

# BEST website Diabetes Resources

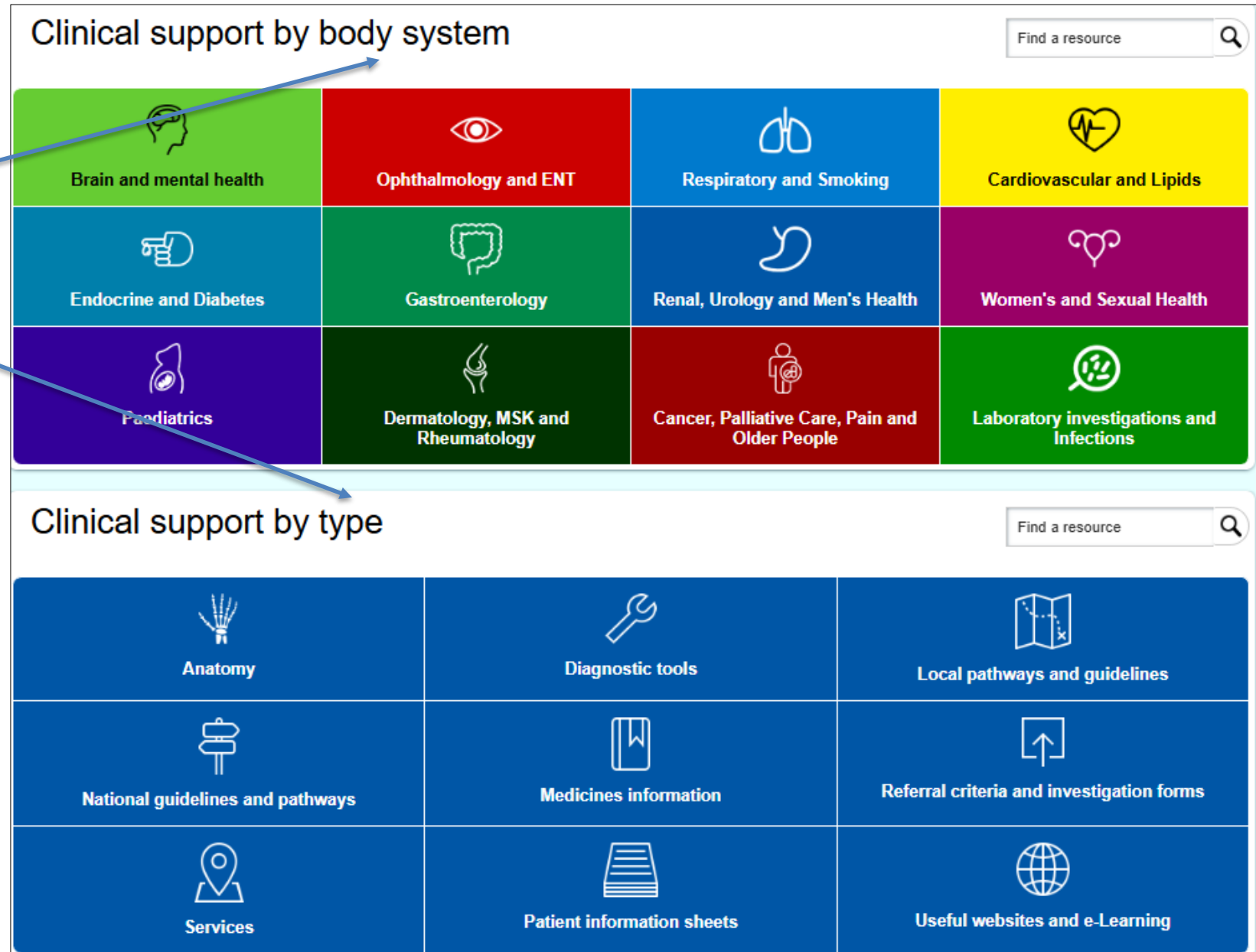
Emma Smith, BEST Lead Administrator

This is the BEST website homepage.

