

Male Victims Of Domestic Abuse A Snapshot

Marilyn Selwood IDVA/DVSM

Domestic Abuse – It's Everybody's Business

Helping men and their children escape domestic abuse

- First British Charity set up in 2001 to support male victims and their families. Set up and run by women and men.
- Based in Somerset providing:
 - Direct services (national helpline and local drop-in)
 - Advocacy through training presentations and helping others
 - Annual National Conference
 - Website (100,000 users per year)
 - Specialist training for Armed Forces Welfare Staff
 - Male Domestic Abuse Network portal for professionals
 - Statutory Boards & Advisory Positions (CPS, NICE, ONS, DAFs, Home Office, EIDA)
 - Pattern Changing Courses and online training

NICE National Institute for
Health and Care Excellence

 **Helplines**
Partnership

We're part of the
EMPLOYER
INITIATIVE ON
DOMESTIC ABUSE

The CPD Standards Office
CPD PROVIDER: 21475
2017 - 2019
www.cpdstandards.com



UK SAYS
NO MORE
TOGETHER WE CAN END DOMESTIC VIOLENCE & SEXUAL ASSAULT

ManKind
Initiative 

A comment on statistics...

- ONS statistics show that one third of people who have experienced Domestic Abuse are men
- Police statistics show 20-25% of domestic abuse reports from men
- Less than 5% of cases heard at MARAC are for male victims
- SafeLives state that 3-5% of those who access services are male
- 1.2% of referrals to MARAC were for high risk LGBT victims whereas Stonewall UK report that 40% of GBT men have disclosed experiencing at least one incident of DVA

More stats....

- 1 in 3 victims of domestic abuse are men - 757,000 (1.5m women)
- 1 in 6-7 men and 1 in 4 women will be victims of domestic abuse in their lifetime
- 23% (1 in 4) of violence against person acts recorded by the police which were domestic abuse related (77% women)
- However, only 4.4 % (1 in 23) of victims of domestic abuse being supported by local domestic services are men
- Over a three year period (April 2016 to Mar 2019), 38 men were killed by a partner or ex-partner (222 women)

...and a few more

- Half of male victims (49%) fail to tell anyone they are a victim of domestic abuse and are nearly three times less likely to tell anyone than female victims
- 8.3% of men (16.9% of women) were victims of both domestic abuse and also then suffered from “force” within that abusive relationship
- 11% of male victims (7.2% women) have considered taking their life due to partner abuse
- There are only 39 organisations with 220 refuge/safe house spaces for male victims (only 48 are solely available for male victims, the other 172 are for either men or women).

...and finally

- Less than 2% of men who are victims of partner abuse state that it is a man who has carried out the abuse.
- The percentage of gay men (2.8%) or bi-sexual men (5%) who suffered partner abuse in 2019/20 is more than for heterosexual men (2.4%). Lesbian women (10.1%) and bisexual women (7.3%) as a percentage are more likely to be a victim of partner abuse compared to heterosexual women (5.3%).

