

## Barnsley Continence Guide

<b>Background Information</b>	<p>Incontinence products are required for many patients returning to primary care after urological interventions in secondary care. This guide serves to offer the products considered to be both suitable in quality and also cost effective to primary care, where the significant majority of prescribing takes place.</p> <p>It is proposed that the items contained in the guide should be considered first choice products for the majority of patients. However, under certain circumstances, secondary care might request specific items outside of this guide. When items are initiated outside this guide, an explanation will be given as to the reason for a non- standard product.</p> <p>Many non-formulary items may be substituted for items in this guide at routine review by continence and community nurses where appropriate, as a means to standardise prescribing across SY ICB Barnsley Place.</p> <p>Appendix 1 contains a guide to suggested quantities of items required by a patient.</p>
<b>BNF therapeutic class</b>	Only the Catheter Maintenance Solutions (BNF section 7.2) are contained in the BNF. The other products contained within the guide are considered to be appliances and therefore are found in the sections IXa and IXb of the Drug Tariff.
<b>Indication</b>	Urinary incontinence
<b>Dosage and administration</b>	As per BNF
<b>Cautions and Contraindication</b>	As per BNF
<b>Adverse Drug Reactions</b>	As per BNF
<b>Monitoring</b>	No specific monitoring is required.
<b>Interactions</b>	There are no documented drug interactions for Catheter Maintenance Solutions in the BNF.

### Contact names and details

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### References

- British National Formulary (<https://about.medicinescomplete.com/publication/british-national-formulary/>)

- Drug Tariff September 2023 ([Drug Tariff | NHSBSA](#)) Accessed <06/11/2023>

### **Development Process**

*This guideline was originally developed in January 2018 following discussion between Lindsay Reynolds (Continence Specialist nurses - BHNFT), Andrea Tyas (Urogynae - BHNFT), Russel Dowde (Urology - BHNFT), Ruth Donoghue (Community Service Manager - South West Yorkshire Partnership NHS Foundation Trust), Michelle Wright (Team Lead, Continence and Urology) and the Lead Pharmacist - Barnsley CCG.*

*This guideline was reviewed and updated in July 2019 and July 2021 by Lindsay Reynolds, Michelle Wright, Andrea Tyas and Suzanne Morgan with input from the CCG MMT and approved at the Area Prescribing Committee on 13<sup>th</sup> October 2021 (due for review October 2024).*

*This guidance was reviewed and updated in September 2023 by Michelle Wright and Lindsay Reynolds. It was endorsed by Barnsley Area Prescribing Committee on 10<sup>th</sup> January 2024 (due for review January 2027).*

## Product guide

### Standard (male) Indwelling Urethral/Suprapubic Long Term (90 days)

Product	Manufacturer	Drug Tariff Code	Comments	Price Sept 2023
2 way Foley 100% Silicone pre filled syringe,10ml balloon	Prosys  CLINISUPPLIES LTD	PCF12M10- PCF18M10	12-18fg	£5.89 <b>FIRST CHOICE</b>
2 way Foley 100% Silicone pre filled syringe, 10ml balloon	Flexicath  FLEXICARE MEDICAL	01-111205C - 01-112605C	12-26fg	£5.50 <b>SECOND CHOICE</b>

### Female Indwelling Urethral/Suprapubic Long Term (90 days)

Product	Manufacturer	Drug Tariff Code	Comments	Price Sept 2023
2 way Foley 100% silicone with pre filled syringe,10ml balloon	Prosys  CLINISUPPLIES LTD	PCF12F10 – PCF18F10	12-18fg	£6.04 <b>FIRST CHOICE</b>
2 way Foley 100% silicone with pre filled syringe,10ml balloon	Flexicath  FLEXICARE MEDICAL	01-121205C – 01-121605C	12-16fg	£5.50 <b>SECOND CHOICE</b>

