

Tele-dermatology

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Consultant Dermatologists



Challenges in Dermatology

Challenge	Impact	Ideas	Actions
Most services are under recruited: especially for clinical positions (doctors, consultants, nurses and HCAs). There are shortages with 100s of vacancies across the country for Dermatology specialists	 Services cannot see as many patients Longer wait times for appointments for patients High consultant/Agency fee's to cover gaps in service 	 Teledermatology allows us to use Dermatologists flexibly It allows triages and management of referrals It can lead to a reduction of more than 60-80% of referrals 	 Explore models Involvement of local CCGs Involvement of local clinical staff

Exploring Teledermatology



Aims of a Teledermatology service

- To deliver a history and image for a patient to a specialist
- The specialist is able to make a diagnosis and advise treatment plan based on the information delivered
- To be safe secure and confidential

Advantage of a Teledermatology service

- Provide an innovative approach to dermatology care
- Uses technology to record standard symptoms
- Admin staff, healthcare assistants and nurses can perform referrals
- Delivers images with history instantly to specialist and alerts to referral
- Turnaround is within 48 hours

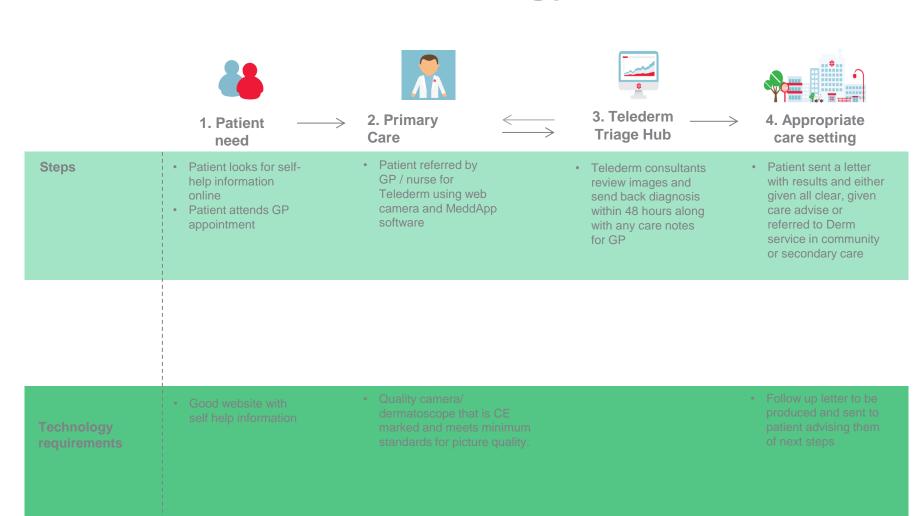
Benefits of a Teledermatology service -1

- People are treated in the right setting with prompt specialist diagnosis and treatment options 60%-80% at GP practice.
- Prevent avoidable and inappropriate referrals to (face to face) dermatology.
- Improve the quality of triage so that patients can see the correct specialist at the first appointment if a face to face appoint is required.
- **Education** quick turnaround for diagnosis means patient is fresh in mind and each outcome is a learning experience

Benefits of a Teledermatology service -2

- Primary care clinicians can quickly and easily obtain a second opinion when required
- A specialist diagnosis and management plan for the great majority of patients is available within 48 hours, faster than would otherwise have been the case
- A safety net for suspicious lesions, with reporting consultants often identifying melanomas and squamous cell carcinomas upgrade to 2-week waiting list -2WW

How does Teledermatolgy work?



Suitable conditions for Teledermatology?

Conditions suitable for teledermatology referral	Conditions not suitable for teledermatology referral
 Benign skin lesions, for diagnosis, to exclude possibility of malignancy, or for advice as to whether treatment is available. Potentially malignant lesions, includes BCC but others only if low suspicion of malignancy (can be triaged directly to surgical treatment if necessary) Rashes with unknown diagnosis, or to confirm suspected diagnosis Rashes with known or strongly suspected diagnosis, where management advice is sought Any skin lesion Any rash 	Genital rashes

Meet John...



