

# Phoenix Futures and substance misuse treatment in Barnsley

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# Who are we?

**Phoenix Futures provides  
structured substance misuse  
treatment in partnership with  
South West Yorkshire  
Partnership Trust**



# What do we provide?

- Pharmacological interventions
- Psychosocial interventions
- Recovery Support interventions



# Pharmacological Interventions

- **Assessment & Stabilisation**
- **Maintenance**
- **Withdrawal**
- **Relapse prevention**



# Psychosocial Interventions

- **Motivational interventions**
- **Contingency Management**
- **Cognitive and behavioural based relapse prevention**



# Recovery Support

- Peer support involvement
- Facilitated access to Mutual Aid
- Family Support
- Parenting support
- Housing support
- Employment support
- Education and training support
- Recovery Check ups
- Complementary therapies



# Continuum Model

## Stage 1

### Assess & Allocate

You will have an assessment of need and participate in Prep4Recovery which will provide you with information about your treatment options.

## Stage 2

### Initiating Recovery

Your goal throughout this stage will be to achieve a level of stability that will allow you to start making positive changes to reduce your substance use.

## Stage 3

### Establishing Recovery

You will receive support and intervention to help you make positive active behavioural change, reducing substance use and working towards your goals.

## Stage 4

### Sustaining Recovery

You will have achieved remarkable positive change. We provide exit planning to support you to sustain this with a focus on relapse prevention and community reintegration.

## Stage 5

### Stable Recovery

You will receive post treatment support including Recovery Check-ups and continued community reintegration with links to employment, training and recovery support.



# Who?

Alcohol

Cannabis

Opiates (illicit or legal)

Crack cocaine

Cocaine

**ANY PROBLEMATIC SUBSTANCE**

Amphetamines

Novel Psychoactive Substances (Legal Highs)

Ketamine

Benzodiazepines

Prescribed Medication





# Process

- **Appointment given for assessment**
- **Individual attends 1 session of Preparation for recovery**
- **Allocated to worker**



# Questions?