### Standard (male) Open Ended Indwelling urethral/Suprapubic (90days) 12-18fg

Product	Manufacturer	Drug Tariff Code	Comments	Price Sept 2023
2 way Foley 100% Silicone, 10ml balloon	FolySil  COLOPLAST LIMITED	AA8C12 – AA8C18	For additional urine drainage. Requires syringe and 10ml sterile water.	£6.91

### Tiemann Tip Foley Catheter **Only initiated by BHNFT or Continence and Urology Specialists**

Product	Manufacturer	Drug tariff Code	Comment	Price Sept 2023
Brilliant Plus Aquaflate 100% silicone 2 way Foley catheter.	TELEFLEX 12-22CH	850084- 000120-000220	1 every 8-12 weeks Contains syringe for inflation	£8.76

## Catheterisation Lubricant Gels

Product	Manufacturer	Drug Tariff Code	Comments	Price Sept 2023
Catheter Gel sterile soluble Lidocaine and chlorhexidine dihydrochloride 0.05%	Optilube Active OPTIMUM MEDICAL SOLUTIONS 11mls (Male)	1161	For use with all indwelling catheterisations	£1.13
Catheter Gel sterile soluble Lidocaine and chlorhexidine dihydrochloride 0.05%	Optilube Active OPTIMUM MEDICAL SOLUTIONS 6mls (Female)	1160		£1.08
Lidocaine 2% and Chorchexidine gel	Instillagel 11ml (Male) x10 CliniMed		Only available in packs of 10 via pharmacy. Classed as drug not appliance.	£11.00
Lidocaine 2% and Chorchexidine gel	Instillagel 6ml (Female) x10 CliniMed		Only available in packs of 10 via pharmacy. Classed as drug not appliance.	£10.50
Catheter Lubricant Gel No additives Male 12.5g	Cathejell Mono	CJM12501	Use where Lidocaine is contraindicated	£0.90
Catheter Lubricant Gel No additives Female 8.5g	Cathejell Mono	CJM08501	Use where Lidocaine is contraindicated	£0.85

## Catheter Maintenance Solutions

Product	Manufacturer	Drug Tariff Code	Comments	Price Sept 2023
3.23% Citric acid. URO tainer twin Suby G	B.BRAUN LTD	97466609	X2 30ml Encrustation blockage	£5.42
0.02% Polihexanide. URO tainer PHMB	B. BRAUN LTD	FB99965	100mls. Mechanical flush alternative to NaCl	£3.84
6.0% citric acid URO tainer twin solution R.	B. BRAUN LTD	9746625	Persistent Encrustation blockage	£5.42

**Catheter sterile leg bags with tap outlet, sample port, overnight connector, containing elastic straps and latex gloves (Pack of 10). 500ml most widely used. To be changed every 5-7days. **FIRST LINE CHOICE****

Product	Manufacturer	Drug Tariff Code	Comments	Price Sept 2023
LINC-Flo 350ml 10cm inlet tube, T-tap	L.I.N.C MEDICAL LTD	LM350MD-T		£22.03
LINC-Flo 350ml direct inlet tube, T-tap	L.I.N.C MEDICAL LTD	LM350SD-T		£22.03
LINC-Flo 500ml 10cm inlet tube, lever tap	L.I.N.C MEDICAL LTD	LM500MD-L	Suitable for thigh placement	£23.68
LINC-Flo 500ml 30cm inlet tube, lever tap	L.I.N.C MEDICAL LTD	LM500LD-L	Suitable for calf placement	£23.68
LINC-Flo 500ml adjustable inlet tube, lever tap	L.I.N.C MEDICAL LTD	LM500AD-L	Suitable for urinary sheaths or tall stature. Calf placement.	£23.41
LINC-Flo 750ml 10cm inlet tube, T-tap	L.I.N.C MEDICAL LTD	LM750MD-T		£23.73
LINC-Flo 750ml 30cm inlet tube, T-tap	L.I.N.C MEDICAL LTD	LM750LD-T		£23.73
LINC-Flo 750ml adjustable inlet tube, lever tap	L.I.N.C MEDICAL LTD	LM750AD-L		£23.69

