



**PRIMARY
EYECARE**
SERVICES

BARNSELY OPTOMETRY FIRST
By Nizz Sabir (CGPL)

PRACTITIONER INFORMATION

Providing
NHS Services

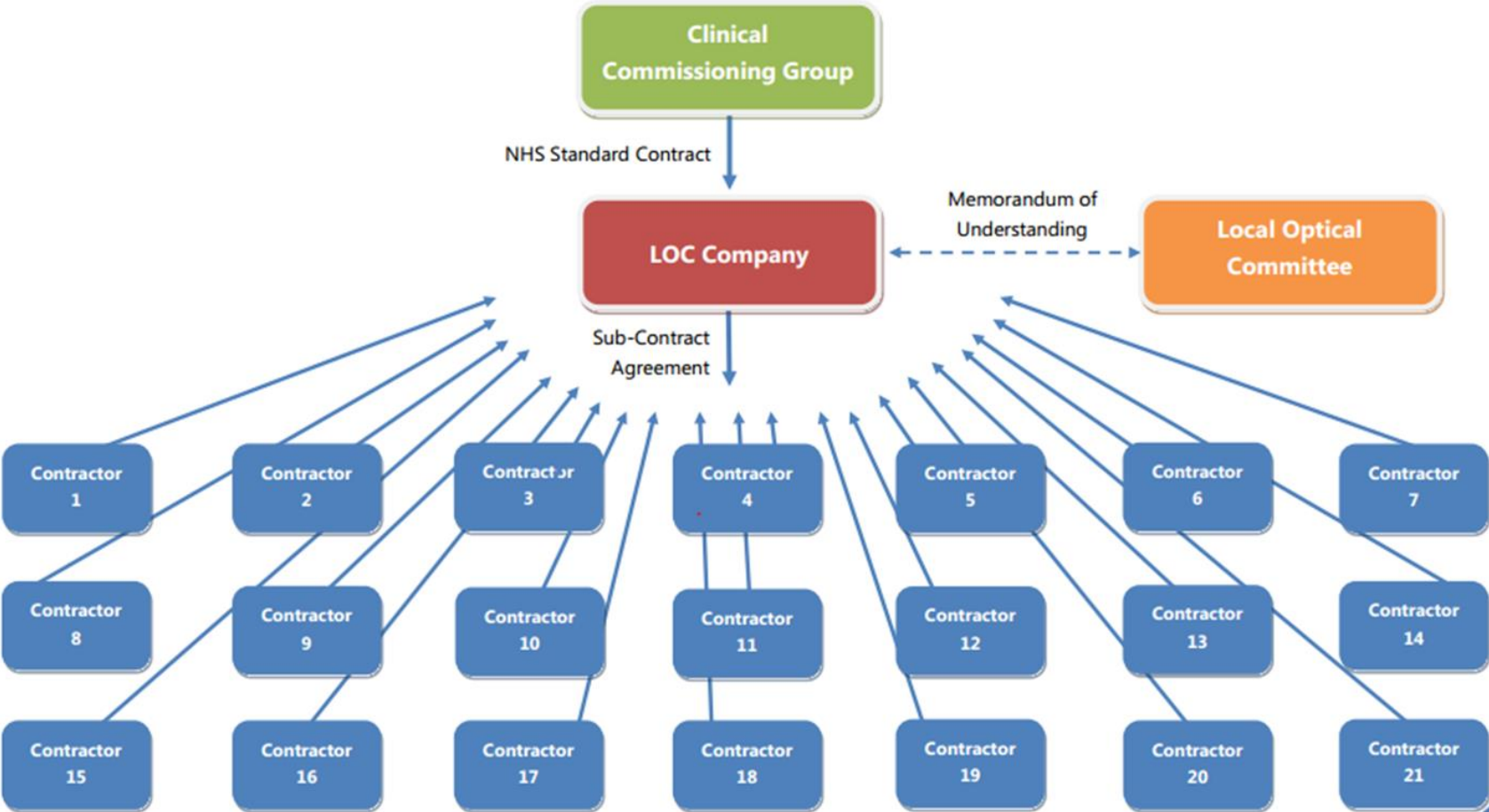


Background



STRUCTURE PECS

APPENDIX 2



New Service LAUNCH DATE: 01/10/18



**Barnsley Optometry First:
Minor Eye Care Service (MECS)**

Barnsley Optometry First: CATARACTS

- 1) Cataract Assessment**
- 2) Post Cataracts**

Key Stakeholders & Eye Health Steering Group



MECS



The minor eye care service is for patients with a **recent eye problem**

Patient is **Registered with Barnsley GP** and is **over the age of 5 years old.**