...a 43 year old male living in Epworth. He has always had good health. He has recently found a rash on his arm that is red, itchy and bumpy under the skin..

John's care journey A



"I have started getting a strange rash on my arms...I'm going to google it."



"I google 'bumpy rash on arm' and my local Dermatology website comes up. They advise me to see my GP because it's red and itchy.'



"I visit my GP who asks me about my medical history and takes a photo of my rash using a digital camera. He told me I will get advice from a consultant dermatologist within 48 hours and my GP will get then back to me'



"I attend the Skin Clinic and am prescribed a cream for my rash which clears very promptly

VARIABLE WAIT



"I am sent a letter with an appointment to see the Skin Clinic with time and a number to call if I want to rearrange. I also receive a text message reminder 48 hours before"

John's care journey B



"I have started getting a strange rash on my arms...I'm going to google it."



"I google 'bumpy rash on arm' and my local Dermatology website comes up. They advise me to see my GP because it's red and itchy.'



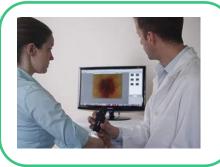
"I visit my GP who asks me about my medical history and takes a photo of my rash using a digital camera. He told me I will get advice from a consultant dermatologist within 48 hours and my GP will get then back to me'

24-48 Hours



"The rash is reviewed and a treatment plan is sent back to the GP on how to treat the patient. This works promptly and the patient is then discharged from this pathway. This has saved me from having to visit my local hospital

The GP journey



"John comes into the GP practice with a rash but I am not sure if it could be something more serious. I take a picture of the rash and upload it into my Teledermatology system. I have told John that the Tele-Dermatology service will give us an opinion within 48 hours and I will get back to him. This will either be a treatment plan I can carry out or he will need to be seen face to face.



"I get an email from the Teledermatology system the next day and was interested to learn that it could be a rare type of eczema. They advised that John need s to be seen face to face.



"A pdf output is received at the practice with a summary of John's Telederm referral. This is scanned into the record by the admin team at the practice"



An appointment is then made for John to be seen face to face in the right location. This can be arranged directly with John or the GP can refer for a face to face consultation

MeddApp deployed at over 100 practices

North Lincolnshire CCG

North East Lincolnshire CCG

Bassetlaw CCG

Rotherham CCG

Barnsley CCG

Deployment involves

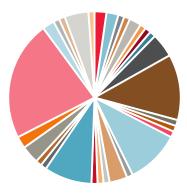
- onsite training
- telephone training
- telephone support

Rapid growth of service

Month	CCG – 1&2	CCG - 3	Total
IVIOIILII	CCG - 1&2	CCG - 5	Total
Sep-17	64	NA	64
Oct-17	89	146	235
Nov-17	125	69	194
Dec-17	86	53	139
Jan-18	146	58	204
Aug 19			900+

Detailed clinical information

Problems managed June 2017



- Acne Vulgaris
- Actinic Porokeratoses
- Atopic Eczema
- Comedone
- Dermatofibroma
- Fibroepithelioma
- Irritant Contact Dermatitis
- Melasma
- Naevus Of Ito
- Nasel Cartilage
- Pityriasis Versicolor

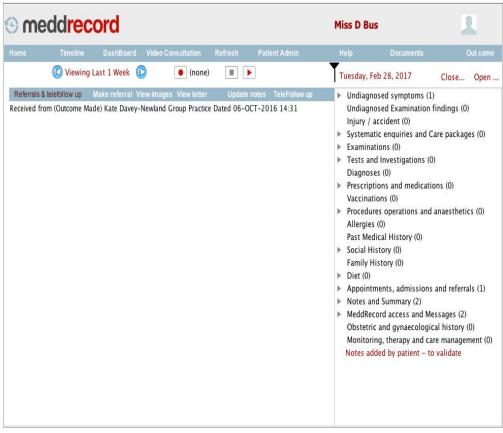
- Actinic Keratosis
- Atopic Dermatitis
- Campbell De Morgan Spots
- Dariers Disease
- Eczematous Dermatitis
- Idiopathic Urticaria
- Melanocytic Naevus
- Molluscum Contagiosum
- Nail Infection
- No Diagnosis made
- Psoriasiform Eczema

