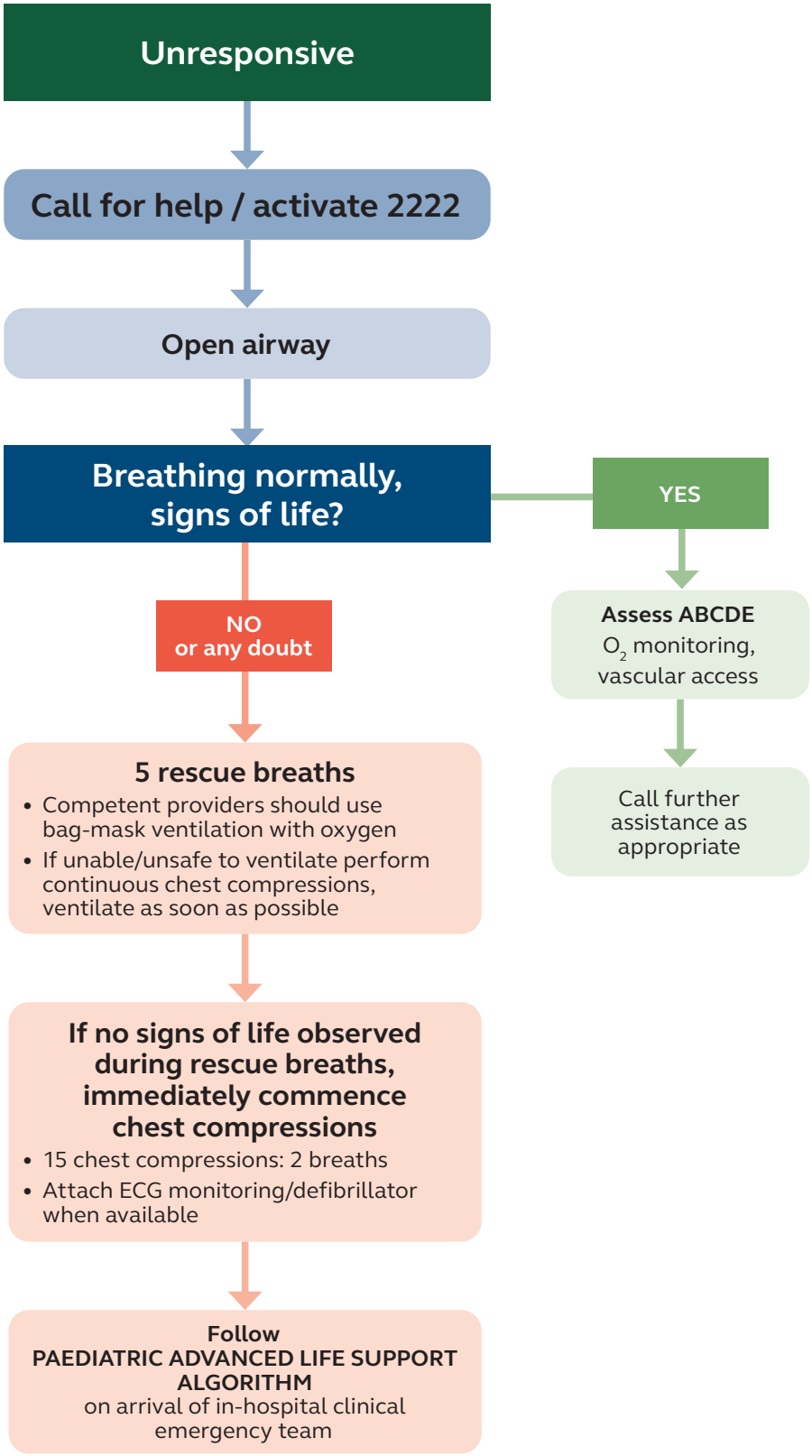Paediatric basic life support