All content can be searched by 'body system' or 'type'.

For example: 'Brain and Mental Health' (body system) will only show the 'Anatomy', 'Diagnostic Tools', 'Local Pathways' etc (types) for that body system.

If you were to select the 'Diagnostic Tools' icon, this would list these for all the body systems.



## Let's look at the resources for patients with Diabetes.



Endocrine and Diabetes

### Type Area:








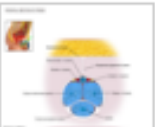



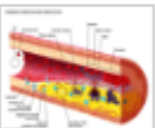






Anatomy

### How can I use this to support patient care?

Use the images to explain the patient's condition.

### Website link:

[Anatomy - BEST](#)

	Coronary artery disease	 
	Diabetes Complications	
	Diabetes Life hygiene	
	Glans penis- blood vessels - Erectile dysfunction and cardio vascular health)	  
	Lipids - atheroma	  
	Pancreas and Liver	 

Type Area:

Diagnostic Tools






















How can I use this to support patient care?

Information on diagnosis, medications, monitoring and complications.

Alcohol chart and BP chart can be printed off for patient use to monitor their condition.

Website link:

[Diagnostic Tools - BEST](#)

Alcohol Screening Tool - Audit C	   
Alcohol Unit Chart 	   
CKD -new classification system and algorithm	 
CKD blood pressure targets	  
Diab: Diagnosing Diabetes	 
Height -Weight Conversion Chart	  
Hypertension- Home monitoring Blood Pressure chart	 

Type Area:













Local Pathways

How can I use this to support patient care?

Information on diagnosis, medications, monitoring and complications.

Website link:

[Local pathways and guidelines - BEST](#)

Barnsley Population Screening Guide	    
Diabetes Barnsley Guidelines	        
Diabetes NDPP	

Type Area:

National Pathways



























How can I use this to support patient care?

NICE guidance for management of Diabetes.

DVLA guidance.

Website link:

[National guidelines and pathways - BEST](#)

1E-Endocrine and metabolic -Clinical Knowledge Summaries-NICE <a href="#">↗</a>	 
1M-Preventative Medicine-Clinical Knowledge Summaries-NICE <a href="#">↗</a>	       
Blood Sciences Urine Protein Method	
Diabetes	
DVLA - Current medical guidelines on Fitness to Drive	     
Peripheral Arterial Disease	 
Population Screening Programme <a href="#">↗</a>	     

## Type Area:










Medicines Information

## How can I use this to support patient care?

Prescribing Guidelines (11), Shared Care Guidelines (9) and Drug Monitoring Guidelines for medications.

## Website link:

[Clinical support - BEST](#)

Clinical support		
 Anatomy	 Diagnostic tools	 Local pathways and guidelines
 National guidelines and pathways	 Medicines information	 Referral criteria and investigation forms
Prescribing guidelines	Shared care guidelines	Drug monitoring
 Services	 Patient information sheets	 Useful websites and e-Learning

## Type Area:

Medicines Information >  
Prescribing Guidelines







How can I use this to support  
patient care?

For reference.

## Website link:

[Prescribing guidelines – BEST](#)

[Diabetes Guidelines - BEST](#)

CVS: Hypertension - antihypert	Diabetes: SY ICB Guidance for Continuous Glucose Monitoring (CGM) in Adults and Children with type 1 and type 2 diabetes	
Diabetes: Continuous Self-bloo	DPP-4 Inhibitors ('gliptins') in the Management of Type 2 Diabetes Position Statement (IMOC approved) 	
Diabetes: Diagnosis tests (APC Approved)		
Diabetes: Insulin Therapy for Type 2 Diabetes (APC Approved)		
Diabetes: monitoring - blood glucose meters and blood glucose strips (APC Approved)		
Diabetes: Needles for Pre-filled and Reusable Pens Position Statement (APC Approved)		
Diabetes: Prescribing of Sodium-Glucose Cotransporter-2 Inhibitors (SGLT2 inhibitors) and risk of Diabetic Ketoacidosis (including in patients with COVID-19) (APC Approved)		
Diabetes: South Yorkshire Algorithm for the Management of Young Adults with Type 2 Diabetes (18-39 years) (IMOC Approved)		
Diabetes: South Yorkshire Guidance for supporting women with type 2 diabetes to prepare for pregnancy (IMOC Approved)		
Diabetes: South Yorkshire Hybrid Closed Loop Guidance (IMOC approved)		