PATHWAY MECS

Patient contact practice with accredited MECS
Optometrists after self-referral
(Signposted by GP OR PRACTICE STAFF)

Telephone Triage VIA OPTICAL PRACTICE ON LIST PROVIDED
Appointment will be made either within 24 hrs 48hrs dependent on urgency
Optometrist takes History and symptoms and examines patient
and makes initial diagnosis



Optometrist manages the condition, and offers the patient advice and/or prescribes or recommends medication

Discharged

Optometrist carries out a minor clinical procedure e.g. eyelash removal or foreign body removal.

Optometrist makes a tentative diagnosis and refers the patient

GP makes a tentative diagnosis and refers the patient

Non Urgent referral TO HES

Urgent Referral via Telephone TO HES

Complete record and report to GP

BARNSELY OPTOMETRY FIRST: MINOR EYE CARE SERVICE (FOR GP DIRECT INVOLVEMENT SEE RED)

MECS IN GP PRACTICE

ON PHONE

FRONT LINE STAFF CARE NAVIGATE TO OPTICAL PRACTICE VIA BOF

IN PERSON

FRONT LINE STAFF

CARE NAVIGATE VIA BOF

OR

IF PATIENT IS THERE SEE GP IF APPOINTMENT AVAILABLE

PATHWAY MECS

Patient contact practice with accredited MECS
Optometrists after self-referral
(Signposted by GP OR PRACTICE STAFF)

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Non Urgent referral TO HES

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BARNSELY OPTOMETRY FIRST: MINOR EYE CARE SERVICE (FOR GP DIRECT INVOLVEMENT SEE RED)

GP MAY CHOOSE TO :

1) MANAGE

2) HES: SUSPECT EMERGENCY: GIANT CELL ARTERITIS/ACG/UVEITIS
REFER AS EMERGENCY IF ANY OF THE ABOVE IS SUSPECTED

VIA fax 01226 432 149

or call 01226 432155 **or**

via switchboard on 01226 730000

3) BOF OPTICAL PRACTICE CARE NAVIGATE

Inclusion Criteria MECS

SAME DAY/24 HOURS.

- Loss of vision including transient loss
- Flashes and floaters
- Ocular pain
- Differential diagnosis of red eye
- Foreign body and emergency contact lens removal
- Patient-reported field defects 5 Working Days

WITHIN 5 DAYS

- Dry eye
- Blepharitis
- Epiphora (watering)
- Trichiasis (misdirected eyelashes)
- Differential diagnosis of lumps and bumps in the vicinity of the eye

Exclusion Criteria MECS

Refer Immediately

URGENT HES/OPTOMETRY TRIAGE

- Patients identified to have severe eye conditions which need hospital attention eg. orbital cellulitis, temporal arteritis
- Eye problems related to herpes zoster
- Suspected cancers of the eye

ROUTINE HES

- Adult squints, long standing diplopia
- Removal of suture
- Patient's reported symptoms indicate that a sight test is more appropriate than this service
- Repeat field tests to aid diagnosis following an eye examination
- Dry age related macular degeneration

MECS

- Similarly to Eye Casualty, MECS is not a walk in service - triage and **appointments are required.**
- There is no single point of access for the service; however, the first practice contacted will act like a single point of access service to triage and arrange an appointment with themselves or another practice, or to signpost the patient elsewhere if more appropriate.

Triage Process



When the patient first contacts the service they will be asked a series of triaging questions - including eligibility by ensuring they are registered with a GP in Barnsley

The triaging questions lead to one of the following results:

- Urgent (24 hour) appointment required
- Patient unwell requires medical attention (e.g TIA/stroke pathway) (A&E)
- Routine (5 day) appointment required
- Signpost to self-care / Pharmacy Minor Ailment Service
- Advised sight test (either NHS or Private dependent of GOS eligibility criteria)

Triage

MECS Triage

Px Name: GP: **(Local only)**

Date: Surgery:

Address: DoB:

Phone: Time of call:

Appointment: Yes / No Time: Referred by:

If you do not have an appointment available you **must** find the Px an appointment elsewhere. If the patient was sent from the GP surgery please indicate whether they did or did not see the GP

Certain conditions are not appropriate for MECS. Please ensure that you are familiar with these and ask your optometrist if in doubt. If the patient is feeling generally unwell ask them to seek medical advice or discuss with your optometrist at the time of booking.

