

IDAS: Lives free from fear, harm and violence

WHO WE ARE

IDAS is the leading specialist domestic abuse charity in Yorkshire.

IDAS also offer advice and support to people who have been affected by sexual violence and abuse.



WHAT DO WE DO

Our Aims;

- To provide holistic specialised support to victims and families experience or having experienced Domestic Abuse
- Provide risk assessment, safety planning and support plan as part of our intervention
- Provide support to professionals and services to enhance their skills and knowledge in relation to domestic abuse including training
- Provide specialist bespoke domestic abuse recovery and educational groups

HOW DOES IT WORK? WHAT DO I NEED TO KNOW?

- What coercive control and domestic abuse is
- How to respond if someone says they are experiencing abuse
- The local services that can provide help and expert support



WHY YOUR PROFESSION

- Because of your relationship with your clients as a universal service provider
- Clients feel that they are in a safe environment
- You can be an influential and invaluable community partner in the fight against domestic abuse
- Our last 2 DHRs now publicised show lessons to be learnt about joining up of universal services and specialist providers

WHAT IS DOMESTIC ABUSE?

- What the definition of domestic abuse is and who can be affected by it





DOMESTIC ABUSE IS DEFINED AS:

Any incident or pattern of incidents of controlling, coercive or threatening behaviour, violence or abuse between those aged 16 or over who are, or have been, intimate partners or family members regardless of gender or sexuality



ABUSE CAN TAKE THE FOLLOWING FORMS;

- Psychological
- Physical
- Sexual
- Financial
- Emotional

<https://m.youtube.com/watch?v=JKxLav2S4GA>



COERCIVE BEHAVIOUR

is a continuing act or pattern of acts of assault, threats, humiliation and intimidation that is used to harm, punish or frighten their victim

CONTROLLING BEHAVIOUR

Is designed to make someone dependant by isolating them from sources of support, exploiting them for personal gain, depriving them of independence and controlling their everyday behaviour



LISTENING AND ASKING

- SUPPORT
- BE NON-JUDGEMENTAL
- GIVE THE VICTIM A CHOICE
- REASSURE THEM ABOUT CHILDREN



THE DO'S AND DON'TS

DO:

- Listen carefully
- Find out what the victim wants and let them choose what they need from you
- Provide information about options and don't make choices for the victim
- Tell victims about the services that can help
- Focus on facts, keep opinions to yourself
- Believe the victim and reassure them that it's not their fault



DON'T:

- Panic
- Talk too much
- Tell the victim what to do
- Guess at the information
- Expect too much
- Offer more than you can deliver
- Act as a mediator or contact point with the perpetrator



WHO TO CONTACT FOR SUPPORT



If you are impacted by domestic abuse or would like to refer someone for advice, support or accommodation, please contact IDAS on

03000 110 110

Or visit:

www.idas.co.uk

Women's Aid also offer a national 24 hour helpline which is available on:

0800 2000 247



I need support

Our specialist services are here to help you.

[FIND OUT MORE >](#)





DOMESTIC ABUSE SUPPORT

REFUGE

SEXUAL VIOLENCE SUPPORT

CHILDREN AND YOUNG PEOPLE

TRAINING AND AWARENESS

HELP IF YOU ARE ABUSIVE

OTHER HELP AVAILABLE

MAKE A REFERRAL

About IDAS

IDAS is the largest specialist charity in Yorkshire supporting people affected by domestic abuse and sexual violence.

MORE ABOUT IDAS >





Make a Referral

Home > Contact > Make a Referral

Your Name (required)

Your Email (required)

Your Telephone number (required)

Name of person you are referring

Address of the person you are referring

IDAS Contact Details

Domestic Abuse Helpline:
03000 110 110

Rape Support Line:
0300 111 0777

Craven outreach
01756 794400

Hambleton & Richmondshire outreach
01609 779769

Harrogate refuge
01430 500070





IDAS

Would you like to leave a voice mail on the house phone?

Yes No

Is it safe to leave a message on mobile?

Yes No

Reason for referral. (Please provide as much information as possible including the nature of abuse and the type of support required).

Large empty text area for providing details of the referral.

Relationship status

Text input field for relationship status.

Name of alleged abuser

Text input field for name of alleged abuser.

Are the police involved?

Yes No Don't know

Does the person consent to IDAS support?

Yes No

DASH RIC

Each case is then contacted within 24 hours for High risk and 48 hours for standard and medium

The DASH RIC is then completed

If high risk the referral is made to MARAC

All cases are offered safety planning which includes

House or accommodation assessment

Target hardening

Civil orders explored

Support with police and justice system

Emotional recovery support

Speak to me- GP practice friendly scheme

A brand new scheme called Speak to Me

We will provide bespoke practice training for all staff around Domestic Abuse questioning and signposting for support

We will provide the merchandise of posters, badges, pens and cups to promote that your practice is a safe place to talk about domestic abuse

We will provide a dedicated health IDVA as a link for the hospital and GP practices

We will take the referrals identified through the Speak to Me campaign and provide the support to clients we may never have become aware of

Save The Date Launch event.....

ANY QUESTIONS?

You can contact us on:

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