Type Area:











Medicines Information >  
Shared Care Guidelines

How can I use this to support  
patient care?

For reference.

Website link:

[Shared care guidelines - BEST](#)

Drug Monitoring in Adults in Primary Care	
Finerenone in patients with CKD and type 2 diabetes	
Freestyle Libre - Protocol for Adults (APC Approved)	
Freestyle Libre - Protocol for Children (APC Approved)	
GLP1 Agonist (APC Approved)	
Insulin Aspart (Fiasp)	
Liothyronine (T3) Shared Care Guideline	
Tirzepatide in adults with type 2 diabetes Amber-G guideline (IMOC approved)	
Toujeo	
Tresiba	

Type Area:


Medicines Information >  
Drug Monitoring

How can I use this to support  
patient care?

For reference.


Website link:

[Drugs Monitoring - SPS - Specialist  
Pharmacy Service - BEST](#)



Specialist  
Pharmacy  
Service

The first stop  
for professional  
medicines advice

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Medicines SupplyMonitoringMCA StabilityFridge stability toolAseptics StabilityKME

Before starting

DefaultCompactFilter medicine

Medicine	Frequency and condition	Tests	Last modified
<a href="#">ACE inhibitors and angiotensin II receptor blockers monitoring</a>	Baseline	Blood pressure Estimated glomerular filtration rate or Serum creatinine (for creatinine clearance) Serum potassium Serum sodium	23 Apr 2025
<a href="#">Acetylcholinesterase inhibitors monitoring</a>	Baseline	Estimated glomerular filtration rate · for galantamine and rivastigmine only Liver function tests Serum potassium · for galantamine	5 Jul 2021
<a href="#">Alfacalcidol monitoring</a>	Baseline	Alkaline Phosphatase Parathyroid hormone Serum calcium · ideally corrected calcium for protein binding Serum creatinine (for creatinine clearance) Serum phosphate Urea and electrolytes Vitamin D · (25-hydroxy vitamin D level)	15 May 2023
<a href="#">Amiodarone monitoring</a>	Baseline	Chest x-ray ECG Liver function tests · particularly transaminases Serum magnesium Serum potassium Thyroid function tests · T3, T4, thyroid stimulating hormone (TSH) Urea and electrolytes	4 Feb 2025
	Consider		
	Once	Thyroid peroxidase antibodies	

Type Area:








Referral Criteria, forms and investigations

How can I use this to support patient care?

Patients informed of referrals made and referral pathways.

Website link:

[Referral criteria, forms and investigations - BEST](#)

Advice and Guidance from Barnsley Hospital	
Diabetes: GP referral Pathway for children and Young People with Suspected Newly Diagnosed Type 1 Diabetes 	 
Diabetes: Service referral form 	
high cholesterol/ lipid clinic referral	
NHSE Diabetes Prevention Programme (NDPP) Referral Form	

Type Area:































Services

How can I use this to support patient care?

Patients aware of relevant services available to them.