The following guidance should be followed unless the optometrist advises otherwise in an individual case. Select the problem from column 1.

CL related	1) Is the Px from your practice?	Yes - Follow own practice protocol (unsuitable for MECS) No – advise contact their usual practice 1st. If cannot, ask question 2 and continue	
Problem with eye - painful, sore, red, sticky, watery, itchy or irritated <i>* Slightly red, sticky, watery or itchy eyes will often resolve in a day or two. Advise the patient that the NHS recommends seeing a pharmacist under the Minor Ailments Service – they can provide medication including antibiotic if necessary. If no improvement after 5 days, contact us again.</i> Referral to MAS MUST be entered as a patient contact on OptoManager	2) Is it painful?	Yes - See within 24 hours No (ask question 3)	
	3) Is there any light sensitivity?	Yes - See within 24 hours No (ask question 4)	
	4) Is there a change in vision?	Yes - See within 24 hours No – If started within the last 5 days then advise to see pharmacist under MAS and enter on OptoManager. If started over 5 days ago, see in 24hrs.*	
	Problem with vision (including problem with field of vision and sudden onset double vision) <i>For field loss and sudden onset double vision, book MECS but inform optom</i>	5) Has it come on suddenly?	Yes - See within 24 hours No (ask question 6)
6) If gradual, when did it start?		< 3 months? - See within 5 days > 3 months? - Book sight test	
Flashes and/or floaters	7) When did it start or when did it last change or get worse?	< 6 weeks - see within 24 hours	
		6-12 weeks - symptoms same	See within 5 days
		6-12 weeks - symptoms increased	See within 24 hours
		> 12 weeks	Not suitable for

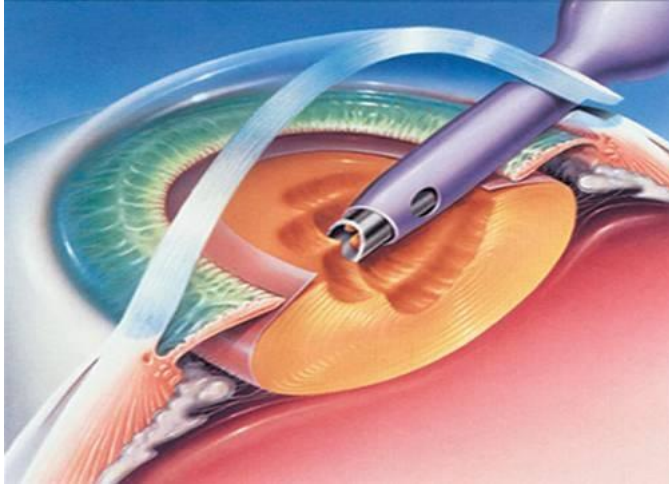


Communication to GP practices



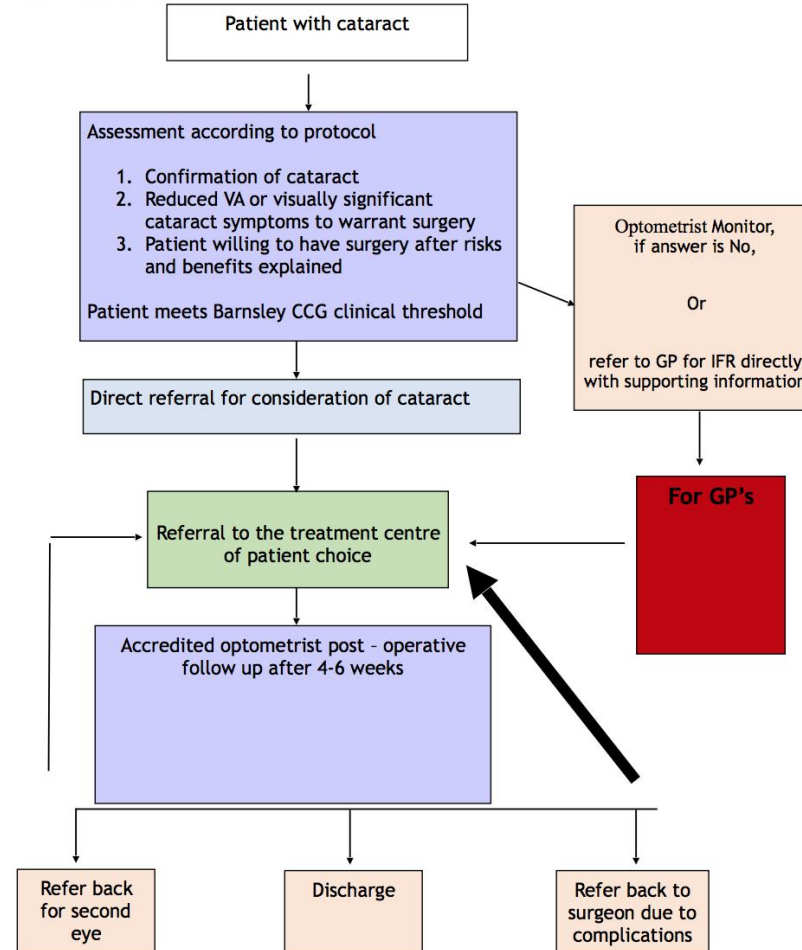
[nhs.net](https://www.nhs.net)

