

About BMJ Learning
Who we are
Policies
Partnerships
Accreditation

Site help

BMJ Learning FAQs
BMJ Portfolio FAQs
Contact us
Site map

My account

Create account
Subscribe
Manage account
Email alerts

Explore BMJ

BMJ
BMJ Best Practice
BMJ Masterclasses
BMJ onExamination
BMJ Portfolio
BMJ Quality
The BMJ
Journals

If you have an account enter your password and click **sign in** . (if you do not have a BMJ account, see the final page of this document on where to insert the access code 5927511916)

BMJ Learning

Subscribe English Sign in

Browse by specialty Search BMJ Learning

Home You are currently not logged in to BMJ Learning.

What is your email address

michelle.thompson26@nhs.net

We have found an existing BMJ Learning account for this email address. Please sign in with your password below to continue.

Password

Password

Remember me [Forgotten sign in details?](#)

Sign in

BMJ Learning

Site help

My account

ExploreBMJ

About BMJ Learning

Who we are

Policies

Partnerships

BMJ Learning FAQs

BMJ Portfolio FAQs

Contact us

Site map

Create account

Subscribe

Manage account

Email alerts

BMJ

BMJ Best Practice

BMJ Masterclasses

BMJ onExamination

This will bring you to the BMJ homescreen, which will look like the screen below. On another tab on your internet browser you will also still have the BEST website open with the module you selected. You will need to return to the **BEST website** page now

BMJ Learning

My Account Site settings English Sign out

Browse by specialty Search BMJ Learning

Home Welcome Michelle Thompson Help us recommend the modules most relevant to you: [check your details](#)

Get weekly personalised updates on modules relevant to you. [Sign up for email alerts from BMJ Learning](#)

BMJ Portfolio

Go to my Portfolio

Title	Date added
10 minute consultation - baby with an abnormal head	07-Feb-2017

Status: All BMJ Learning items only

Most popular

- Abdominal pain in children
- Reducing the risk of hyponatraemia when administering intravenous fluids to children
- Motivational interviewing in brief consultations
- Confidentiality

New modules

- Diagnosing and managing atrial fibrillation in primary care
- Acute coronary syndromes
- Easily missed: Acute Achilles tendon rupture
- Wrist examination
- 10 minute consultation - Double vision

When should you refer a patient for suspected cancer?

Our quick tips module will help you get to grips with the new 2015 referral criteria published by NICE. In the module, Dr Willie Hamilton, GP clinical lead on the NICE guideline, summarises the key practice-changing points for GPs. He tells you which important new groups of patients now qualify for a two-week referral and explains the new role of direct access testing in primary care.

You can also download printable quick reference tables that summarise all the symptom-based referral criteria for adults, as well as graphic summaries of the guideline for adults and children.

Updated modules

- Maintaining patients on oral anticoagulants: how to do it
- Anaemia in old age: common presentations
- Community acquired pneumonia: diagnosis and management
- Chronic obstructive pulmonary disease: long term management
- Starting patients on anticoagulants in secondary care: how to do it

When you return to the BEST website you will see your module is still open ready.
Click on the **access the module** button

The screenshot shows the BEST Portal interface. At the top, there is a search bar and navigation links for 'Contact numbers', 'Diagnostic tools', 'Prescribing guidelines', 'Patient information sheets', 'Referral criteria and forms', and 'Useful websites'. Below this is a main navigation bar with 'Home', 'BEST talks', 'Education and events', 'Relaxation', and 'Medicines'. The breadcrumb trail reads 'Home <- Education and events <- BMJ e-Learning <- Details'. The main heading is '10 minute consultation - a feeling of a lump in the throat'. A box on the left lists 'Clinical Support Group ENT' and 'Category BMJ Learning standard'. A blue button labeled 'Access the module' is highlighted with an arrow. Below this are sections for 'Do you want to add this to your CPD record?' with a 'Log in and Add to my CPD' button, and 'Did you find this page helpful?' with a 'Send feedback' button. The footer contains copyright information for 2017 Barnsley NHS Clinical Commissioning Group and links to 'Barnsley CCG', 'Barnsley CCG intranet', 'Barnsley CCG website', and 'Barnsley Area Joint Formulary'.

This will bring you to the BMJ screen and the module will now start when you click **start module**.

The screenshot shows the BMJ Learning interface. At the top, there is a search bar and navigation links for 'My Account', 'Site settings', 'English', and 'Sign out'. Below this is a main navigation bar with 'Home', 'Welcome Michelle Thompson', and 'Help us recommend the modules most relevant to you: check your details'. The main heading is '10 minute consultation - a feeling of a lump in the throat'. A blue button labeled 'Start module' is highlighted with an arrow. Below this are sections for 'Learn to diagnose and manage globus pharyngeus and understand the underlying physical causes. Be able to distinguish the condition from true dysphagia and recognise the red flags which should prompt an urgent referral.', 'Learning outcomes', and 'After completing this module, you should know:'. The learning outcomes listed are: 'The typical presenting symptoms of globus pharyngeus and how to distinguish the condition from true dysphagia', 'The red flags that should prompt an urgent referral to exclude malignancy in a patient who presents with the sensation of a lump in the throat', 'The underlying physical causes that can lead to symptoms of globus pharyngeus', and 'The appropriate initial primary care management for a patient with globus pharyngeus.' The footer contains copyright information for 2017 BMJ Learning and links to 'Privacy', 'Accessibility', 'Terms of use', 'Disclaimer', 'Help', and 'Contact the BMJ team'.

