

CPD Learning Structured Reflective Template

Suggestions on the type of content to consider placing under each title

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| Title and Description of Activity or event |
| <ul style="list-style-type: none">• Dates of Activities or events• Which category of activity does this match<ul style="list-style-type: none">○ General information about your practice○ Keeping up to date○ Review of your practice e.g. Quality Improvement, Significant event○ Feedback on your practice e.g. Patient/Carer/Colleague feedback, complaints, complements |
| What have you learned? |
| <ul style="list-style-type: none">• Describe how this activity contributed to the development of your knowledge, skills or professional behaviours• You may wish to link this learning to one or more of the GMC <i>Good Medical Practice</i> domains to demonstrate compliance with their principles and values;<ul style="list-style-type: none">○ Knowledge skills and performance○ Safety and Quality○ Communication, partnership and teamwork○ Maintaining Trust |
| How has this influenced your practice? |
| <ul style="list-style-type: none">• How have your knowledge skills and professional behaviours changed?• Have you identified any skills and knowledge gaps relating to your professional practice?• What changes to your professional behaviour were identified as desirable?• How will this activity or event lead to improvements in patient care or safety?• How will your current practice change as a result?• What aspects of your current practice were reinforced?• What changes in your team/department/organisation's working were identified as necessary? |
| Looking forward, what are your next steps? |
| <ul style="list-style-type: none">• Outline any further learning or development needs identified (individual team/ organisation as needed)• If further learning and development needs have been identified how do you intend to address these?<ul style="list-style-type: none">○ Set SMART objectives for these (Specific, Measurable, Achievable, Relevant and Time bound)• If changes in professional practice (individual or team/department) have been identified as necessary, how do you intend to address these? |
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