Cataracts Pathway



BARNSELY OPTOMETRY FIRST: CATARACTS

Patient with cataract is self-referred, signposted by GP or is diagnosed at normal sight test to Optometrist.



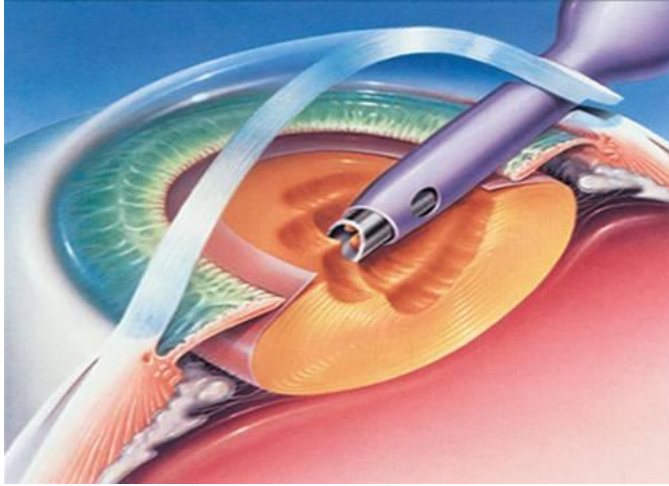
Please see list enclosed for participating practices

Cataracts Assessment for Suitability

- **Confirmation of presence of cataract**
- **Discussion of pros and cons of cataract surgery**
- **Health Questionnaire**
- **Shared Decision Making (NHS Tool)**
- **Opportunity for pause for thought.**
- **Choice and Referral**

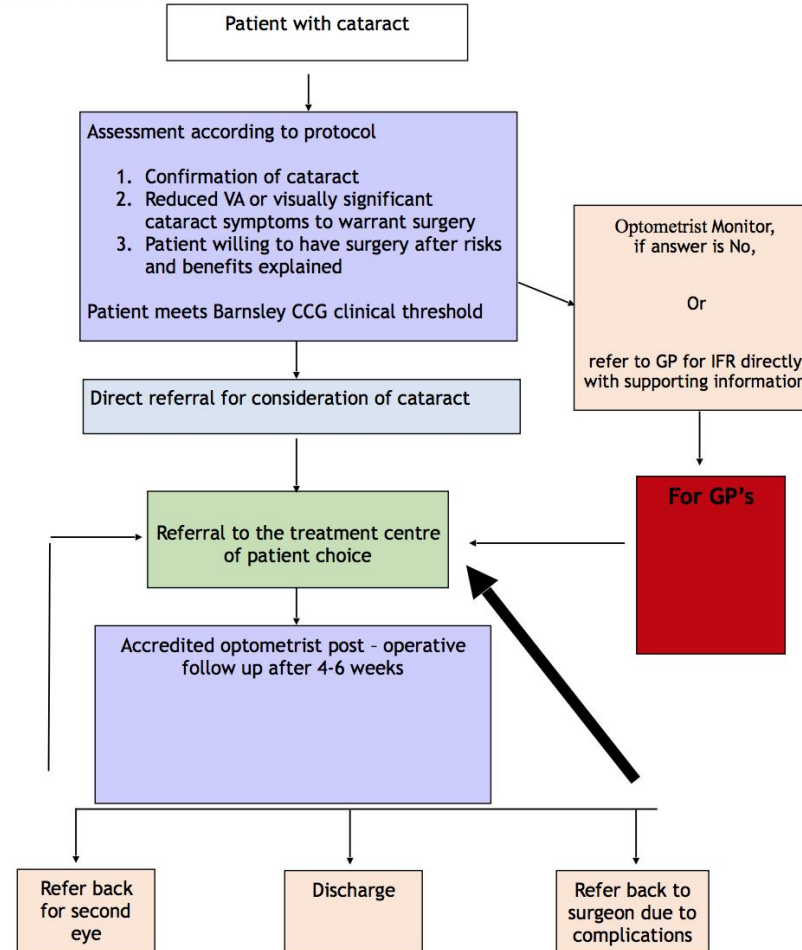
Dilation and separate visit not mandatory. To be conducted as clinically necessary

Cataracts Pathway



BARNSELY OPTOMETRY FIRST: CATARACTS

Patient with cataract is self-referred, signposted by GP or is diagnosed at normal sight test to Optometrist.