**Catheter sterile leg bags with tap outlet, sample port, overnight connector, containing elastic straps (pack of 10). 500ml most widely used. **SECOND LINE CHOICE****

Product	Manufacturer	Drug Tariff Code	Comments	Price Sept 2023
Flexicare 350ml short tube	FLEXICARE LTD	00-1352		£22.90
Flexicare 350ml long tube	FLEXICARE LTD	00-2352		£22.90
Flexicare 500ml short tube	FLEXICARE LTD	00-1502		£22.90
Flexicare 500ml long tube	FLEXICARE LTD	00-2502		£22.90
Flexicare 750ml short tube	FLEXICARE LTD	00-1752		£22.90
Flexicare 750ml long tube	FLEXICARE LTD	00-2752		£22.90
Flexicare 750ml adjustable tube	FLEXICARE LTD	00-3502		£23.32

**Catheter 2l sterile night bag with lever tap, sample port. Change every 5-7 days.  
Pack of 10. Attach to leg bag.**

Product	Manufacturer	Drug Tariff Code	Comments	Price Sept 2023
LINC Flo	L.I.N.C MEDICAL LTD	TZ02-L	Sterile gloves included	£12.92 <b>FIRST CHOICE</b>
Flexicare F4L	FLEXICARE LTD	00-1201		£10.01 <b>SECOND CHOICE</b>

**Single use Non-sterile 2l night bags, change daily, attach to leg bag.**

Product	Manufacturer	Drug Tariff Code	Comments	Price Sept 2023
Prosys	CLINISUPPLIES LTD	P2	90cm inlet tube  Pack of 10	£2.18 <b>FIRST CHOICE</b>
LINC Flo	L.I.N.C MEDICAL LTD	LM2LNS	100cm inlet tube  Pack of 10	£2.26 <b>SECOND CHOICE</b>

**Catheter urethral/suprapubic 1l Belly Bag**

Product	Manufacturer	Drug Tariff Code	Comments	Price Sept 2023
Rush Belly Bag	TELEFLEX MEDICAL	B1000	Each bag licensed for 28 days	£11.43

**Catheter Valves**

Product	Manufacturer	Drug Tariff Code	Comments	Price Sept 2023
Care –Flo  Cather Valve	L.I.N.C MEDICAL SYSTEMS LTD	CF1	Pack of 5	£8.08 <b>FIRST CHOICE</b>
Prosys Catheter Valve	CLINISUPPLIES LTD	PCV3942	Pack of 5	£10.17 <b>SECOND CHOICE</b>

**Single use Intermittent Catheters pre lubricated or water sachet**

Product	Manufacturer	Drug Tariff Code	Comments	Price Sept 2023
Hi Slip Plus Hydrophilic Male	C S BULLEN LTD	HS.PM4008 – HS.PM4024	8-24fg Pack of 30	£33.11
Hi Slip Plus Hydrophilic Female	C S BULLEN LTD	HS.PF2008 – HS.PF2016	8-16fg Pack of 30	£33.11
Hi Slip Plus Hydrophilic Tiemann	C S BULLEN LTD	HS.PT4010- HS.PT4020	10-20fg Pack of 30	£37.84
Liquick Base Male	TELEFLEX	630010-630016	10-16fg Pack of 60 Ergothan Tip	£90.39

Liquick Base Female	TELEFLEX	630106-630114	6-14fg Pack of 60 Ergothan Tip	£90.39
Liquick Base Tiemann	TELEFLEX	631012-631016	10-16fg Pack of 60	£90.39