Power and Control

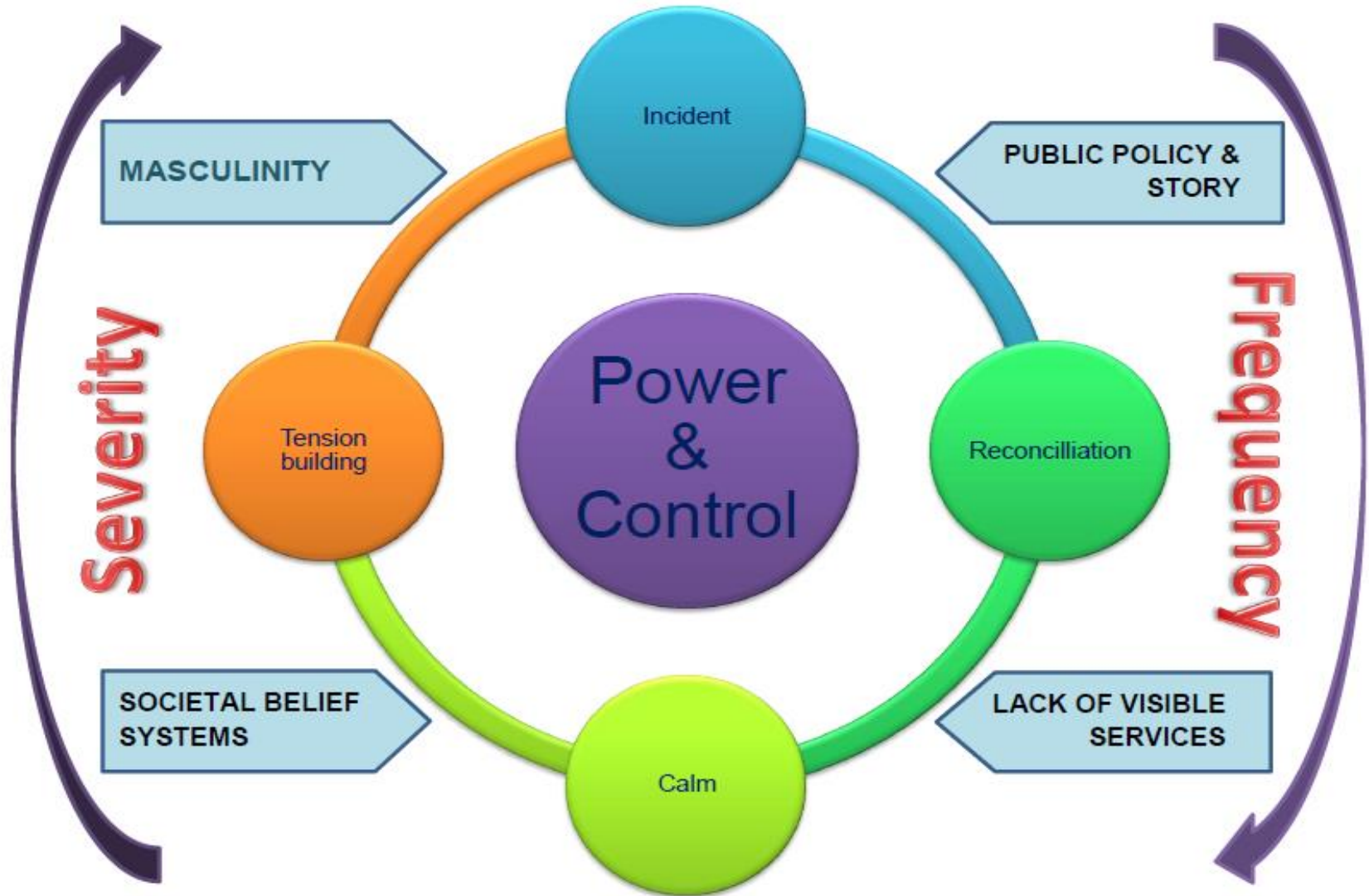
Domestic abuse and partner abuse is about controlling and coercing a partner to exert power so they have no identity or independence.

Important to note that all victims can suffer;

Physical, verbal, isolation, emotional, financial, sexual, threats, use of children & pets, stalking, family intimidation, use of sexuality, digital & social media, use of children, parental alienation, false allegations and threats.

However, men and women can experience differing levels of these behaviours, and often in different ways.

Cycle Of Abuse & Men



Male Specific Barriers

1. Masculinity
2. Belief systems
3. Lack of public policy & story
4. Lack of visible services

Men feel trapped and isolated as these bear down on them in addition to the abuse they are suffering.

***Three times more men than women
tell no-one they are a victim.***

Masculine Outcomes

Male victims;

- Do not understand or recognise they are a victim
- Feel a sense of shame, embarrassment and lack of pride
- Do not have control
- 'Magical Male Thinking' (If I ignore problem it might go away)
- Do not want to draw attention to problems
- Minimise and cope
- Feel they are not strong, resilient or providing security
- See it as a weakness & may be stigmatised for getting help
- Will not leave children behind
- Feel alone but hide it

Refuge and Safe Houses



**39 organisations
offering refuges or safe
houses**

220 bed spaces

48 for men

**172 non-dedicated
(available for men or
women)**

Nov 2020

Accommodation and Services



Practitioners can find out what services there are for men locally and nationally by joining the ManKind online portal www.MDAN.org.uk. The portal also has a secure area where professionals can access live Refuge/safe house information.

We have also worked with the Rail Distribution Group nationally during the COVID pandemic to coordinate the Train To Safety Scheme enabling men and their children to get free train tickets to refuge.

Services in your area

Organisation	Telephone	Location	Category	<u>Web address</u>
Barnsley Sexual Abuse & Rape Crisis Services	01226 320140	Barnsley	Sexual Abuse/Rape	http://www.bsarcs.org.uk
Centrepoint	0800 587 5158	Barnsley	Young People	https://centrepoint.org.uk
IDAS (Independent Domestic Abuse Services)	Helpline: 03000 110110 Office: 01226 320 112	Barnsley	Information & Support	https://www.idas.org.uk
Pathways Support Centre	01226 731812	Barnsley	Counselling	http://www.pathwaysbarnsley.uk/contactus.html

COVID-19

- During the pandemic we have been holding regular Zoom meetings with practitioners and other service providers and we know that there has been an increase in calls to services of around 35-40% including our national helpline.
- We also know that victims have been accessing online services such as websites and chat rooms and we have seen an increase of around 160% in visits to our website.
- Men are reporting issues around breaches of child arrangement orders but we've also seen an increase in men experiencing issues with mental health and not being able to access their usual services.