Please see list enclosed for participating practices

Post Cataracts

- **Patient discharged from cataract surgery provider with cataract surgery information**
- **See patient at ~4wks post op**
- **Fast track referral back where complications evident**
- **'Approve' proceeding to 2nd eye surgery if required**

FURTHER INFORMATION VIA BEST WEBSITE

FAQS

PATIENT LEAFLET

CONTACT INFORMATION

PATHWAY DIAGRAMS

POSTER

Home

Clinical support by body system

Find a resource



Brain and mental health



Ophthalmology and ENT



Respiratory and Smoking



Cardiovascular and Lipids



Endocrine and Diabetes



Gastroenterology



Renal, Urology and Mens Health



Women's and Sexual Health



Paediatrics



Dermatology, MSK and Rheumatology



Cancer, Palliative Care, Pain and Older People



Laboratory investigations and Infections

Clinical support by type

Find a resource



Anatomy



Diagnostic tools



Local pathways and guidelines

Top telephone numbers [directory of all contact numbers](#)

Hospitals

Barnsley Hospital
01226 771912

Barnsley Hospice
01226 244244

Kendray Hospital
01226 434228

Northern General/Sheffield Hallam
0114 243 4343

Sheffield Children's hospital
0114 271 70 00

Admissions/Advice

2 week wait help desk
01226 432000

A&E
01226 432371

Ambulance Control
01709 828829

AMAC
01226 431345

Children's Assessment Unit
01226 432664

Community MSK Service
01226 644858

COPD BREATHE Service
01226 431381
01226 431673

Diabetes services SPA
01226 240086

DVT/ Thrombosis referrals
01226 432150

Community Nursing Services

Diabetes/Heart Failure/ Parkinsons Nurses
01226 645180

District Nurses/Community Matrons
01226 644575

Health Visitors/School Nurses
0800 6126221

Macmillan Nurses
01226 645280

Pulmonary rehab
01226719789

Rapid Response
0774 7794698

Self Referral Services/ Care Navigation-First Port of Call

British Pregnancy Advisory Clinic (Terminations)
03457 304030

Continence services
01226 645057

Mental Health / Referral information

CAMHS- SPA Single point of Access- children
01226 644829

DISC-Substance Misuse
01226 779066

MHAT
01226 644900

IAPT
01226 644900

SPA- Single Point of Access- Adults
01226 645000

SAFE GUARDING

[Safeguarding Adults](#)

[Safeguarding Children](#)

Adults BMBC
01226 775832

Adults Safeguarding Nurse
01226 433747

Children safeguarding
01226 438831

IDVA-Domestic Abuse
01226 320112

Adult Social Services

BMBC
01226 773300

Other

2 week wait help desk
01226 431536

2ww patient transport
03331300514

Barnsley CCG Hilder House
01226 433756

Continuing Healthcare (CHC)
01302 566124

Infection Prevention and Control
01226 432825

Coroners Office / [further info](#)
01226 736031

IT Help desk

Top Patient information sheets directory of [all patient information sheets](#)

[Care Navigation/ First Port of Call](#)

Most Popular

[Atrial Fibrillation and other arrhythmias/ Management information sheets](#)

[COPD patient info sheets/ rescue antibiotics](#)

[Diabetes- patient information sheets -condition/diet](#)

[DNACPR form / What happens if my heart stops](#)

[Exercise -Health Referral Scheme- information and form](#)

[GFF \[Weight Watchers\]\(#\) / \[Slimming World\]\(#\)](#)

[Home Blood pressure monitoring chart](#)

[IAPT Prescription Pad](#)

[MHAT - workshops 2018 / \[The Exchange\]\(#\)](#)

[Phlebotomy - hospital service](#)

[Saline nasal irrigation](#)

[Xray-patient info sheet](#)

Patient Diary

[Asthma Peak Flow Diary](#)