You can now work through the BMJ module following the on screen instructions

10 minute consultation - a feeling of a lump in the throat

Learning outcomes

After completing this module, you should know:

- The typical presenting symptoms of globus pharyngeus and how to distinguish the condition from true dysphagia
- The red flags that should prompt an urgent referral to exclude malignancy in a patient who presents with the sensation of a lump in the throat
- The underlying physical causes that can lead to symptoms of globus pharyngeus
- The appropriate initial primary care management for a patient with globus pharyngeus.

About the authors

N Foden is a registrar in otolaryngology at the Royal National Throat Nose and Ear Hospital, London, UK.

M Ellis is a registrar in otolaryngology at the Royal National Throat Nose and Ear Hospital, London, UK.

K Shepherd is a general practitioner at the Manor Health Centre, Wirral.

T Joseph is a consultant in otolaryngology at the Royal National Throat Nose and Ear Hospital, London, UK.

How to complete this activity

Each module has:

- a learning outcome
- peer review
- time needed to complete the module

Once the module has been completed, you can return to the BEST page and press **ADD to my CPD** to record your reflection and learning for future reference and / or for your appraisal.

The screenshot shows the BEST Portal interface. At the top, there is a search bar and navigation links for 'Create account' and 'Log in'. Below this is a menu with categories like 'Contact numbers', 'Diagnostic tools', 'Prescribing guidelines', etc. The main content area displays a module titled 'Breaking bad news: a how to do it guide' by the 'Clinical Support Group General/Palliative care'. A blue button labeled 'Access the module' is visible. At the bottom of the module card, there is a question 'Do you want to add this to your CPD record?' with a button labeled 'Log in and Add to my CPD'. A yellow box highlights this button, and a black arrow points to it from the right side of the page. Below the CPD question is another question 'Did you find this page helpful?' with a 'Send feedback' button.

e-Learning opportunities

Clinical support area

- Biochemistry (16)
- Breast (8)
- Cancer (30)
- Cardiovascular (72)
- Care of the elderly (17)
- Contraception (5)
- Dermatology (52)
- Diabetes (24)
- Endocrine (15)
- ENT (33)
- Gastroenterology (42)
- General (72)
- Gynae (26)
- Haematology (17)
- Hepatology (8)
- Lipids (6)
- Menopause (1)
- Men's health (17)
- Mental health (27)
- Microbiology (49)
- MSK (musculoskeletal) (53)
- Neurology (39)
- Ophthalmology (81)
- Paediatrics (6)
- Pain management (9)
- Palliative care (11)
- Pregnancy (20)
- Renal (5)
- Respiratory (29)
- Rheumatology (39)
- Smoking (6)

1
2
3
4
5
6
7
8
...
8

Advanced communication skills 1: beginning the consultation - with Roger Neighbour

30 minutes

Learn how to build an effective consultation model, and how to build rapport with an irritable patient.

Advanced communication skills 2: the middle of the consultation - with Roger Neighbour

30 minutes

Learn how to aid patient co-operation with an action plan, and how to manage patients who are confrontational.

Advanced communication skills 3: concluding the consultation - with Roger Neighbour

30 minutes

Learn how to conclude a consultation, how to anticipate the unexpected, and how to communicate uncertainty to patients.

Alcohol and substance misuse among doctors - with Dr Clare Gerada

30 minutes

Discusses factors leading to substance misuse, treatments, and the role of colleagues and organizations in supporting doctors.

An introduction to genomics

1 hour

Learn how genomic information can be used to make a more accurate or specific diagnosis of disease, individualise treatment, and predict the effects of drugs. With multimedia video.

The “general” box will contain e-learning modules related to Time Management, consultation skills, appraisal, PDP, Audits, SEAs confidentiality etc.

The modules are a mix of interactive case studies, podcasts, reading material followed by Q&A, videos, picture tests, NICE Guidance summaries and more.

If you do not have BMJ membership, then you can still access the e-learning modules, however you will need to insert the **BMJ access code 5927511916** as shown on the next page.

If you have queries re BMJ modules feel free to contact Dr Atcha on sabiha.atcha@nhs.net, leaving a telephone number and a suitable time to contact you.

If you are having queries about access to the modules or the website in general, please contact Michelle Thompson on 01226 433674 or michelle.thompson26@nhs.net.