Telemedicine stand – images streamed so NO local image









Dr James Britton

Taily Schedule

▶ Referrals

iii Inpatients

Admin manager

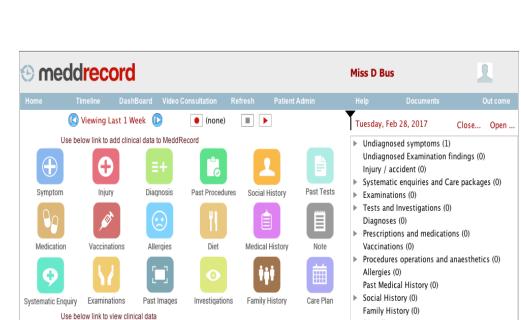
Register new patient

Reports

& Help

← Logout

:.. Tests



Consultations

Procedures

Laboratory

▶ Diet (0)

Notes and Summary (2)
 MeddRecord access and Messages (2)

Appointments, admissions and referrals (1)

Obstetric and gynaecological history (0)
Monitoring, therapy and care management (0)
Notes added by patient – to validate

Family History

Medical History

Reports

Vitals

Prescriptions

Appointments



Dr Charles Darwin



Search for symptom

































Type keyword & press enter

Select a symptom and click Next

General Commonly added

Remove

Symptom that will be added

Remove

Changing Mole

Clamminess Of Skin

Mole

Rash Around Eyes

Skin Lesion

Skin Lump

Skin Rash

Skin Rash In Sun

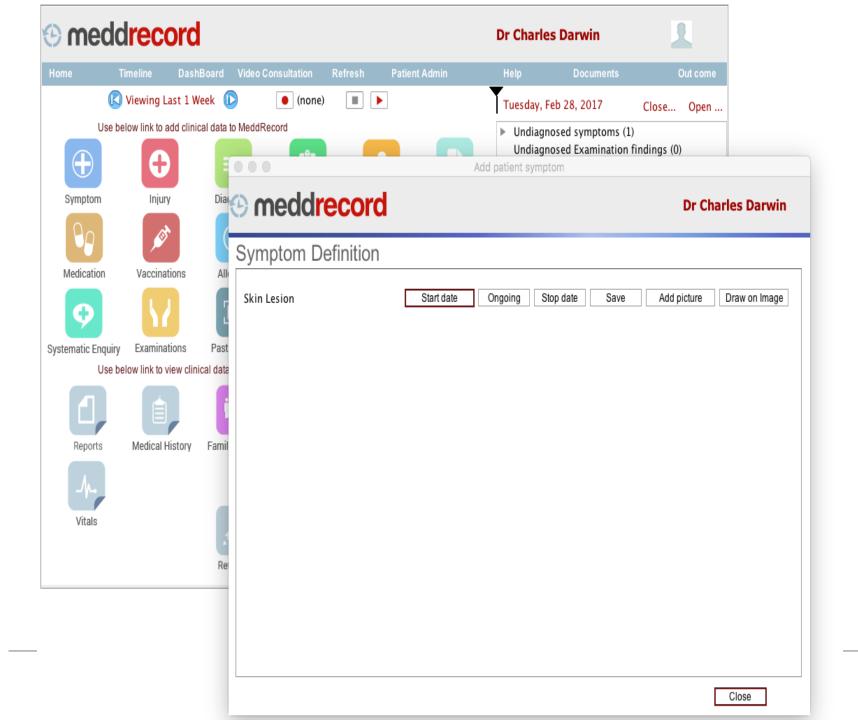
Skin Lesion

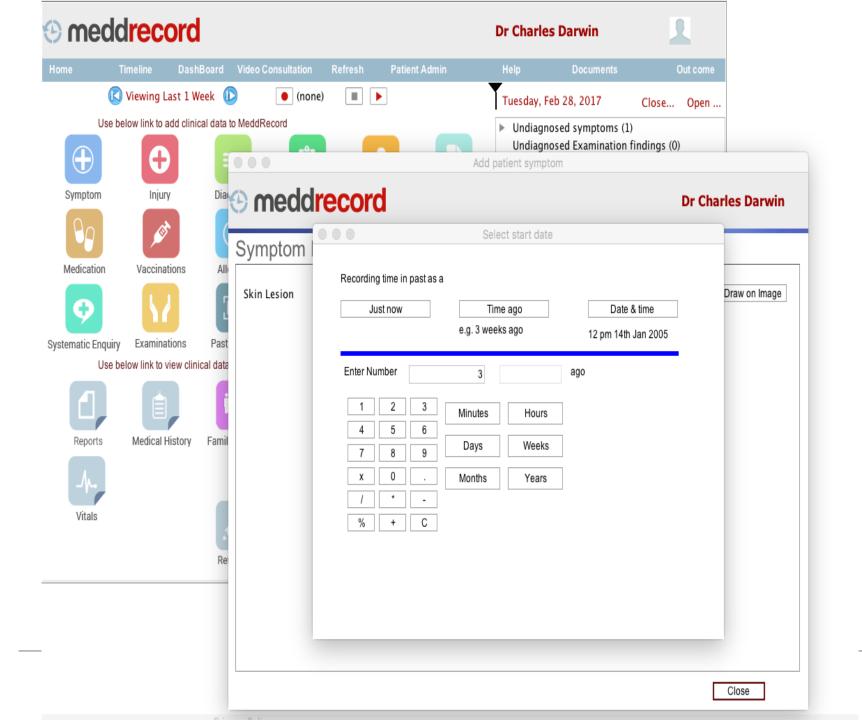
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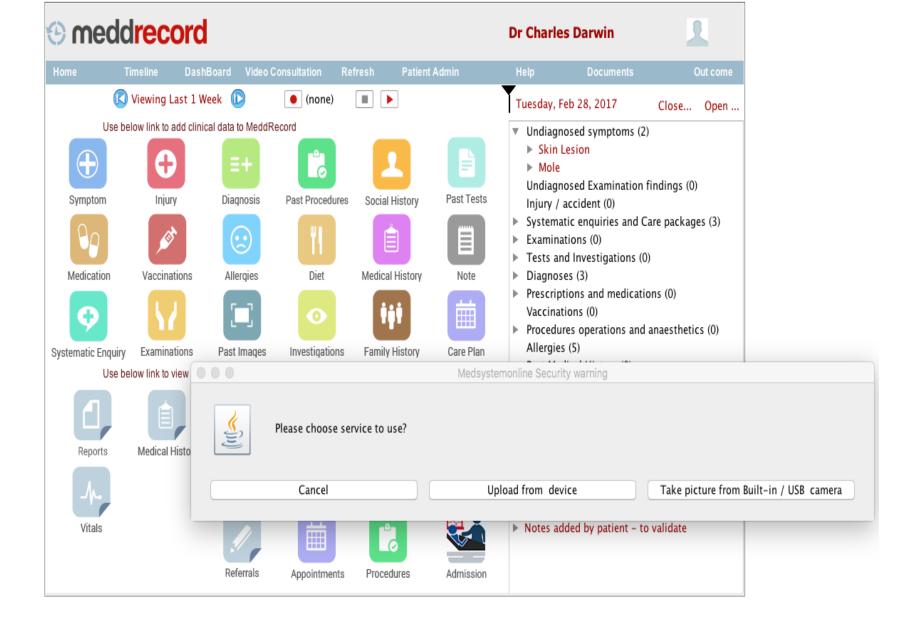
Α..