[Breast pain diary/ \[Menstrual diary\]\(#\) /\[Pre Menstrual Symptom Diary\]\(#\)](#)

[Food Diary](#)

[Fluid input/ output Diary for bladder symptoms](#)

[Headache diary/ \[monthly diary\]\(#\)/\[Childrens Headache diary\]\(#\)](#)

[Stool Diary](#)

Sound Doctor Video library

[How to-Access](#)

[Back pain- video list](#)

Diet sheets /Dietician information sheets

[Diet Sheet Gout](#)

[Diet Sheets \[Cholesterol\]\(#\) /\[weight loss\]\(#\) / \[low fat-low cholesterol\]\(#\)](#)

[Diet Sheets \[IBS\]\(#\) / \[IBS Patient info\]\(#\) / \[Fibre\]\(#\)](#)

[Diet Sheets \[OA\]\(#\) / \[Vit D\]\(#\) / \[Osteoporosis\]\(#\)](#)

[Diet Sheets \[PMS\]\(#\) / \[Menopause\]\(#\)](#)

[Dietitian service appointment information](#)

Exercise sheets

[Back pain / neck pain](#)

[shoulder pain/ elbow pain](#)

[knee pain/ foot pain](#)

[vestibular exercises](#)

[urge incontinence bladder training / stress incontinence pelvic floor exercises](#)

[relaxation exercises](#)

[kids relaxation](#)

[stress busters](#)

General

[2 week wait info sheet](#)

[Rightcare](#)

[AKI Medicine Sick Day rule](#)

[SYB Commissioning for Outcomes](#)

[URTI - \[Treating Your Infection\]\(#\)/ \[Cough\]\(#\) / \[Sore Throat\]\(#\) / \[Ear infection\]\(#\)](#)

[Fever in Children- what to look out for](#)

Home

Clinical support by body system

Find a resource



Brain and mental health



Ophthalmology and ENT



Respiratory and Smoking



Cardiovascular and Lipids



Endocrine and Diabetes



Gastroenterology



Renal, Urology and Mens Health



Women's and Sexual Health



Paediatrics



Dermatology, MSK and Rheumatology



Cancer, Palliative Care, Pain and Older People



Laboratory investigations and Infections

Clinical support by type

Find a resource



Anatomy



Diagnostic tools



Local pathways and guidelines

Clinical support by body system

- Biochemistry (15)
- Breast (3)
- Cancer (12)
- Cardiovascular (25)
- Care of the elderly (14)
- Contraception (1)
- Dermatology (10)
- Diabetes (23)
- Endocrine (4)
- ENT (14)
- Gastroenterology (18)
- General (2)
- Gynae (10)
- Haematology (17)
- Hepatology (3)
- Infertility (5)
- Lipids (4)
- Menopause (2)
- Men's health (10)
- Mental health (12)
- Microbiology (7)
- MSK (musculoskeletal) (30)
- Neurology (20)
- Ophthalmology (9)
- Paediatrics (25)
- Pain management (8)
- Palliative care (8)
- Pregnancy (3)
- Renal (4)
- Respiratory (9)
- Rheumatology (10)
- Sexual health (1)

[Antibiotic Prescribing Guidelines](#)



[Diabetes Barnsley Guidelines](#)



[Diabetes: Retinopathy](#)



[Dry Eyes Treatment Guidelines](#)



[Glaucoma algorithm](#)



[Optometry First](#)



[Plastic Surgery -Commissioning guidelines](#)



[Rotherham Ophthalmology Top Tips](#)



[South Yorkshire and Bassetlaw Commissioning for Outcomes Policy](#)