### Single use intermittent catheter pre lubricated or water sachet with integrated bag

Product	Manufacturer	Drug Tariff Code	Comments	Price Sept 2023
Lofric Hydro-Kit Male	WELLSPECT HEALTHCARE	42008253 - 42018253	8-18fg Pack of 30	£60.28
Lofric Hydro – Kit Female	WELLSPECT HEALTHCARE	42308253 - 42318253	8-18fg Pack of 30	£62.15
Lofric Hydro – Kit Tiemann	WELLSPECT HEALTHCARE	42510253- 42518253	10-18fg Pack of 30	£60.84
Actreen Glyc Set Male	B BRAUN MEDICAL LTD	226208E – 226218E	8-18fg Pack of 30	£70.17
Actreen Glyc Set Female	B BRAUN MEDICAL LTD	226306E – 226316E	6-16fg Pack of 30	£70.17
Actreen Glyc Set Tiemann	B BRAUN MEDICAL LTD	226108E- 226116E	8-16fg	£70.17

### Single use intermittent catheter pre-lubricated or water sachet – Female Mini's (For discrete use, to be used in combination with standard female length)

Product	Manufacturer	Drug Tariff Code	Comments	Price Sept 2023
Curan Lady	CLINIMED LTD	CL08 – CL14	8 -14 fg Pack of 30	£44.92
Actreen Mini Cath	B.BRAUN MEDICAL LTD	228008E- 228016E	8-16 fg Pack of 30	£52.21

### Catheter Draining Suspensory Systems (Prevents traction on catheter)

Product	Manufacturer	Drug Tariff Code	Comments	Price Sept 2023
LINC Leg bag sleeve	L.I.N.C Medical LTD	ME350-750SS ME350-750SM ME350-750SL ME350-750SXL ME350-750SXXL	S 24-39cm M 36-55cm L 40-70cm XL 65-95cm XXL 75-105cm	£7.89 Pack of 4 Washable <b>FIRST CHOICE</b>
Ugo Fix Sleeve (leg bag holder)	OPTIMUM MEDICAL SOLUTIONS	3005 3006 3007 3008	S 24-39cm M 36-55cm L 40-70cm XL 65-90cm	£7.90 4 Pack <b>SECOND CHOICE</b>
Clinifix (tube holder)	CLINIMED LTD	40 -310 40 -410	110mmx25mm 140mmx40mm Up to 7 days usage	£18.81 £20.57 10 Pack
Loc-Strap (retaining strap)	ROCHESTER MEDICAL LTD	49999	Pack of 5	£15.40 <b>FIRST CHOICE</b>
Simpla G Strap	COLOPLAST LTD	383001	Pack of 5 Adult	£15.48 <b>SECOND CHOICE</b>
Flexicare leg bag straps	FLEXICARE MEDICAL LTD	00-0032C	Pack of 10	£11.70

**Self-Adhering Silicone Urinary sheaths (Appropriate training required for correct measurement and fitting)**

Product	Manufacturer	Drug Tariff Code	Comments	Price Sept 2023
In View Penile Sheath	HOLLISTER LTD	Standard	Standard	£50.79 Pack of 30 <b>FIRST CHOICE</b>
		97225	25mm	
		97229	29mm	
		97232	32mm	
		97236	36mm	
		97241	41mm	
		Special	Short/Pop on	
		97125	25mm	
		97129	29mm	
		97132	32mm	
		97136	36mm	
		97141	41mm	
		Extra/Wide band	70% more adhesive	
		97325	25mm	
		97329	29mm	
		97332	32mm	
		97336	36mm	
97341	41mm			
Clear Advantage with Aloe	BARD LTD	Standard	Standard	£55.61 Pack of 30 <b>SECOND CHOICE</b>
		1243	24mm	
		1283	28mm	
		1323	32mm	
		1363	36mm	
		1403	40mm	
		Pop-On	Pop-On	
		2243	24mm	
		2283	28mm	
		2323	32mm	
		2363	36mm	
		2403	40mm	
		Wide Band	Wide Band	
		3243	24mm	
		3283	28mm	
		3323	32mm	
		3363	36mm	
3403	40mm			
BioDerm XLS Sheath (oval)	IMEDicare LTD	20026/10	For retracted penis, fitted over penile glands. Up to 3 day usage.	£91.17 Pack of 10