#YouAreNotAlone

#StandWithHim

Mankind Helpline

- Our national helpline is available for victims, survivors, friends, family and professionals Mon – Fri 10:00 – 16:00.
- It offers a listening and signposting service by trained and experienced staff.
- The helpline does not receive any government funding and is run purely on grants and donations received by the charity.
- The helpline usually receives in excess of 2000 calls per year.
- The helpline number is [01823 334244](tel:01823334244)

Training for Professionals



We offer various different training courses which are now available both face to face and online;

- ❖ eLearning – 90-120 mins online
- ❖ Face to face full day – 7 hrs
- ❖ Virtual full day – 2 x 3 hr sessions



We also provide consultations and deliver presentations at Health & Wellbeing events, Community Safety events and other awareness raising opportunities.

Training for Professionals

For more information on training you can visit our website;

<https://www.mankind.org.uk/for-professionals>

9 Week Male Pattern Changing Course

Aims & Objectives

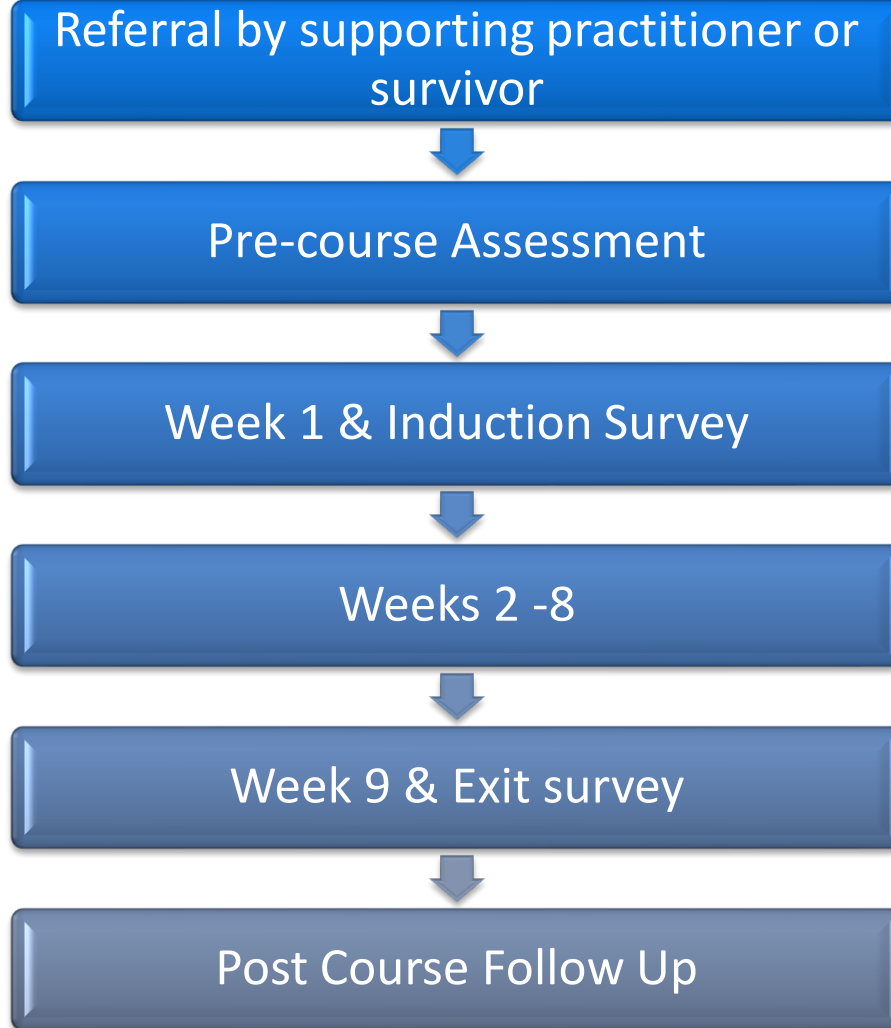
- Identifying & understanding abuse
- Dealing with emotions following an abusive relationship
- Strengthening child/parent relationships
- Provide a safe environment to discuss Male specific issues
- Promote healthy futures for survivors



Course Modules

1. What is abuse?
2. The Male Experience
3. Recognising The Signs
4. Controlling & Coercive Behaviour - Not Just Physical
5. Sexual Abuse – It's unspoken
6. Domestic Abuse – The Impact On Children
7. Keeping Safe
8. What Is A Healthy Relationship?
9. Moving On.....Life after abuse

How does it work?



What You Can Do?