Promotional Material- Patient Leaflet

PHYSICIAN NAME	ADDRESS	CONTACT NUMBER
Avonhill Opticians Ltd	50 College Road Lane, Farnham, Middlesex TW20 9JH	0181 791 838
Avonhill Opticians Ltd	11a Kingsway Road, Thomas Pt, Barnham, GU10 2JG	01708 891 817
Avonhill Opticians Ltd	29a Trinity Road, Northolt, London, Ux3 9EP	01753 871 871
Amey's Opticians	33 Market Street, Newbury RG16 1JH	01235 241 074
LAHART OPTICAL	107 WOODLAND ROAD, STYFRIM	01293 728 872
Major Eye Opticians	8 Farm Road, Basingstoke, Hampshire, Basingstoke, RG24 0JF	01256 888 887
Optique (Barnham) Ltd	30 Church Street, Basingstoke, Hampshire	01256 881 888
PROUD & PEARCE OPTICALS	8 COLLEGE ROAD, FARNHAM, SURREY	01256 281 033
Prism Opticians	4 High Street, Basingstoke, Hampshire, GU11 1EE	01256 891 879
Prism Opticians	1 Lower Quailie Lane, (near bus stop), Downton, RG9 6HS	01708 881 833
Prism Opticians	3 High Street, Farnham, Hampshire, GU14 0JL	01256 741 818
Prism Opticians	220 Oxford Road, Basingstoke, RG1 4DT	01256 731 838
Prism Opticians	31 Church Street, Basingstoke, Hampshire	01256 691 879
Robson Opt	7 High Street, Basingstoke, Hampshire, RG24 0BB	01256 791 844
Robson Opticians	11 Down St, Basingstoke, RG24 0JL	01256 771 833
Robson Opticians	46 St John Square, Maulden, Hampshire, GU14 6BA	01256 82345
Robson Opticians	100 High Street, Basingstoke, Hampshire, RG24 0AA	01256 741 881
Wilson Opticians	68 Pool Square, Basingstoke, RG24 0JH	01256 728 871
Wilson Opticians	100 High Street, Basingstoke, Hampshire, RG24 0AA	01256 741 874
Wilson Opticians	11 Commercial Street, Basingstoke, Hampshire, RG24 0JH	01256 681 764
Wilson Opticians Ltd	100 High Street, Basingstoke, Hampshire, RG24 0AA	01256 741 874
Wilson Opticians Ltd	68 Pool Square, Basingstoke, Hampshire, RG24 0JH	01256 728 888
Wilson Opticians Ltd	100 High Street, Basingstoke, Hampshire, RG24 0AA	01256 741 874
Wilson Opticians Ltd	11 High Street, Basingstoke, Hampshire, Basingstoke, RG24 0JH	01256 881 844
Wilson Opticians Ltd	1 The Mall, Basingstoke, Hampshire, RG24 0AA	01256 881 888




Minor Eye Problems?

If you have a recent problem with your eyes –
such as sore eyes, red eyes
or visual disturbance –
you can be assessed and treated by our
local Minor Eye Conditions Service

This is a free NHS service available from a
number of local opticians. See inside for more
information of what conditions are covered and
how to book an appointment.

Promotional Material- Patient Leaflet

What is a Minor Eye Conditions Service (MECS)?

Conditions that can be seen under the service include:

- Red eye or eyelid
- Dry eye, or gritty and uncomfortable eyes
- Irritation and inflammation of the eye
- Significant recent sticky discharge from the eye or watery eye
- Recently occurring flashes or floaters
- Ingrowing eyelashes
- Recent and sudden loss of vision
- Foreign body in the eye

Please note, this is not a sight test

Also, if you have a major eye condition that is being regularly monitored by your optometrist or hospital eye service, this will not be covered by this service; for example, cataracts, diabetic retinopathy or glaucoma.

Where should I go?

Registered optometry practices (opticians) offering the service are listed on the back of this leaflet. An appointment will normally be required, so telephone first. Appointments are available during normal working hours and some practices offer appointment at weekends. Not all practices have an optometrist available every day, but if they don't, they will be able to find you an alternative appointment nearby.

Who is this service for?

If you are registered with a local GP you can use this free service. It is for people of all ages – adults and children. Children under 16 years must be accompanied at their appointment by an adult.

How do I book an appointment with the service?

To make an appointment, call one of the opticians. You will be asked some questions about your symptoms in order to assess how quickly you need to be seen by the service, which will be within 24 hours in urgent cases and within a few days for routine appointments.

Please take your glasses and a list of your current medication with you to the appointment. The optometrist may put drops in your eyes to enlarge your pupils in order to get a better view inside your eyes. You should not drive until the effects of these drops have worn off, which may take a few hours.

If your condition is more serious, the optometrist will book you an urgent appointment at a hospital eye clinic. If you need a routine appointment with a hospital, the optometrist will organise this for you.

You may also be advised to make an appointment with your GP if your eye condition is related to your general health.



