



GP BEST Event

Agenda

Wednesday 21 January 2026

Lunch 12.30-1.00 pm - Speakers 1.00-5.00 pm

BHF Priory Centre, Pontefract Road, Lundwood, Barnsley, S71 5PN

1.00 pm Perinatal Mental Health

- **Maternity Services**
- **Prescribing issues**

Dr Meena Srinivas, Consultant Obstetrician and Gynaecologist, BHNFT

2.00 pm Perinatal Mental Health

- **Use of medications during pregnancy**
- **Puerperal/postpartum psychosis**

Dr Umesh Gowda, Consultant Psychiatrist, SWYFT

3.00 pm Refreshment break

3.15 pm Branching Minds - Children's Mental Health Services

Emily Dixon, Clinical Lead, CAMHS. SWYFT and Louise Doughty, MHST Team Lead, Compass Be

3.45 pm Primary Care Mental Health Team

Liz Waller, Team Manager, Primary Care Mental Health Team, SWYFT

4.00 pm NHS Talking Therapies

Samuel Johnson, Senior Psychological Wellbeing Practitioner and Dean Arnott, Employment Advisor, NHS Talking Therapies, SWYFT

4.30 pm Feedback Close

This event is kindly supported by GSK, Lupin Healthcare and Pierre Fabre by the purchase of trade exhibition space and/or payment for the cost of the catering, providing funding towards the cost of this event but having no input into the agenda or content. Each pharmaceutical company will have an exhibition stand at the event. This event is for healthcare professionals only and not intended for members of the public.



**Barnsley
Healthcare
Federation**

GP BEST Event Feedback - 21 January 2026



Deadline is COP on Friday