- Believe & reassure them
- Do not judge them & be patient
- Focus on supporting them and building self confidence
- Encourage him to seek the help
- Signpost/refer him to sources of support both locally and nationally
- Discuss and be clear whether it is confidential

Remember

- it is likely that you are the first person they have ever told
- they want to know your service is male-victim-friendly
- they will not necessarily believe they are a victim

The Three R's



**Recognise
Respond
Record**

Ask Yourself

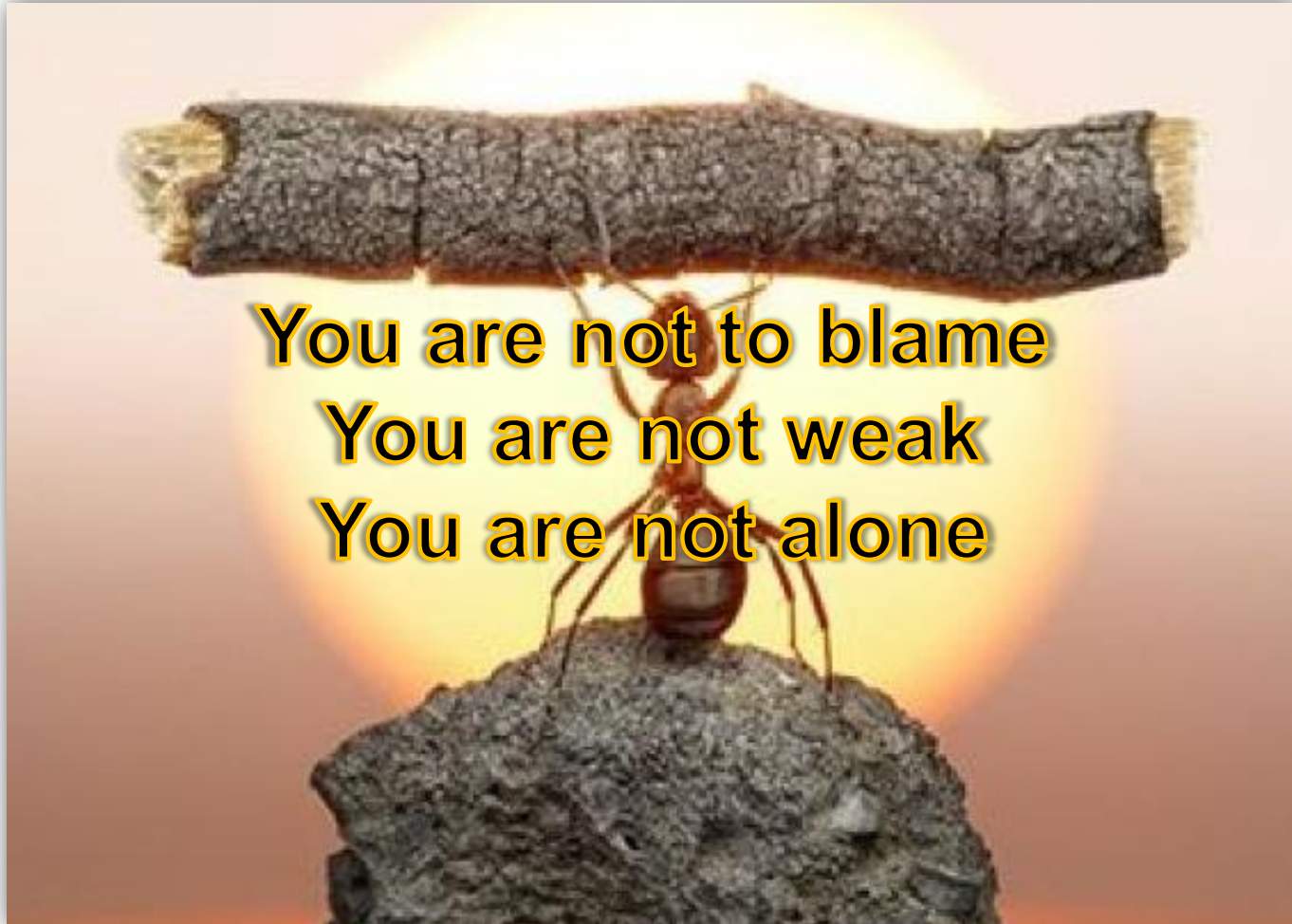
The Government Domestic Abuse definition is gender neutral meaning male and female victims are equal under the law, guidance and equalities act.

Ask yourself “Do I give the same level of support to a man or woman with same level of risk and need?”

The Equalities Commission previously used:

“Men. Women. Same. Different.”

Message for Survivors



**You are not to blame
You are not weak
You are not alone**

How To Contact Us

Marilyn Selwood

Service Associate (DVSM/IDVA)

associate@mankind.org.uk

For training enquiries contact training@mankind.org.uk

Mobile: 07493 144169

Admin: 01823 334229

Helpline: 01823 334244

www.mankind.org.uk

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