Promotional Material- Poster




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 such as sore eyes, red eyes
 or visual disturbance –
 you can be assessed and treated by our
 local Minor Eye Conditions Service

**This is a free NHS service available from a
 number of local opticians.**

PRACTICE NAME	ADDRESS	CONTACT NUMBER
Auckland Opticians Ltd	ivy Cottage, Back Lane, Penistone, Sheffield, S24 6AB	01226 766 956
Auckland Opticians Ltd	121a Houghton Road, Thurnscoe, Nr. Rotherham, S62 3ND	01709 893 217
Auckland Opticians Ltd	14-16 Barnsley Road, Goldthorpe, Nr. Rotherham, S62 3NF	01709 891 950
Berry's Opticians	94 Market Street, Barnsley S70 1SN	01226 209 874
C.A. Nelson Opticians	40 Chapelle, Barnsley, S70 1RU	01226 731 292
Marty's Kemp Opticians	8 Harry Inearley House Fox Valley way Steadleybridge, Sheffield, S26 2AE	01542 862 287
Morton J B (Walsfield) Ltd	38 Church Street, Darlton, Barnsley, S75 5HG	01226 385 498
Norwood & Perin Opticians	8-10 Elben Arcade, Barnsley, S70 2UP	01226 206 888
Parkhurst Opticians	4 High Street, Goldthorpe, Rotherham, S62 4LA	01709 894 478
Peninsula Opticians	1 Lower Cambridge Road, Mexborough, Doncaster, S64 9NU	01709 884 849
Premier Eyecare	1 King Street, Hollyland, Barnsley, S74 9GZ	01226 742 158
Sadler Opticians	200 Millend Road, Barnsley, S71 4QZ	01226 722 238
Silvers Ltd	13 Market Street, Barnsley, S70 13L	01226 295 293
Silvers Ltd	7 High Street, Penistone, Sheffield, S38 6BB	01226 762 944
Spearsmen Barnsley	14 Queen St, Barnsley, S70 1SL	01226 771 455
Spearsmen Opticians	16-18 York Square, Mexborough, Doncaster, S64 9GG	01709 579 819
Spearsmen South Elmsall	12 Barnsley Rd, South Elmsall, W79 2J4	01877 648 182
Vision Opticians	6-8 Peel Square, Barnsley, S70 1NA	01226 731 271
Vision Opticians	77a High Street, Wombwell, Barnsley, S73 8JG	01226 731 271
Olive Opticians	15 Ederfield Road, Chapeltown, Sheffield, S85 1TD	01542 467 764
Vision Express @ Tesco	Wombwell Lane, Barnsley, S70 3NS	01226 107 540
Vision express - Tesco Extra	Abbeylea Drive, Sheffield, S7 2GB	01544 784 888
Vision Express Ltd	41-43 Fargate, Sheffield, S1 2ND	01542 790 838
Vision Express Ltd	57 High Street, Meadowhall centre, Sheffield, S8 1LN	01542 568 866
Vision Express Ltd	1 The Arcade, Meadowhall Shopping, Sheffield, S8 1EN	01542 568 899

Promotional Material- FAQs

What are the exclusions?

The following cases will not be treated by the service.

- * Patients identified in advance to have severe eye conditions which need hospital attention e.g. orbital cellulitis, temporal arteritis, Uveitis
- * Eye problems related to herpes zoster
- * Suspected cancers of the eye

REFER AS EMERGENCY IF ANY OF THE ABOVE IS SUSPECTED

VIA fax 01226 432 149

or

call 01226 432155 or

via switchboard on 01226 730000

- * Adult squints, long standing diplopia
- * Removal of suture
- * Patient's reported symptoms indicate that a sight test is more appropriate than this service (Patients should be signposted to their normal Optometrist)
- * Repeat field tests to aid diagnosis following an eye examination
- * Age related macular degeneration

Patients cannot be treated by the MEC service if their signs or symptoms indicate they are more suitable for the following locally enhanced services:

- * Direct referral for cataract and post-operative cataract care
- * Intra-ocular pressure service
- * Diabetic retinopathy

How should a referral be made to an Opticians?

It's easy, just ask those patients that are suitable to go to their local participating Opticians (see list of providers).

The public can self refer by attending their local participating Opticians and be advised according to their symptoms and signs.

GPs and their support staff can care navigate by advising patients to attend their local Opticians from the list provided.

Please email info@glasseyeycare.co.uk for further information.

Why has the CCG developed this programme?

The CCG recognises the demand on both secondary care and general practice. At the same time wanting to get the care right for patients in a timely and accessible manner. We believe that these points below also provide a sustainable solution for the eye health needs of the people of Barnsley.

- Care close to home and improve access
- Appropriate clinician for the level of care required
- Reduces burden on GPs
- Make use of readily available suitably skilled optometrists
- Where secondary care is required appropriate and timely onward referrals

Thank
you 😊

info@primaryeyecare.co.uk

[**nizz.sabir@primaryeyecare.co.uk**](mailto:nizz.sabir@primaryeyecare.co.uk)