Website link:

[Services - BEST](#)

<b>Barnsley Integrated Diabetes Service</b> Barnsley Hospital NHS Foundation Trust	<b>Occupational Therapy</b> Barnsley Hospital NHS Foundation Trust	01226 432875	      
<b>BPL - Barnsley Premier Leisure (Health)</b> Other organisations	<b>Retinal screening</b> Barnsley Hospital NHS Foundation Trust	01226 434576	 
<b>Children and Young People's Diabetes</b> Barnsley Hospital NHS Foundation Trust	<b>Retinal Screening (Barnsley and Rotherham Diabetic Eye Screening)</b> Barnsley Hospital NHS Foundation Trust	01226 434576	 
<b>Diabetes and Endocrinology</b> Barnsley Hospital NHS Foundation Trust	<b>Tier 3 Weight Management Scheme</b> South West Yorkshire Partnership NHS Foundation Trust - Physical Health	01226 644364 option 1	    
<b>Diabetes Weight Management Clinic</b> South West Yorkshire Partnership NHS Foundation Trust - Physical Health		01226 432379	
<b>Diabetic Community Dietician</b> Barnsley Hospital NHS Foundation Trust		01226 433241	
<b>Diabetic Podiatry</b> Barnsley Hospital NHS Foundation Trust		01226 432379	
<b>Maternity Services</b> Barnsley Hospital NHS Foundation Trust		01226 432203	 
<b>Neighbourhood Nursing Service</b> South West Yorkshire Partnership NHS Foundation Trust - Physical Health		01226 644575	       
<b>NHSE Diabetes Prevention Programme NDPP</b> Other organisations		0800 0921191	

## Type Area:




























## Patient Information Sheets

## How can I use this to support patient care?

Documents can be printed off for patients.

## Website link:

[Patient information sheets - BEST](#)

Cambridge Diabetes Education Programme	diabetes: prediabetes- Impaired Glucose Tolerance IGT  Pre- diabetes- Impaired Glucose Tolerance IGT  
CVS: Obesity and overweight adults	diabetes: Type 1 Diabetes  
CVS: Peripheral arterial disease 	diabetes: Type 2 Diabetes Type 2 Diabetes 
CVS: Weight loss - how to lose weight patient information - how to lose weight	diabetes: Type 2 Diabetes- Healthy eating sheet  
DAFNE	DigiBete - Diabetes app 
diabetes health check easy read information 	lipids: Cholesterol  Cholesterol - information   
diabetes: Type 2 Diabetes- treatment  Type 2 Diabetes- treatment	lipids: Low fat diet sheet    
diabetes: Dealing with Hypoglycaemia- hypos  Dealing with Hypoglycaemia- hypos	X-PERT (EXPERT/XPERT) Type 2 Diabetes Patient Education Programme 
diabetes: Foot care and foot ulcers  Foot care and foot ulcers	 
diabetes: NICE patient leaflet 	

Type Area:

Useful websites and eLearning










How can I use this to support patient care?

Useful websites (3): Diabetes UK, DVLA and NHS Type 1 Diabetes NHS website.

eLearning (8 BMJ courses) and BEST talks are for clinicians' CPD.

Website link:

[Clinical support - BEST](#)

Clinical support		
 Anatomy	 Diagnostic tools	 Local pathways and guidelines
 National guidelines and pathways	 Medicines information	 Referral criteria and investigation forms
 Services	 Patient information sheets	 Useful websites and e-Learning
Useful websites	e-Learning	Best talks

## How the BEST website can support you further

### Practice Nurse dedicated area

This is situated further down the home page.

### Keep up to date

Review the News and Updates sections.

### CPD recording

Record internal and external CPD to support your appraisal

### Website link:

[Home - BEST](#)

Practice Nurses
Primary Care Nursing Communications Update
Nurse BEST presentations and videos
Health Professional links
Public Health Nursing 0-19 Service Prescribing Formulary
Infection Prevention and Control
Patient Information links
Screening & Immunisations
Training and Education

Do you have any feedback about the BEST Website? Please share this via the QR code:



If anyone requires any training, please contact Emma via the details below:

- ▶ Emma Smith
- ▶ BEST Lead Administrator
- ▶ Emma.smith407@nhs.net



The background features abstract, overlapping geometric shapes in various shades of blue, ranging from light sky blue to deep navy blue. These shapes are primarily located on the left and right sides of the frame, creating a modern, dynamic feel. The central area is a plain, light grayish-white.

Thank you