

## Your appointment

You will be given an appointment at an appropriate clinic for an assessment. This may not be the clinic nearest to you.

We'll carry out a full assessment and agree an appropriate care plan with you.

Please bring an up-to-date prescription or details of all the medication you currently take.

Please wear loose fitting clothing or bring shorts with you. We often need to assess your lower legs to complete a thorough assessment.

Please wear appropriate footwear.



## Contact us

Call the single point of access on **01226 644575** to be put in contact with the service.

## Further information

We provide various advice leaflets. These are available on our website, or request them by contacting the service.

[www.southwestyorkshire.nhs.uk/services/podiatry-service/](http://www.southwestyorkshire.nhs.uk/services/podiatry-service/)



If you require a copy of this information in any other format or language please contact your healthcare worker at the Trust.



**South West  
Yorkshire Partnership**  
NHS Foundation Trust



## Podiatry and foot protection service

Information for patients

With **all of us** in mind.

## Who are we?

We are a specialist service for the **medical assessment**, diagnosis and treatment of the **high-risk foot** and associated structures.

NHS podiatrists have specialist knowledge and skills to treat medical conditions and deformities of the feet which may put a person at risk of developing limb-threatening ulcerations and or painful biomechanical conditions.

## What do we do?

### Biomechanics assessment

- Looking at the structure and functional perspective of the lower limb.
- Provide insoles / orthotics.



### Foot protection

Advice, education and or treatment to reduce the risk of limb threatening ulceration / amputation.



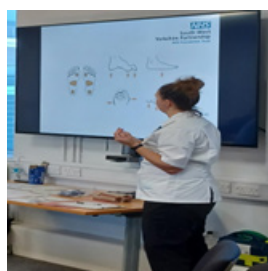
### Nail surgery

Surgical removal of part of whole of the toenail to prevent reoccurrence of painful / infected ingrowing toenail.



### Wound care

Management of active foot ulcerations to reduce the possibility of amputation / hospitalisation.



### Education sessions

Group education sessions relating to specific conditions which can impact on your feet (booked by appointment).

### Telephone advice

In some instances, after triaging your referral, you may be given telephone advice.

## What we do not provide

We do not offer a nail cutting service or low risk general care.

We do not provide prescription footwear or hosiery.

## How can I be referred to the service?

There are a variety of ways you can be referred to our service:

If you think you meet the criteria for assessment, you can self-refer by completing the online self-referral form.

Scan the QR code to make a referral or visit:

[www.southwestyorkshire.nhs.uk/services/podiatry-service/](http://www.southwestyorkshire.nhs.uk/services/podiatry-service/)



A GP, consultant or other health professional can also refer you. However, if you do not meet the specific criteria of the service, your referral will be rejected.

## What happens after we receive your referral?

Your referral will be triaged by a Health and Care Professions Council registered podiatrist.

If our services are suitable for you, you will be contacted with an appointment.

We may contact you if we need more information.