

National Diabetes Prevention Programme (NDPP)

Update & Reminder Change of Provider 1st August 2019 – South Yorkshire & Bassetlaw



From the 1st of August referrals will be sent to REED Wellbeing as the new Provider. **EMIS Practices** should have received their ZIP File and guidance to change, please check your clinical system has the most up to date referral form uploaded. Systm 1 templates have been coordinated to change automatically on the 31st July, please contact Faye Senior if there are any problems.



There will be a change to the email address that referrals are submitted to and a different contact number (please see Page 2 for resources)

IA

Patients will be contacted by phone for their Initial Assessment (IA) reducing waiting times and can also call REED directly if they have their most recent blood tests results available.



A wide range of community venues are to be used including evening and weekend availability. The groups are populated upon referral demand and in due course practices will be made aware of when and where a group is being undertaken so that you can ensure patient's are aware of exactly where they can access.

Healthier You: NHS Diabetes Prevention Programme 

The digital stream of the NHS Diabetes Prevention Programme is offering an online method of recording activity and monitoring progress.

It will help time-limited individuals to prevent or delay the onset of this life changing disease.

Find out more online at www.england.nhs.uk/ndpp

There is a new digital offer however the preferred delivery is still face to face and the provider will establish whether a patient cannot engage with the face to face provision and is suitable for a digital offer instead.








If you have any further queries, please contact Faye Senior who is the Diabetes Prevention Programme Facilitator for the South Yorkshire & Bassetlaw ICS.

Faye Senior

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REED Wellbeing – Table of Resources & Information

<p>Brochure for Health Professionals</p>	 Health Professionals Brochure.pdf
<p>Patient Information Leaflet in brief * (leaflets in other languages will be available in due course)</p>	 A4 - Your Journey Sheet.pdf
<p>Patient Journey Booklet in Detail including Patient Stories & Experience of the Programme * (leaflets in other languages will be available in due course)</p>	 A5 - Your Journey Booklet.pdf
<p>Programme Overview in Detail for Clinicians</p>	 Healthier You - Programme Overview
<p>Programme Overview Simplified version of the above for Clinicians</p>	 Healthier You - Programme Overview
<p>Referral Form</p>	 NDPP Referral Form - with logo FINAL.pdf
<p>Template Letter to Patient if Eligible for the Programme</p>	 Invite Letter NDPP Referral.docx
<p>REED Wellbeing Contact Details; All referrals are to be emailed to the following email address; healthieryou.syandb@nhs.net REED Wellbeing Telephone Number: 0800 092 1191 Patient's are able to self-refer by phoning the number above and speak to the support team as long as they have the required information for example HbA1c blood result within the range and timeline. For more information about REED their website is; http://reedmomenta.co.uk/healthieryou/gp-information/</p>	

A reminder of the referral criteria for the National Diabetes Prevention Programme is below;



Patient's eligible for referral;

- Aged 18 plus
- Not pregnant at referral
- Blood glucose level in the past 12 months that indicates prediabetes (HbA1c 42-47mmol/mol; FPG 5.5 – 6.9mmol/l)
- No subsequent diagnosis of Type 2 Diabetes

How do I refer?

- Send eligible patients a letter suggesting they call REED directly as long as they are aware of their blood glucose level
- Complete the referral form on the clinical system
- Patient's are able to call REED directly on 0800 092 1191 if they have their up to date blood test results