### Anal Plugs for Accidental Bowel Leakage (Not for use in diarrhoea or constipation)

Product	Manufacturer	Drug Tariff Code	Comments	Price Sept 2023
Peristeen Anal Plug	COLOPLAST LTD	1450	Small 37mm	£50.12
		1451	Large 45mm	£49.09
Renew Inserts	RENEW MEDICAL	706	Regular	£70.54
		707	Large	Pack of 30

### Vaginal Insert for Female Stress Incontinence

Product	Manufacturer	Drug Tariff Code	Comments	Price Sept 2023
Diveen	B.Braun Medical LTD	Set 3025E	Set pack contains one of each size for initial sizing.	Set Pack £8.78
		Small 3022E	Small and Medium packs contain 15 devices.	Small/Medium £41.17
		Medium 3023E		Single use only
Efemia Bladder Support	Advanced Global Health LTD	Starter 110505	Starter pack contains one of each size for initial sizing. 1 device every 3 months	Starter £50.22
		Small 30mm 110102		Small/Medium/Large £45.09
		Medium 35mm 110202		
		Large 40mm 110302		

## **Appendix 1**

### **Suggested quantities of items required by a patient**

#### **Urinary incontinence Devices**

##### **Types of catheters**

##### **Long term (up to twelve weeks)**

- Packaged in single units
- Prescribe two initially and from then on only one to be prescribed at a time.

##### **Medium term catheters (up to four weeks)**

- Packaged in single units.
- Prescribe two initially and from then on only one to be prescribed at a time
- If catheter life is less than four weeks, i.e. requiring recurrent re-catheterisation, consider a long term catheter and refer to your local continence service for advice.

##### **Intermittent catheters (ISC)**

- Supplied in packs of 30 unless otherwise stated
- How many a patient uses a day depends on their medical reason for ISC ranging from 1 to 5 times daily

#### **Catheter valves**

- For use with indwelling catheters only.
- Catheter valves should be changed every 5-7 days.
- No more than one packet (5) should be prescribed every month

#### **Catheter drainage bags**

- Leg bags should be changed every 5-7 days (manufactures recommendation).
- 500mls most common size used. Other volume leg bags are available. .
- **No more than one box of ten should be issued alternate months (6 boxes of 10 per year).**

## Night bags

### **Non-drainable night bags (single use)**

- Night bags should be used in conjunction with a catheter stand, available from delivery companies (DACs) and Barnsley equipment store (not available on FP10)
- Non-drainable night bags are preferred option as single use reduces the risk of infection.
- **No more than three boxes of ten should be issued monthly**

### Sterile drainable night bags

- For community bed bound patients, it may be appropriate for a sterile drainable 2 litre bag to be connected directly to the catheter. (Not recommended for nursing/residential home patient due to risk of cross infection).
- Drainable night bags be changed every 5-7 days (manufacturer's recommendation)
- **No more than one box of ten should be issued alternate months (6x10 boxes)**

### Catheter accessories

- LOC Strap/G strap and leg bag sleeves are washable and reusable.
- Pack of 5 G straps should last **four to six months**.
- Pack of 4 leg bag sleeves should **last for six months**

### Urinary sheaths

- It is recommended that sheaths are changed on a daily basis.
- Over ordering more than one box of thirty per month may indicate poor fit refer to continence team for advice.
- It is **recommended one box of thirty should be sufficient per month**

<https://www.prescgipp.info/our-resources/webkits/continence-and-stoma/>

<Accessed 04/10/2023>

*Refer to the latest drug tariff to check which category product comes under e.g. short or long term catheter:*

<http://www.nhsbsa.nhs.uk/PrescriptionServices/4940.aspx>

<Accessed 06/11/2023>