



# LUNCHING WITH DIABETES

**Join our Diabetes Peer Support Group!**

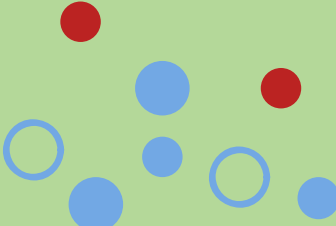
**Are you living with diabetes or pre diabetes? Looking for support and understanding? Join our friendly peer support group to:**

- Share experiences and tips
- Learn from others' journeys
- Gain motivation and encouragement
- Meet new people and build a supportive community

**FREE Lunch and Drinks provided**

**When: First Thursday of every month  
12:30pm - 2:30pm**

**Where: The Hub- Gateway Church, Mottram Hall, Barnsley,  
S71 1BH**



**For more information please contact:  
Lisa Baugh- 07897566881**