Next

Close window







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[¬] Referrals :.. Tests **†∳†** Inpatients Reports Admin manager ≗ Help ← Logout 2 Register new patient COMMENTS Brightness: 1 Contrast: 110 RECORD & LISTEN TO VOICE MESSAGES ZOOM DRAW Close

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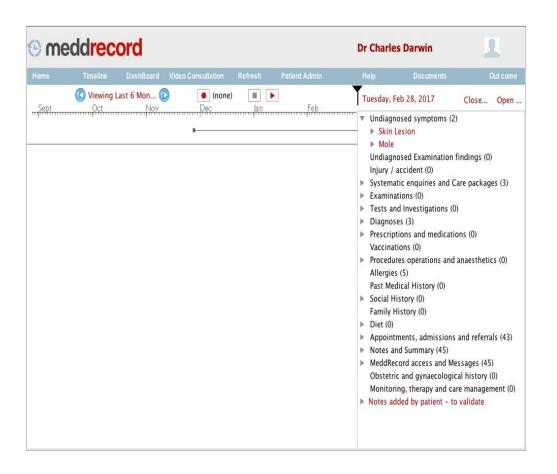






Q Search

- Taily Schedule
- :.. Tests
- †# Inpatients
- Reports
- Admin manager
- & Help
- ← Logout
- Register new patient









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↑ Home

Q Search

Taily Schedule

:.. Tests

iii Inpatients

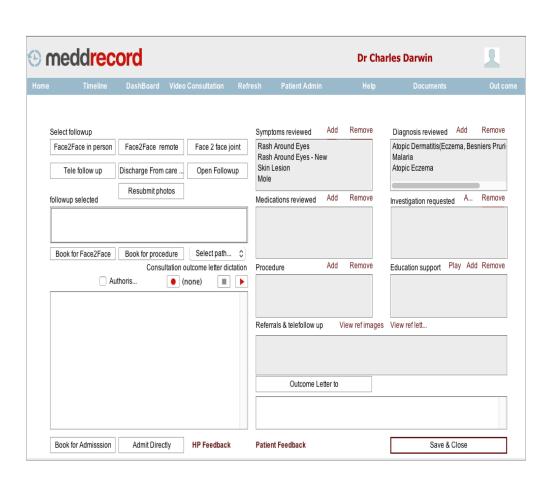
Reports

Admin manager

△ Help

← Logout

2 Register new patient



Teledermatology Examples



Rash...





Rash - Outcome

Hi

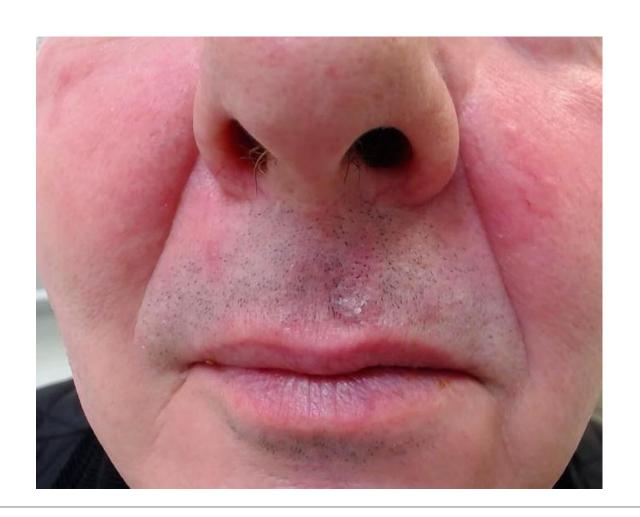
Thanks for the follow up images - this is another one I saw with Dr Britton as well for a second opinion.

It will need to be referred to secondary care services - most likely CHH - it looks more like psoriasis and would benefit from a face to face review to confirm and then phototherapy as a treatment.

Best Wishes

Javed

Lip Lesion



Thank you for the referral and for the good quality images.

This does not now look like a cyst now - in fact is looks more like a BCC - it could even be an SCC. It is one of those that needs to be seen face to face and will need a biopsy.

In view of the uncertainty and this is is a high risk area - I would suggest a 2ww referral for further assessment. Please kindly organise.

Javed

Discharge from care

Added by Mrs Colette Kipling on 19-04-2017 08:16

History: 4-5 years lesion above upper lip. it was small and it has slowly grown bigger. time to time it does scab over not painful. in past been treated with a/b as infected cyst. Examination: noted not a cyst raised lesion and approx 6 x 10 mm in size. Plan: not sure BCC. for teledermatology please. Cigarette consumption (Ub1tl) 20 cigarettes / day Medication review done (XaF8d)

Lesion on Chest



New Lesion



New Lesion





New Lesion









Questions?

