

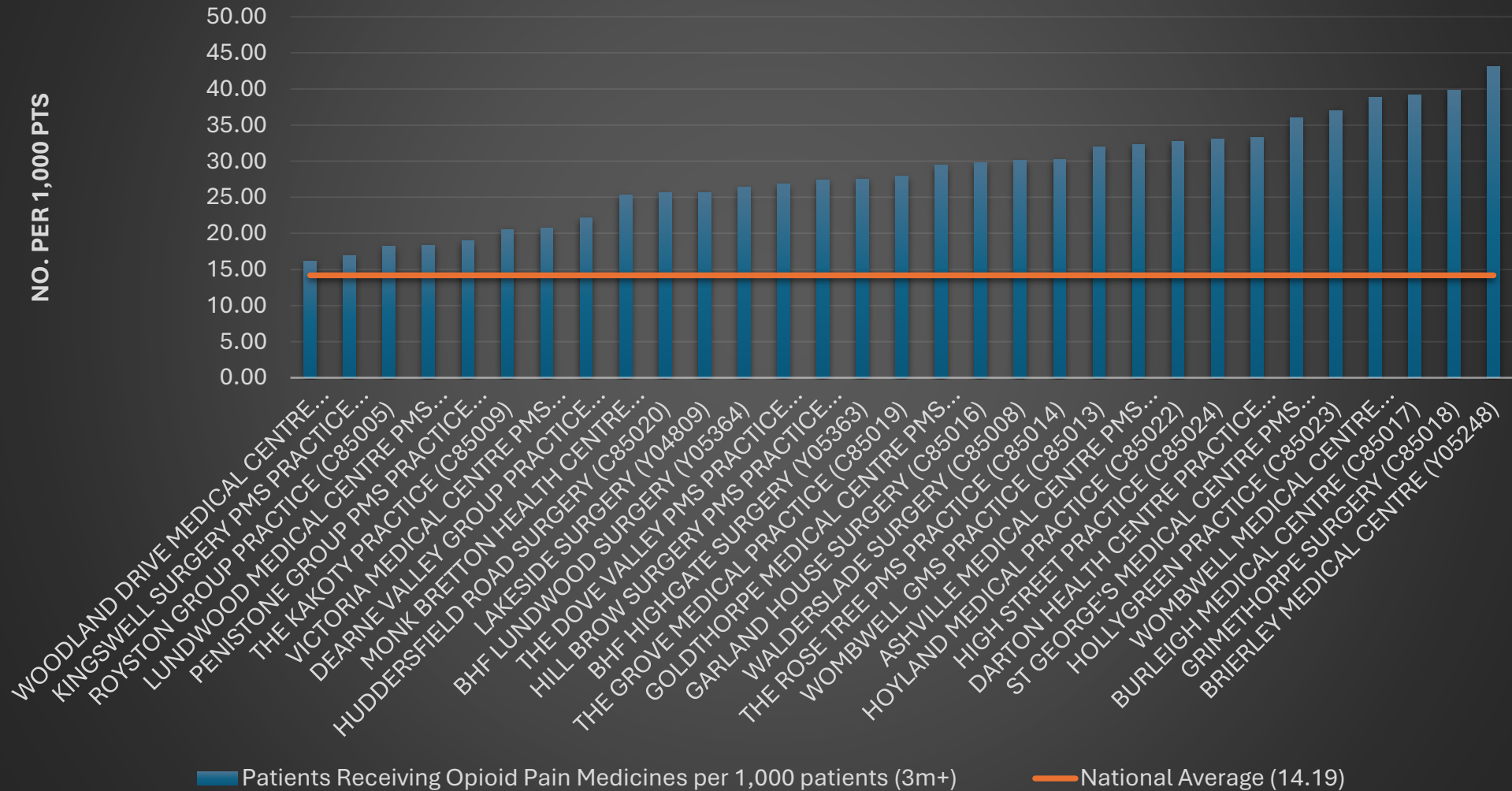


A Joint Approach:

Supporting patients on opiate based pain medication

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Opioid Prescribing in Chronic Pain Prescribed Over More Than 3 Months February 2025



Overview

A multi-disciplinary service to support patients to reduce or stop their opiate based medication.

- A holistic offer to patients including:
- Medical interventions
- Psychosocial interventions
- Alternative none medical pain management

Benefits to This Service



Patients offered
a wraparound
service



Less people on
opiate
medication



Reduced cost
and time to GP
practice



Improving long
term outcomes
when treating
pain





Barnsley Recovery Steps supporting you and your patients.



We can offer:

- Support to GPs from our Specialist clinical team
- 1-1 appointments with your patients offering support and guidance
- Psychosocial interventions to patients
- Appropriate onward referrals when needed
- Collaborative working offering a wraparound service



How We Are Making This Work?

Practice Support

- Pharmacy Technicians
- Pharmacists
- GP communication

Communication

- Email
- Multi-disciplinary Meetings
- Telephone

Sharing appropriate information

- Clinical information
- Goal setting
- Reduction plan progress



How We Are Making This Work?

Initial patient discussion

(Pharmacy technician, Pharmacist, GP)

- Patient identified
- Pain pack sent to patient
- Discussion with patient (Opiate use, risks, resources, patient views, practice position, referral to service)



Opioid leaflet



Pain pack
resources

Face to face support

(Recovery steps support worker)

- Patient's expectations, guidance, how we can support.

Reduction plan

(Agreed with patient GP)

- Ongoing 2 weekly support with recovery steps worker
- Prescriptions managed by pharmacist, pharmacy technicians following agreed GP reduction plans
- Patient tailored successful reductions
- Referral into services – Pain clinic, physio, social prescribing, health and well being coaches



Developing and expanding the service

Barnsley
Recovery Steps
are developing
a service to
support GPs
and their
patients, but
we need your
help

- Can you identify patients who are on opiate medication who are willing to reduce or stop it all together
- Could you make referrals to our service, to work collaboratively with ourselves and the patient



