

Y&H Clinical Network ARFID Early Identification Training

This training aims to support professionals working within North East and Yorkshire to feel more confident in identifying Avoidant Restrictive Food Intake Disorder (ARFID) in children and young people and giving brief advice and signposting.



Online training delivered by **Ursula Philpot**, Clinical Associate for Yorkshire and the Humber Clinical Network CYP Eating Disorders and **Dr Emily McGeown**, Senior Psychological Therapist

[Register for your place](#)

Learning Objectives

To feel confident in:

- Identifying the signs and symptoms of ARFID in CYP
- Distinguishing between ARFID and other eating and feeding disorders
- Deciding on appropriate medical/nutritional monitoring
- Signposting to local and national resources and referral pathways

Please direct any queries to Natalie Fox, Quality Improvement Lead, natalie.fox2@nhs.net

Online training delivered via MS Teams

Suitable for colleagues working with CYP with early stages of eating difficulties

Free to NHS, VCSE and Local Authority healthcare professionals working in the North East and Yorkshire region
